

# NEWSLETTER

April 2023

## Mission Statement

To educate and provide knowledge in the art of woodcarving to all ages through demonstrations and well as workshops.

We had a great time carving Night Lights with Don Fischer. I think some of us will be sleeping a lot better now with our night lights completed and having completed Beta testing in Sonya's lab. We have had so much fun carving with Don we have decided to add a new twist to our carving sessions. It is called TMS. Don't confuse this with some similar sounding acronyms. I will explain more a little later in this newsletter.

Our next carving session will be April 24,25,26 with Marty Dolphens. We will be carving a face of your choosing in cottonwood bark. Marty will have examples with if you can't make up your mind. He is a great instructor and open to everyone who wants to carve. We have around 12 people signed up at this point. We will be carving on Friday, Saturday and finishing up by mid afternoon on Sunday. Saturday we will have a potluck lunch at noon followed by our monthly meeting.

Our next Community Ed class will be the evenings of May 9,10 from 6pm to 9pm. We will be carving a sunfish with a base too mount it to, rocks and painting the project. This will be our 2nd Community Ed class this year. Sonya and I will be putting this on but we could use another 1 or 2 people.

We will again be putting on a carving class this year for Kalon Academy. It will be May 5 from 8:30 am to 11:30 am and we will be carving a feather from cottonwood bark. Any members able to help that day please contact us. Myself, Sonya and Beth will be helping at this point. We could use 1 or 2 more helpers.

# TMS

We have found that we have such a great time carving, it is actual therapeutic, so we are calling this new phenomenon, "therapeutic mental stimulation." We feel so relaxed and happy after our carving sessions that we feel carving for us is therapeutic and we wanted others to know about it. We even talked about setting up a blood pressure test at the door for when you enter the sessions and another when you leave and see what it shows.

We are not going to go to that extreme but we all feel that our mood changes while we are carving and we become more relaxed. I find myself humming when I carve. The mental stimulation comes from the stories that everyone tells. So if your stressed and feel you are not appreciated, come carving with us and become part of our new TMS group. Go home afterwards feeling refreshed,



## Newsletter/Dues

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## Carving location

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Dues are Adult or family = \$30  
Junior members = \$5

# Coming Events

April 21,22,23	8:00–5:00 pm	Marty Dolphens	Face in bark (\$125 plus bark)
April 28, 29 30	8:00–5:00 pm	Snow Daze	Waite Park
May 5	8:30 –11:30 am	Kalon Academy	Carving a feather
May 9,10	6:30–9:00 pm	Community Ed	Sunfish and base
June	Summer break		
July	Summer break		
Aug 16–19	All day	Douglas County Fair	
Aug 27	10–3pm	Youth Outdoor	
Sept	Open carving		
Oct	Open carving		
Nov	Open carving		
Dec	3 days	Troy Helget	Pheasant

# Carving Night Light



Grandma & Granddaughter

