

A Week at Prax Viel — with the Whole Family

Seven days of gentle adventure for children and grown-ups alike — farm animals, wide open spaces, and easygoing thrills, at the unhurried pace of a family estate between Carcassonne and Narbonne.

Designed for families with young children, this week weaves together the warmth of the estate itself — animals to feed and cuddle, wide-open spaces, treasure hunts — with the very best family-friendly outings the Aude has to offer: a safari park, a pedal-rail through mountain gorges, family rafting, and a waterpark.

YOUR WEEK, DAY BY DAY

01 ARRIVAL	Welcome to the farm! Settle in, take a tour of the estate, and meet our sheep, goats, cows and cuddly donkeys. DOMAINE DE PRAX VIEL
02 SAFARI	The Sigean African Reserve A drive-through safari across a 300-hectare park — lions, giraffes, rhinos, zebras and pink flamingos, all within a few metres of your car window. A full day of adventure for explorers young and old. You stay in your own car throughout. SIGEAN · ABOUT 40 MIN BY CAR
03 FORTRESS	The Medieval City of Carcassonne Walk the ramparts of the largest medieval fortress in Europe, hunting for towers, moats and hidden passages. For a day, everyone gets to be a knight or a princess. The Australian Park If the weather holds, extend your day with a visit to the nearby Parc Australien to meet kangaroos, wallabies and emus. CARCASSONNE · ABOUT 40 MIN BY CAR
04 SOUTHERN AUDE	<i>Head south into the Haute Vallée de l'Aude for a full day of discovery. Two options — pick the one that fits your family best.</i> Option A — Gorges & River Adventure (age 8+) The Train Rouge Pedal-Rail at Axat In the morning, pedal together as a family along the old railway line through the Pierre-Lys Gorges — a fun, effortless ride for little legs, weaving along the river and through tunnels. Family Rafting on the Aude In the afternoon, a gentle raft descent between Axat and Quillan through the Saint-Georges Gorges. Paddle together with a guide along a river full of surprises. AXAT-QUILLAN · ABOUT 1H BY CAR · AGE 8+ · BOOKING REQUIRED — or —

	Option B — Dinosaurs & Mystery (all ages) Dinosauria — The Dinosaur Museum at Espéraza France's first museum dedicated entirely to dinosaurs: over 40 full-size reconstructions, giant skeletons, and the famous "Eva", the most complete large dinosaur ever unearthed in France. During school holidays, children can join hands-on workshops — dinosaur-puppet crafts for ages 3–5, footprint-casting for ages 6–12, and a real palaeontology dig for ages 7–12. ESPÉRAZA · ABOUT 1H BY CAR · WORKSHOPS: RESERVATION RECOMMENDED The Estate of Abbé Saunière at Rennes-le-Château Just 15 minutes north of Espéraza, this village perched high above the Aude valley is famous around the world for its enigmatic priest, who transformed it in the late 1800s thanks to a mysterious fortune. Take on the free children's treasure-hunt quiz through the village, climb the Tour Magdala for breathtaking views, and explore the strange little church with its devilish statue guarding the entrance. Was the treasure Visigoth? Cathar? Templar? Nobody knows — but the mystery is irresistible. RENNES-LE-CHÂTEAU · 15 MIN FROM ESPÉRAZA · FREE KIDS' QUIZ ON REQUEST
05 COOL ESCAPE	Limousis Cave or the Cabrespine Giant Chasm Just 20 minutes from Carcassonne, the Grotte de Limousis is the largest developed cave in Cathar country — with a wine tasting at the end of the tour. Right next door, the Gouffre Géant de Cabrespine is one of the largest chasms in Europe. Pick one, or do both.
06 WATERSLIDES	Beach & Aqualand at Leucate A morning at the beach with fine sand and gentle waves, an afternoon of waterslides and pools at the waterpark. A full day of cool refreshment for all ages. LEUCATE · ABOUT 50 MIN BY CAR
07 UNDERGROUND	Terra Vinea — the Little Underground Train At Portel-des-Corbières, hop aboard a small train that plunges 80 metres underground, through old galleries transformed into a wine cellar. One last goodbye to the estate animals before you head home. PORTEL-DES-CORBIÈRES · DOMAINE DE PRAX VIEL

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