

# 2023 YOUTH MISSION TRIP TO ALTOONA, PENNSYLVANIA

## July 2 - JULY 8, 2023

Early to rise, eat and work hard all day long, then worship service, a little bit of free time, small group time and then back to bed so we can experience what God has in store for us the next morning.

This is a week filled with surprises, Godly moments, tired backs, paint, landscaping and a lot of laughter and great conversations. It's fun working really hard to make a difference to someone. Not to mention, you sleep really good at night.

**Here is all of the info you will need for this trip to Altoona, Pa.**

- Please arrive **at CALVARY on July 2 by 7:00am**. Dress comfortable and to go to camp with closed toe shoes.
- **WHAT WILL WE BE DOING?** We will be doing light home repair work, painting, landscaping and minor carpentry work for the residents of the community.
- **THE FACILITIES:** We will be staying in apartment style college dorms at Penn State University, Altoona campus
- **EVENING ADVENTURES:** After a long day of serving others, we will have a short period of time between dinner and Chapel **TO JUST HANG OUT AND TAKE IT EASY! CORN HOLE!**
- **CHAPEL:** Chapel is every evening.
- **FREE TIME:** • We have a short free time during the evening, between dinner and Chapel time. The plan is to serve Monday, Tuesday Wednesday, Thursday. **WE** have a day off on Friday.
- **THIS IS IMPORTANT! TEAM EFFORT HAS A DRESS CODE:** One exciting aspect of TEAM Effort is that you will be at camp and working with groups from other denominations. An important way to maintain unity during the week is with modest dress. We ask that t-shirts and modest shorts (running short are fine) or pants be worn to the work site and modest clothing to all other activities. **(No tank tops, spaghetti straps, tube tops, short shorts, you get the picture!)**

TEAMeffort reserves the right to declare if something is inappropriate. Please see below.

#### WHAT TO BRING:

- Spending money to include enough money to purchase several travel day meals and day off meals plus souvenir/shopping money. Our travel days are Sunday, July 2, Saturday, July 8.
- A Great Attitude. One that looks for the good in whatever we are doing.
- A deck of cards for the trip, or a good book,. etc.
- Your daily medicines and Dramamine in the event you get motion sickness when riding in a van.
- Bible, pen and paper
- Christian thinking
- Work Clothes. These are clothes that you do not mind getting torn, painted on, dirty.....you get the picture.
- Work gloves, hat, plenty of **sunscreen**.
- Good attitude
- Flashlight
- Closed toed shoes or boots for the job site, tennis shoes are just fine-**NOT SANDALS OR FLIP FLOPS**.
- A pair of casual, closed toe shoes.
- Make sure your tetanus shot is up to date.
- Clothes for free time, evening programs. (All are to be Christian appropriate and modest)
- The ability to do, instead of thinking of ways not to do.
- A sleeping bag and pillow. I suggest that you place your pillow and sleeping bag inside a trash bag with your name written on the outside. It is recommended that you include a sheet to put over your mattress. Mattresses are usually single bunk type mattresses.
- A week supply of bath towels and washcloths and if you desire, a pair of flip flops for the showers.
- Personal items (deodorant, toothbrush, deodorant, toothpaste, soap, deodorant, shampoo, feminine products-even if you think you may not be in need, please be prepared. Oh, by the way, don't forget your deodorant.)
- Insect repellent

- Great attitude.
- Bathing suits; Ladies, Team Effort requires you to have a one piece bathing suit or if you have a two piece you have to wear a t-shirt over it. We may not need a swim suit on this trip.
- A Water bottle. This is important, you must have a water bottle to take with you to the job site. Please bring one that can take abuse. A Nalgene style water bottle is great for mission trips.
- EXTRA SPENDING MONEY FOR SNACKS, FREE TIME, ETC..
- WILLING HANDS AND DON'T FORGET TO BRING A GREAT ATTITUDE AND DEODORANT.
- WHAT NOT TO BRING: PLEASE, Cell phones are welcomed but you are asked not to use them while you are on the work site except to take pictures. The adults will have cell phones in the event of emergencies. Home sickness does not count as an emergency.
- Do not bring anything that you are afraid of losing, getting misplaced or borrowed by someone else and not returned.
- Remember: We are going on this mission trip as a group of Christians to serve those in need; this is the way we will be for the entire trip. We will be working together as a group. We will be sharing our faith with each other and we will be praying together, playing together, living together and talking together. Jesus said, "...you shall love the Lord your God with all of heart, and soul, and with all your mind, and with all your strength." The second is this, "You shall love your neighbor as yourself." There is no other commandment greater than these." Mark 12:30-31

What a great way to be. You are the light of the world! Be the hands and feet of Christ in all you do.

### **OUR DAY OFF IS FRIDAY!**

- **THE COST OF THE TRIP: \$249.00 PER PERSON, PLUS SPENDING MONEY AND FOOD MONEY FOR TRAVEL DAYS AS WELL AS FOOD MONEY FOR THE OUR DAY OFF ACTIVITIES.**

- **At this point, we have not decided what we will be doing on our day off. We have several options:**
  - **Hershey Park – is a cashless park**
  - **Niagara Falls**
  - **Visit our Amish Friends**
- **If we go to either Hershey Park or Niagara Falls, you will need to bring spending money, enough to include food, I can imagine that food at either place will be very expensive so please plan to bring extra. More info to come.**
- **We must have your Youth Ministry Covenant Agreement, Annual Permission Slip and Team Effort's Emergency Permission Slip signed, notarized before you attend.**

### TEAM EFFORT UPDATE

One of the benefits of TEAM Effort Youth Mission Camps is that you will worship, work, eat, lodge, and participate at camp with other youth groups from different churches and denominations as well as from different regions of the United States. As we partner together in Christian service, we strive to create a safe, respectful environment where each individual can grow in faith. We want everyone to have a positive TEAM Effort Youth Mission Camp experience, so we ask each participant to follow this Code of Conduct and commit to safe and respectful behavior.

Team Effort request that each person follows the rules specific to your camp location to maintain safety, punctuality, and respect. These camp specific rules will be shared at orientation after you arrive at camp, and they include restrictions on cell phone usage, the lights-out policy, and safety on the work site.

1. Team Effort's dress code is loose-fitting unaltered t-shirts and loose-fitting fingertip length shorts. Close-toed shoes must be worn on the mission project worksite. Undergarments should not be visible and clothing should be properly fastened. Hemlines on shorts or skirts must be at least fingertip length. We do not allow tank tops, spaghetti strap shirts, halter tops, tube tops, or two-piece bikini bathing suits. When swimming, women must wear a modest one-piece suit or a tankini-style suit that covers the torso and midriff (front, sides, and back); men must wear t-shirts when not in the swimming area.

2. Team Effort does not permit the use of alcohol, tobacco, or other drugs at the Team Effort host facility or any associated Team Effort camp activities.

3. Team Effort asks each participant to be respectful of other people, other groups, and Team Effort staff. Team Effort does not permit offensive language or profanity; behavior that interferes or threatens camp activities; behavior that threatens the health or safety of another person; or pranks that harass another person or damage property. Individuals or groups will be held responsible for destruction or damage to property.

4. Team Effort discourages public displays of affection and discourages students from isolating themselves from their group, adult leaders, or camp activities. Sexual advances and verbal or physical conduct of a sexual nature is not permitted.