

Healthy Peach Cobbler

Ingredients:

- 5-6 ripe peaches, peeled and sliced
- 1 tbsp maple syrup or honey (optional)
- 1 tsp cinnamon
- 1 tsp vanilla extract
- 1 tsp lemon juice
- 1 tbsp cornstarch

Topping:

- 1 cup almond flour
- 1/2 cup rolled oats
- 1/4 cup coconut oil or unsalted butter, melted
- 2 tbsp maple syrup
- 1/2 tsp baking powder
- Pinch of salt
- Dash of cinnamon

Directions:

1. Preheat oven to 350°F (175°C).
2. Toss peaches with cinnamon, vanilla, lemon juice, cornstarch, and sweetener.
3. Pour into a greased baking dish.
4. Mix topping ingredients until crumbly and spoon over peaches.
5. Bake for 30-35 minutes, until golden and bubbling.
6. Let cool slightly and enjoy warm.