



INVITA IV DRIPS

YOUR WELLNESS, REIMAGINED

Invita IV Drips offers a range of customized IV formulations, each targeting specific wellness goals – from energy and immunity to beauty and recovery . These formulations are inspired by leading practices (Invita is an authorized distributor of Liquivida IV drips from the USA) and use GMP-certified ingredients. We will go through each of the following drips:

Energy Boost, Jet Fuel, Immune Boost, Sport Endurance & Recovery, Skin Radiance, Hair/Skin/Nails (Biotin Boost), NAD+, Fertility & Libido, Weight Loss, Vitamin D3 Boost, and Myer's Cocktail.

Practical Recommendations for Clinics

Use amber IV bags or foil wrap for Vitamin C, B2, NAD+, and Glutathione-containing drips.

Prepare just before use to limit degradation.

Avoid direct sunlight and harsh indoor lighting during prep and infusion.

Use cool storage (2–8°C) and monitor for expiration dates.

Sterile approach

Quick pre-infusion checklist (1–minute)

Pregnant/breastfeeding? If yes → treat only deficiencies per OB.

Cardiac/renal/hepatic disease? If yes → tailor formula; avoid Mg/Ca pushes; check eGFR.

History of stones, hemochromatosis, G6PD, granulomatous disease? Choose formulas accordingly.

Meds: digoxin, antihypertensives, chemo today, anticoagulants, PDE5?

Baseline labs available? (Creatinine/eGFR; Ca/Mg; 25-OH-D for D3 Boost; consider G6PD for high-dose C)

Biotin given recently? Warn about lab interference 48–72 h.

Vitals (BP/HR) acceptable? Proceed with slow infusion, monitor.

Energy Boost IV Drip

Designed to combat fatigue, low energy, and “burnout.” Ideal for patients who feel run-down - e.g. busy professionals, parents with fatigue, or those recovering from illness who need an energy lift.

Vitamin B12

Vitamin B-Complex (B1, B2, B3, B5, B6)

Magnesium

Session Protocol: Often administered once weekly for 4–6 weeks as an initial program for those with chronic fatigue or high stress. Many patients then transition to a maintenance dose, say once a month or before/after particularly strenuous events

Jet Fuel IV Drip

Primary Indications: An advanced energy and performance formula. Jet Fuel is tailored for mental and physical performance enhancement – think of it as fuel for both body and brain. Ideal for athletes pre-event, individuals facing jet lag (hence the name), or anyone needing sustained focus and stamina (e.g. exam preparation, demanding work project).

Vitamin B12 & B-Complex

Magnesium

Vitamin C (Ascorbic Acid)

Glutathione

Immune Boost IV Drip

Primary Indications: As the name suggests, this drip is for immune system support. It's commonly used during flu season, at the onset of a cold or viral illness (to possibly shorten its course), or as a preventive measure for those with frequent infections

Vitamin C (1,000 mg)

BICARBONATE 29 mmol

Potassium 5mmol

Calcium 2 mmol

Session Protocol: Often given at the first sign of a viral illness – e.g., if a patient feels a sore throat or fatigue indicating a cold, they'll come in for Immune Boost. It can also be used prophylactically, say monthly or biweekly during winter. For someone with recurrent infections, we might do weekly for a short stretch. The infusion itself is quick (vitamin C 1g in fluid over ~30 minutes).

Sport Endurance & Recovery IV Drip

Primary Indications: Tailored for athletes and physically active individuals to enhance endurance, performance, and speed up recovery. It's perfect for after a strenuous competition or heavy training session to rehydrate, replenish nutrients, and reduce muscle soreness

Vitamin B12 & B-Complex

Magnesium 200 MG

NA, K,

CL

Essential Amino acid 500mg

VIT C 500MG

Session Protocol: Typically used post-event or post-workout. For example, a triathlete might schedule a drip for the day after a race to accelerate recovery. During a high training period, an athlete could do it weekly or biweekly.

Skin Radiance IV Drip

Primary Indications: Aimed at improving skin health and complexion. This is popular for individuals preparing for an event (weddings, photoshoots) who want a “glow,” or those with dull skin, uneven tone, or signs of aging who seek a cosmetic boost from within.

Dermatology clinics sometimes incorporate such drips as part of holistic skin treatment – for example, pairing with procedures like laser or peel to enhance outcomes.

Vitamin C 1

g
Glutathion 1.2 g

hydration (nacl 243mmol, bicarbonate 29 mmol. ca 2 mmol, k 5 mmol)

Session Protocol: For skin lightening or major complexion changes, this drip may be done weekly or biweekly for 1–2 months

Some clients go on a monthly maintenance for sustained antioxidant support of the skin. It's crucial to counsel that effects on skin (especially for collagen synthesis) are gradual –

Hair, Skin & Nails IV Drip (Biotin Boost)

Primary Indications: This formulation focuses on beauty from within, specifically targeting hair thickness, nail strength, and overall skin health

It's ideal for patients experiencing hair thinning or brittle nails – for example, some postpartum women with hair shedding, or individuals with brittle nail syndrome

Biotin (Vitamin B7) – 10,000 mcg

Zinc 6mg

Essential amino acids

Session Protocol: Keratin (hair, nails) grows slowly, so patience and consistency are key. We typically recommend a course of IV biotin weekly or biweekly for about 4–6 sessions, then assess results after a couple of months (since nails and hair need time to grow out).

NAD+ IV

Drip

Primary Indications: NAD+ (nicotinamide adenine dinucleotide) drips are a more novel offering, often marketed for anti-aging, cognitive enhancement, and cellular rejuvenation.

NAD+ 750 mg

NAD+ infusions must be done slowly

because rapid NAD+ can cause flushing, cramping, or nausea (it's a known effect, likely due to NAD+ involvement in metabolic reactions that can be uncomfortable if too fast)

Session Protocol: This therapy often involves multi-day or multi-week protocols. For example, some clinics do a “NAD+ bootcamp” – infusing daily for 4–5 days (especially in addiction therapy settings or severe chronic fatigue) to saturate the system. Others do weekly infusions for a series (e.g., 1-2 times a week for 4 weeks).

Weight Loss IV Drip

Primary Indication: This drip is formulated to support a weight management program. It's not a stand-alone weight loss solution, but rather an adjunct for individuals actively trying to lose weight (through diet and exercise) who want to optimize their metabolism and preserve lean muscle.

L-Carnitine (1,000 mg)

Glutamine (300 mg)

Arginine (1,000 mg)

Session Frequency: Often we incorporate this drip into a structured weight loss program. For example, if a patient is on a 8-week weight loss plan, they might get a Weekly Weight Loss IV during that period.

Vitamin D3 Boost IV Drip (D3 + Calcium)

Primary Indications: This drip is specifically designed to rapidly correct vitamin D deficiency and support bone health

Vitamin D3 (Cholecalciferol) – 600,000 IU

Calcium (Calcium Gluconate) 200mg

one infusion can raise vitamin D levels for several months

Myer's Cocktail IV Drip

Primary Indications: The Myers' Cocktail is the original multi-nutrient IV therapy, a kind of jack-of-all-trades for wellness. Indications are broad: general wellness boost, chronic fatigue, fibromyalgia, migraine, muscle spasms, allergies, asthma, and immune support

Vitamin C, B-Complex (B1, B2, B3, B5, B6), Vitamin B12, glutathione, Magnesium, Calcium, and sometimes additives like zinc or a small dose of NAD+.

once a month or once every 2-3 months just to stay feeling good

Thank you