

Proof that keeping it simple  
doesn't mean sacrificing flavor.

KISS Cooking, QS style. 

## QS Grubs

### 3-Ingredient Taco Seasoning

Simple. Fast. No additives.

#### INGREDIENTS

- 1 Tbsp chili powder
- 1 tsp ground cumin
- $\frac{1}{2}$  tsp garlic powder

\*Salt & black pepper  
optional — add to taste  
when cooking.

#### HOW TO USE

- Sprinkle over 1 lb protein
- Add  $\frac{1}{2}$  cup water.

#### WHY THIS ONE WORKS

- Three pantry staples.
- Easy to store. Easy to remember.  
Easy to repeat.

**QS Grubs**

Simple food. Real life.

Simple food. Real life. 10 Toes Down. 

## QS Grubs

### Flavor-Boost Taco Seasoning

Bold, balanced, and ready to go.

#### INGREDIENTS

- 1 Tbsp chili powder
- 1 tsp ground cumin
- $\frac{1}{2}$  tsp garlic powder
- $\frac{1}{2}$  tsp paprika
- $\frac{1}{2}$  tsp red pepper flakes
- 1 tsp salt
- 1 tsp black pepper

#### HOW TO USE

- Double or triple the batch and store in an airtight jar.
- Perfect for Taco Tuesday (or any night).

#### MAKE AHEAD TIP

- Double or triple the batch and store in an airtight jar.  
Perfect for Taco Tuesday (or any night)

**QS Grubs**

Keep it simple & savory.

Keep it simple & savory. Comfort you can count on.