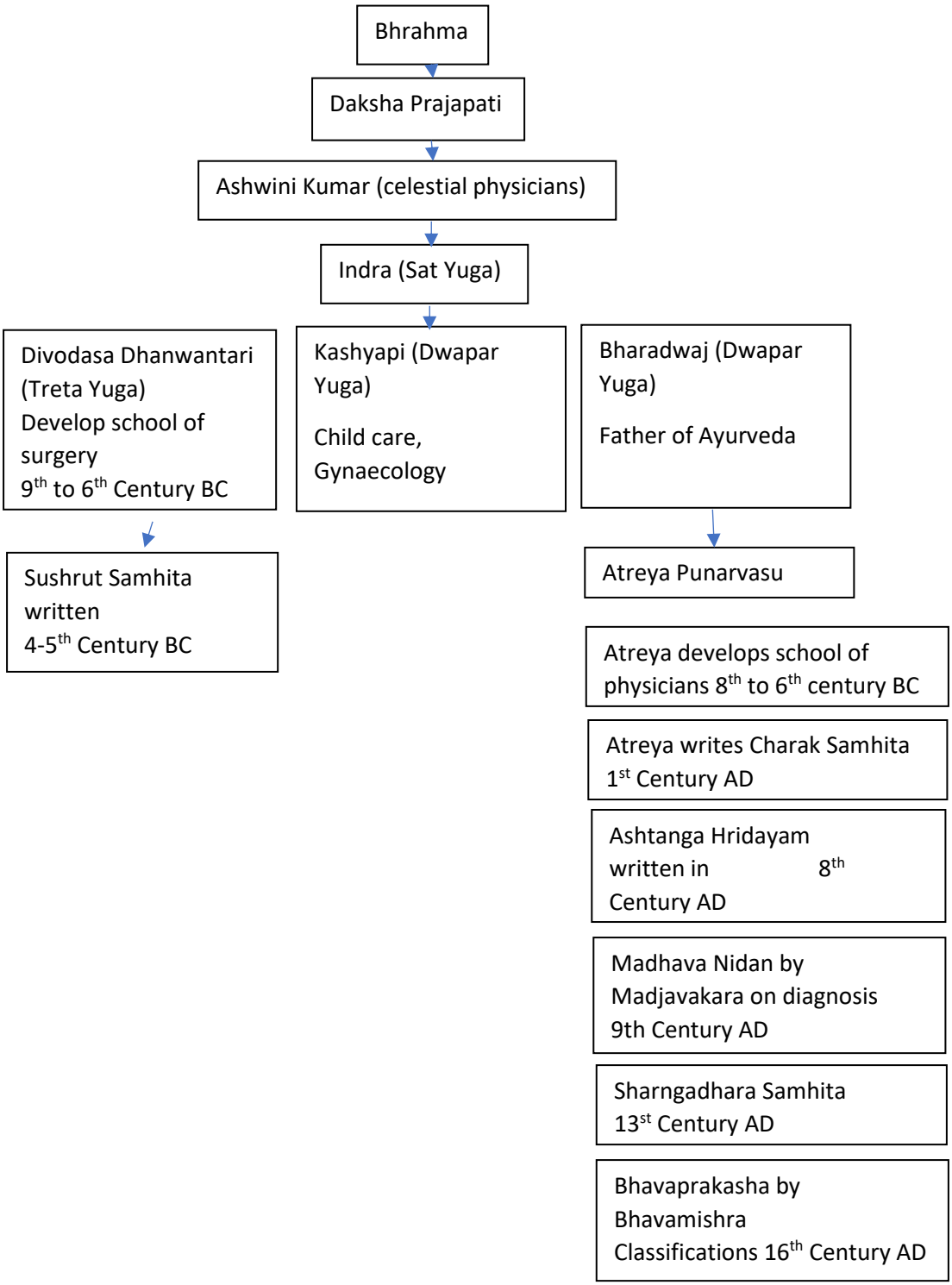HISTORY OF AYURVEDA