



# COVID-19 COMMUNITY RESOURCES

## North Carolina

### GENERAL INFORMATION

More information about public assistance and the state's response to COVID-19 can be found at <https://www.nc.gov/covid19>. Visit the public assistance page directly at <https://www.ncdps.gov/our-organization/emergency-management/disaster-recovery/public-assistance-covid-19>.

### NATIONAL SUICIDE HOTLINE

The National Suicide Prevention Lifeline is a 24/7, toll-free hotline available to anyone in suicidal crisis or emotional distress. Call 800-273-8255 for support or go to <https://suicidepreventionlifeline.org/chat/>.

### DOMESTIC VIOLENCE HOTLINE

The National Domestic Violence Hotline can be reached at 800-799-7233. You can chat online with an advocate at [www.thehotline.org](http://www.thehotline.org) or text LOVEIS to 22522.

### FARMER CRISIS HOTLINE

Farmers who are facing challenges during the pandemic can contact Farm Aid at 800-FARM-AID. More resources can be found at the National Farmers Union's Farm Crisis Center at <https://farmcrisis.nfu.org/>.

### UNEMPLOYMENT

Federal legislation has made unemployment benefits available to workers who may not have qualified before. To learn more and to apply, visit <https://des.nc.gov/apply-unemployment>. Applicants will need an online account.



### SNAP

For more information on Supplemental Nutrition Assistance Program (SNAP) benefits in North Carolina, visit <https://www.ncdhhs.gov/assistance/low-income-services/food-nutrition-services-food-stamps>. Applications are submitted through the North Carolina ePass portal. Access the portal at <https://epass.nc.gov/CitizenPortal/application.do>. Applications can also be submitted by mail.



### UTILITIES ASSISTANCE

For information on the Low Income Home Energy Assistance Program (LIHEAP) in North Carolina, visit <https://www.ncdhhs.gov/assistance/low-income-services/low-income-energy-assistance>. New applicants may not be accepted between March and December. Visit the site to learn more.



### RENT AND EVICTIONS

Federal law has placed a moratorium on evictions from certain properties, including those backed by federal mortgages through Fannie Mae and Freddie Mac. To learn more, visit [https://larsen.house.gov/uploadedfiles/covid\\_toolkit\\_3.30.20.pdf](https://larsen.house.gov/uploadedfiles/covid_toolkit_3.30.20.pdf). This, however, does not apply to most private residences. For rental assistance and housing help, visit [https://www.hud.gov/states/north\\_carolina](https://www.hud.gov/states/north_carolina).



### NUTRITION FOR WOMEN, INFANTS AND CHILDREN

Information about WIC, including how to apply, can be found at <https://www.nutritionnc.com/wic/>. Federal law has waived the requirement for applicants to appear in person. Check with your local office to verify the application process. Applicants can also call the local health department to get contact information for the nearest WIC office.



### CHILD CARE

Information about child care assistance can be found at <https://www.ncdhhs.gov/assistance/childrens-services/child-care-subsidy>.



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