**The Lotus Recovery House Standards and Requirements**

**THERE IS A ZERO TOLERANCE POLICY FOR THE USE OF DRUGS OR ALCOHOL**

**Recovery**

\_\_\_\_\_\_\_Residents are required to attend 90 NA meetings within the first 90 days. After 90 days you are required to attend at least five 12-Step meetings per week. Residents are required to have a copy of the Basic text. Meeting sheets must be signed by the meeting chairperson.

\_\_\_\_\_\_\_Residents must meet with the Director/Program Director at least once a week to discuss their recovery program.

\_\_\_\_\_\_\_Residents must obtain a Home Group and a Sponsor.

\_\_\_\_\_\_\_Residents must show progress on step work in writing. Residents must work the NA steps. Residents will be evaluated on a weekly.

**House Rules**

\_\_\_\_\_\_Residents will only smoke in designated areas.

\_\_\_\_\_\_No loitering on the front porch or in front yard at night.

\_\_\_\_\_\_Residents will be assigned daily chores and will deep clean that chore and bedroom on Saturday.

\_\_\_\_\_\_Residents are not allowed in each other’s rooms.

\_\_\_\_\_\_All resident living areas must be always kept clean and neat. Rooms are subject to inspection at any time. In an event a room does not pass inspection a client is subject to be discharged.

\_\_\_\_\_\_Any resident who is aware of a rules infraction by another resident and does not notify a staff member immediately will be subject to discharge. This includes finding out later that you knew about the infraction.

\_\_\_\_\_\_Smoking is not allowed in the house; Residents may vape in the house except in the living room.

\_\_\_\_\_\_Residents shall not enter establishments where the primary focus for entertainment is drinking alcohol.

\_\_\_\_\_\_The Lotus Recovery House is not responsible for personal property. Residents who are terminated must leave the property immediately and plan to have someone pick up their belongings within 24 hours. Residents who abandon the program shall plan to have someone pick up their belongings within 24 hours. Any items left over 24 hours without pick up arrangements will be considered a donation to the program.

\_\_\_\_\_\_Any delegation, directive, or request that is made the Director/Program Director will then become a rule.

\_\_\_\_\_\_House shutdowns will occur if chores are not done, if the grounds and buildings are not cared for, rooms are not kept clean, or the general attitude of the clients is not in line with the house etiquette. House shutdowns occur at the discretion of the Director/Program Director.

\_\_\_\_\_\_Gambling is not permitted on The Lotus Recovery House property.

\_\_\_\_\_\_No loud noise (music, loud conversations, TV, Etc.) after curfew. Please be respectful to your fellow residents. Quite time is at 10 pm, Residents must be in their own bed between their sheets at 11pm every night.

\_\_\_\_\_\_Residents are expected to perform one hour of community on/or around the property each week.

\_\_\_\_\_\_All food should be kept in the kitchen and dining room. Residents may have drinks in the living room if the drink has a lid.

\_\_\_\_\_\_Residents are not allowed to borrow things from each other.

\_\_\_\_\_\_Residents are not permitted to loan or borrow money from any members of the community or other residents unless approved by the Directors.

\_\_\_\_\_\_Do not leave clothes unattended in the washer or the dryer. If you start a load of laundry, make sure you have the time to finish it before going anywhere.

\_\_\_\_\_\_Residents should always keep bedroom neat and tidy. Beds are to be made before morning meditation at 9am daily.

\_\_\_\_\_\_Residents are responsible for their personal hygiene. Please shower and brush your teeth daily. Do not ANYTHING down the toilet.

\_\_\_\_\_\_If the trash cans are full, residents are to empty them into to outside trash bins. The green cans are for trash and the blue cans are for recyclable items.

\_\_\_\_\_\_Residents are required to respect the anonymity and privacy of all residents. Each resident’s business is confidential and must not be discussed outside the house. This includes what is said during meetings by anyone.

\_\_\_\_\_\_All rules and regulations are subject to changes at the Director/Program Director’s discretion.

\_\_\_\_\_\_Residents should show each other respect, love, and kindness while at The Lotus Recovery House.

\_\_\_\_\_\_Residents are required to attend mandatory house meeting Sunday night at 5:30pm. Residents must be off work by 5pm on Sundays.

\_\_\_\_\_\_ Residents must keep their bedroom doors open and their ceiling fans on.

\_\_\_\_\_\_Residents will not fraternize while in The Lotus Recovery House Program.

**Leaving Property/ Pass**

\_\_\_\_\_\_Residents must have the director’s approval to leave the house for any reason.

\_\_\_\_\_\_All time away from the house must be by Director/Program Director. Residents are required to text whomever is working upon leaving the property. Any inconsistencies in leave times are grounds for discharge.

\_\_\_\_\_\_Residents may have a 1-night pass per month after 30 days residence. Residents may have a 2-night pass per month after 60 days residence. Residents may have a 4-night pass per month after 90 days.

\_\_\_\_\_\_Pass request must be turned in 5 days in advance and approved by the director/program director and the resident’s sponsor.

**Curfew**

\_\_\_\_\_\_Residents that have permission to leave the property in the evening will be at home by 10pm,

seven days per week.

**Guest/ Visitors**

\_\_\_\_\_\_House guests are not allowed at The Lotus Recovery House.

\_\_\_\_\_\_All visitors must have pre-approval to be on property to pick up residents.

\_\_\_\_\_\_Approved visitors should remain outside. NO visitors are allowed in bedrooms.

\_\_\_\_\_\_Residents are strictly prohibited from having overnight guest.

**Phones**

\_\_\_\_\_\_A house phone is for outgoing calls only.

\_\_\_\_\_\_Residents must graciously end calls within 10 minutes after another resident request to use it.

\_\_\_\_\_\_Cell phones are a privilege and can be taken away by the Director’s/Program Director’s request if deemed a problem.

\_\_\_\_\_\_ Residents will not use their cell phones/house phone in common areas or in the house cars.

**Employment**

\_\_\_\_\_\_\_Residents are required to be employed full time and are not permitted to quit a job without first discussing it with the Director/Program Director. Those not working must be involved in community service up to their capability. There are certain types of employment that are not allowed. Residents must speak with the Director/Program Director prior to accepting employment.

**Rent**

\_\_\_\_\_\_Rent must be paid on the due date directly to the Director/Program Director and kept up to date without exception.

**Drug/Alcohol Testing**

\_\_\_\_\_\_Being under the influence or possession of alcohol and/or drugs will result in immediate discharge. All residents will be drug screened while participating in our program with or without cause. Refusal to submit to an alcohol or drug screen is considered a positive screen and the resident will be immediately terminated.

\_\_\_\_\_\_Another resident may request someone to be tested if a person’s behavior warrants it.

\_\_\_\_\_\_Residents must submit to random drug screenings when asked.

**Medical**

\_\_\_\_\_\_\_Any medical conditions and/or injuries must be brought to the attention of the Director/Program Director.

\_\_\_\_\_\_\_If there is an emergency, call 911, and then notify the Director/Program Director immediately.

\_\_\_\_\_\_\_All medications need to be approved by the Director/Program Director before it is brought into the house including over the counter medications.

\_\_\_\_\_\_\_Over the counter medications that have an unreadable label will be disposed of. Also, failure to surrender and all medications will cause you to be discharged.

**House Vehicles**

\_\_\_\_\_\_\_Residents who do not have a valid Driver’s License are NOT allowed to operate any of the house vehicles.

\_\_\_\_\_\_\_House vehicles are a privilege, and the privilege will be revoked if they are not cared for properly at the Director’s/Program Director’s discretion.

\_\_\_\_\_\_\_The driver is responsible of making sure the riders remove all belongings and trash from the house vehicles.

\_\_\_\_\_\_\_The house cars will be cleaned once a week, generally on Saturdays during deep clean.

\_\_\_\_\_\_\_ House cars will be parked on the side of the house and key will be put in the bowl by room 2’s door.

\_\_\_\_\_\_\_No eating or drinking in the house cars.

**Law Enforcement**

\_\_\_\_\_\_Any situation that requires police involvement must be discussed with the Director/Program Director before the police are called, (any police involvement without the Director/Program Director approval will be grounds for discharge). Unless the incident is an emergency.

**Shopping**

\_\_\_\_\_\_Residents are strictly prohibited from all Chevrons or gas stations that sell “gas station dope”.

\_\_\_\_\_\_Residents are not allowed to buy anything at the register or behind the register but cigarettes, vapes, and dip.

\_\_\_\_\_\_Residents will stop at the Shell station AFTER the 12pm and 7pm meetings.

\_\_\_\_\_\_Residents are allowed to go shopping on Sundays, Mondays, and Fridays with permission from the Director/Program Director.

\_\_\_\_\_\_Vape runs are Tuesdays and Saturdays and are to be made by the house moms only. Residents are not allowed to go on vape runs.

**This is not a complete list of all possible rules and/or violations that may happen, so to insure a healthy, happy, drug free and alcohol-free recovery environment please do your part to use common sense when it comes to either doing or not doing something that may affect your continued stay and that of the other clients.**

**Sign: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Print: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**