# Welcome to TASTE ELEMENTS Cantonese Take a Moment and Taste it

Cantonese Cuisine is one of the main cuisine streams in Chinese Cuisine, it is renowned around the world for using fresh ingredients and especially seafoods. At TASTE ELEMENTS Cantonese, we bring to you our menu with plenty of exquisite dishes for your enjoyments including our Seasonal Tasting Menus.

Lead by Executive Chef Domenic Tong, our veteran Hong Kong Chef with a wealth of experience in Cantonese and provincial Chinese Cuisine, having worked in well known establishments including the pinnacle of Chinese Cuisine in Australia the legendary multi award winner Flowerdrum Restaurant in Melbourne, multi Catering Institute's Gold Plate Award winner The Orchid Room Cantonese Restaurant Darwin, and as Executive Chef of Shanghai and Suzhou Renaissance Hotels. Surely, Chef Domenic will be pleased to create the dishes of your desire.

At Taste Elements Cantonese, we also believe in the combination of good food, good wines and good service to make a complete dinning experience. Should your favourite dish is not in our menu, please do not hesitate to let our service team member knows and we will endeavour to accommodate your requests pending ingredients availabilities

Bon Appetite

### **CHEF RECOMMENDATIONS**

Our Top Sellers

ROEI ABALONE CRYSTAL NOODLES 招牌粉皮鮑魚仔 Pan Fried with Chef's abalone sauce, served on bed of Crystal Mungbean Noodles tossed in Sesame sauce	18
POTATO PEAR 炸啤梨 Fried Pear Shape potato croquette with hand minced quail and chicken meat, diced Chinese duck liver sausage, mushroom, bamboo shoot and water chestnut	10 ea
CHICKEN SAN CHOI BOW 雞肉生菜包 hand minced chicken maryland fillet, onions, bamboo shoot, waterchestnut and mushrooms	7
SEAFOOD HOT and SOUR SOUP 海鮮酸辣湯 🧈 tofu, bamboo shoot, woodear fungus, chilli, Sichuan numbing chilli oil and chiangkang vinegar	12
MSA GRASS FED SCOTCH FILLET 黑椒肉眼牛柳片 wok braised sliced MSA Scotch Fillet, onion, capsicum, veg in creamy black pepper sauce	38
KING PRAWN in MANDARIN SAUCE 京汁大蝦球	40
king prawns, egg washed padded in light flour deep fried and wok braised with our homemade sweet chilli sauce, served with onion and capsicum	
WA RANKIN COD in XO Sauce XO醬爆大斑片 WA Rankin Cod fillet, sliced and wok tossed with Chef Domenic's homemade XO Sauce, vegetables, onion and capsicum	48
ROAST GOOSE 明爐燒鵝	half 75
Hong Kong Styled roast goose with crispy skin marinated with herbs and spices. <b>24 hours advance notice required</b>	Whole 145
FRIED LOBSTER WITH E-FU NOODLES 上湯龍蝦伊麵 WA Lobster wok braised in supreme chicken broth with garlic, butter served with E-Fu Noodles	M.P

# **ENTRÉE / STARTERS**

WA HALF SHELLED SCALLOPS 西澳帶子 sauce, black truffle sauce or garlic chilli sauce on a bed of mung bean vermicelli	10 ea
DEEP FRIED OYSTER 酥炸生蠔	
deep fried oysters in crispy light beer batter, served in a light chilli sauce	24 half doz
SAN CHOI BOW 生菜包 your choice of ingredients braised with chopped mixed mushrooms, bamboo shoot, waterchestnuts,	
chicken duck meat seafood	8 ea
ROEI ABALONE CRYSTAL NOODLES 招牌粉皮鮑魚仔 Pan Fried with Chef's abalone sauce, served on bed of Crystal Mungbean Noodles tossed in Seasame sauce	18 ea
SPICY CRISPY BEEF 脆皮牛肉 sliced wa black angus scotch fillet, crispyly fried and wok finished in aged chinese vinegarette chilli spicy sauce	20
POTATO PEAR 炸啤梨 Fried Pear Shape potato croquette with hand minced quail meat, diced chinese duck liver sausage, mushroom, bamboo shoot and waterchestnut	10 ea
ROAST QUAIL 椒鹽鵪鶉 marinated with Chef Domenic's special blend of herbs, roasted and wok braised in chopped chilli and spicy salt	18 ea
CHICKEN SPRING ROLLS 雞絲春卷 and mixed herbs and spices wrapped and deep fried in crispy spring roll pastry	4 ea
VEGETARIAN SPRING ROLLS 素春卷	

braised celery, woodear fungus, bamboo shoot, carrots and vermicelli

3 ea

## **SOUPS**

CHICKEN SWEET CORN SOUP 玉米雞蓉羹 minced chicken, sweet corn, egg white	10
PRAWN WON TON 鮮蝦雲吞湯 prawns, bamboo shoot, wrapped in won ton pastry in clear chicken brothe	12
SEAFOOD HOT and SOUR SOUP 海鮮酸辣湯。 diced prawn, shredded squid and rankin cod fillet tofu, , woodear fungus, tofu, sichuan numbing chilli oil, chilli and chiangkang vinegar	12
WEST LAKE BEEF SOUP 西湖牛肉羹 minced wa msa black angus scotch fillet, shiitake mushroom, corriender, spring onion and egg white	12
DUCK MEAT SOUP 北菇鴨絲羹 shredded roast duck meat, shiitake mushroom, bamboo shoot	12
KING PRAWN TOFU SOUP 鮮蝦豆腐羹 diced king prawn, tofu, mushrooms, egg white, spring onion	12
DOUBLE BOILED SOUP 燉湯 classic double boiled soup 24 hours advance noticed required	from 20 pp

### **SUPREME DELICAIES**

WHOLE WA GREEEN LIP ABALONE 蠔皇原隻西澳青邊鮑魚	180
slow cooked whole WA green lip abalone for 16 hours in rich chicken, proscuitto ham, duck and pork belly oyster sauced stock brothe, served with whole shiitake mushroom and vegetable	100
WHOLE WA GREEN LIP ABALONE JAPANESE STYLE - 24 hours	180
advance notice required 日式凍鮑魚 -提前24 小時預定 whole WA Green Lip abalone, infused with juices of Bonito Flakes, premium soy and sake wine, served diced on bed of shaven ice	100
FISHMAW AND SEA CUCUMBER 花膠海參	
BRAISED FISH MAW AND SEA CUCUMBER IN ABALONE SAUCE	48 pp
鮑汁花膠扣海參	
fish maw and sea cucumber slow cooked in abalone sauce served with shiitake mushroom and vegetabels	
BRAISED SEA CUCUMBER WITH MUSHROOM IN ABALONE SAUCE	38 pp
<b>鮑汁花菇扣海參</b>	
sea cucumber slow cooked in abalone sauce served with shiitake mushroom and vegetabels	
LIVE SEAFOODS 游水海鮮	
WA CRAYFISH 西澳龍蝦	M.P
WA SNOW CRAB 西澳水晶蟹	M.P
MUD CRAB 澳洲泥蟹	M.P
Our Live Seafoods can be cooked in number of the following ways, please engage our wait staff to choose your preferred choice: Ginger and Spring Onion 薑蔥炒, Steamed in Egg White and ShaoXing Wine 蛋白花雕蒸, XO Chilli with Conpoy and vermicelli 瑤柱XO醬粉絲焗, Hong Kong Typhoon Shelter Style 港式避風塘, Golden Salted Egg Yolk 黃金E-Fu Noodles and Egg Noodles add \$15, Vermicelli add \$12	

LIVE FISH 游水魚
We recommend for tasting the freshness of whole live fish, steamed with

ginger and spring onions with light soya sauce

### WA RANKIN COD FILLET 西澳大斑片

### WOK BRAISED XO SAUCE with CONPOY XO 醬爆大斑片 Sliced Rankin Cod Fillet, onion, spring onion, sliced carrot ibraised n Chef Domenic's spicy XO Sauce served with vegetables WOK BRAISED GINGER AND SPRING ONION 姜蔥炒大斑片 48 Sliced Rankin Cod Fillet, ginger, onion, spring onion served with vegetables STEAMED WITH HAM AND MUSHROOM 翡翠麒麟蒸斑片 fresh Rankin Cod Fillet steamed with poscuitto ham, shiitake mushroom and ginger, served with vegetable and light soya sauce KING PRAWNS 大蝦球 WOK BRAISED XO SAUCE with CONPOY XO醫爆粉絲大蝦球 king prawns, onion, spring onion, flying fish roe, rice vermicelli wok braised in 40 Chef Domenic's spicy XO Sauce served in claypot WOK BRAISED GINGER AND SPRING ONION 姜蔥炒蝦球 king prawns, ginger, onion, spring onion served with vegetables 36 BRAISED in MANDARIN SAUCE 京汁大蝦球 🥒 king prawns egg washed and dip in light batter, deep fried and wok braised together with onion, capsicum with Chef Domenic's special sweet and spicy 36 chilli sauce BRAISED in GARLIC and BUTTER 蒜蓉牛油大蝦球 king prawns wok braised in creamy garlic and butter sauce together with 36 sliced onion and capsicum served on Hot Plate WOK BRAISED CHILLI SAUCE 鐵板川味炒蝦球 king prawns, onion, capsicum, snow pea served on sizzling hot plate 36 WHOLE PRAWNS 大蝦碌 WOK BRAISED XO SAUCE with CONPOY XO醬爆粉絲大蝦碌 large whole prawns, onion, spring onion, flying fish roe, rice vermicelli wok braised in Chef Domenic's spicy XO Sauce served in claypot 60

#### STEAMED PRAWNS 蒜蓉粉絲蒸蝦碌

large whole prawns, halved steam with garlic and chopped chilli on bed of mungbean vermicelli with light soya sauce

### WA SCALLOPS 西澳帶子

#### GINGER AND SHALLOTS 薑蔥帶子

wok braised ginger, spring onion, onion and vegetable

#### BRAISED WITH BLACK TRUFFLE SAUCE 黑松露醬西蘭花炒帶子

wok braised with WA black truffle sauce, strawmushroom, spring onion and brocolli

### CRISPY SALT & PEPPERED SCALLOPS 雀巢椒鹽帶子

deep fried scallops in light batter, wok finished with pepper and spicy salt

### SALTED EGG YOLK 雀巢鹹蛋黃帶子

deep fried scallops in light batter, wok finished with salted egg yolk

#### STIR FRIED SCALLOPS AND PRAWNS 翡翠雀巢海中寶

Stir fried four pieces of scallop, fillet, squid and prawn, wok finished with vegetable

### SQUID 鮮魷

### CRISPY SALT & PEPPERED SQUID 椒鹽鮮魷

deep fried squid in light batter, wok finished with pepper and spicy salt

### SICHUAN CHILLI SQUID 鐵板川味鮮魷 🍑 🧈

sliced onion and capsicum, veg, sichuan chilli served on sizzling hot plate

### SATAY SQUID 鐵板沙嗲鮮魷

wok braised in chef Domenic's satay recipe with onion, capsicum served on sizzling hot plate

### KUNG PO SQUID 宮保鮮魷

wok braised with diced king brown mushrooms, onion, capsicum, peanuts, dried chilli in sweet chilli vinegrette kung po sauce

48

29

# MSA WA BLACK ANGUS SCOTCH FILLET

### SLICED BLACK ANGUS SCOTCH FILLET 安格斯牛柳片

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BRAISED IN CREAMY BLACK PEPPER SAUCE 鐵板黑椒牛柳片 onion, capsicum, braised and quick stewed in creamy black pepper sauce served on sizzling hot plate	
WOK BRAISED with FRESH VEGETABLES 時菜炒牛柳片 fresh vegetables, straw mushrooms, carrot, spring onion with Oyster Gravy	
WOK BRAISED in BLACK BEAN SAUCE 豉汁牛柳片 onion, capsicum, ginger, garlic and black bean	
WOK BRAISED IN GINGER AND SPRING ONION 薑蔥炒牛柳片 ginger, garlic, onion, spring onion and vegetables	38
SICHUAN CHILLI 鐵板川味牛柳片 🍑 🧈 sliced onion and capsicum, veg, sichuan chilli served on sizzling hot plate	
POACHED IN CHILLI AND NUMBING 水煮牛柳片 (chinese cabbage, beansprouts, mungbean vermicelli, minced garlic, dry chilli, sichuan pepper numbing in spicy soup. A sichuan traditional dish not for the faint hearted	
BLACK ANGUS SCOTCH FILLET MEDALLION 安格斯牛柯	1件
120 gms of black angus scotch fillet pan fried served with vegetable, choice of creamy black pepper, sichuan chilli or cantonese sauce	20 ea
LAMB CUTLETS 法式羊架	
HONG KONG TYPHOON SHELTER STYLE 港式避風塘 fried garlic, dry chilli, dried onion, black beans	44
PAN FRIED WITH CUMIN AND SPICES 孜然煎羊架 dry chilli, dried onion, chopped onion and capsicum	44
PORK 豬肉,豬排類	
HONEY & BLACK PEPPER 蜜椒豬排 pork loin chop pieces, lightly battered, wok braised in jarrah honey and black pepper	30
CRISPY GARLIC RIB 招牌蒜香骨 rib on belly pork, marinated in herbs and spices, fried and wok braised in finely chopped crispy garlic	30
SWEET & SOUR PORK 果香咕嚕肉 sliced lean belly pork, rolled, and lightly battered wok braised in our sweet &	30

sour sauce with pineapple, onion, capsicum

### HONG KONG ROASTS 港式燒味

#### ROAST GOOSE HONG KONG STYLE 明爐燒鵝

24 hrs advanced notice recommended

half \$75 whole\$145

### ROAST DUCK HONG KONG STYLE 明爐燒鴨

24 hrs advanced notice recommended

half \$38 whole\$70

### **POULTRY**

### CHICKEN MARYLAND FILLET SLICED 雞球

#### WOK BRAISED WITH FRESH VEGETABLES 時菜炒雞球

wok braised and finished with a light gravy served with vegetables

#### SATAY SAUCE 鐵板沙爹雞球

wok braised in chef Domenic's satay recipe with onion, capsicum served on sizzling hot plate

### SICHUAN CHILLI SAUCE 鐵板川味雞球 🌙 🥒

onion and capsicum, veg, sichuan chilli served on sizzling hot plate

30

#### CREAMY GARLIC BUTTER SAUCE鐵板蒜蓉牛油雞球

onion, capsicum, braised and quick stewed in creamy black pepper sauce served on sizzling hot plate

#### HONEY CHICKEN 蜜糖雞

the classic honey chicken you've been asking for, sliced chicken maryland fillet lightly battered and finished with jarrah honey and a sprinkle of

#### STEAMED BONELESS CHICKEN 金華玉樹雞

half \$48

chicken de-boned by our chef, steamed with proscuitto ham, shiitake mushroom and finished in chicken brothe reduction glaze.

24 hours notice required

whole \$90

#### STEAMED SALTED CHICKEN 東江鹽焗雞

half \$42

a haka classic, made famous in Hong Kong by many Haka restaurant, steamed with a mixed of herbs and salt to give it a distintive flavour.

24 hours notice required

whole \$80

#### CRISPY SKIN CHICKEN 脆皮炸子雞

half \$30

Chef Domenic has taken the traditional crispy skin chicken to the next level, specially marinated and infused in herbs, garlic and ginger juices to enhance a classic

whole \$58

# CLAYPOT DISHES 煲仔菜

STEWED BEEF BRISKET 柱侯牛腩煲 tender beef brisket stewed with carrot, raddish, onion, ginger, garlic and	38
BEEF BRISKET IN CLEAR BEEF BROTHE 清湯牛腩煲 beef brisket slowed cooked and sliced served in clear beef brothe with carrot, raddish	38
TEOCHOW SATAY MSA SLICED SCOTCH FILLET CLAY POT 沙茶牛肉煲 MSA grass fed sliced scotch fillet, braised with chopped onion, capsicum on bed of iceberg lettuce	38
THREE CUP CHICKEN 三杯雞煲 shaoxing wine, seasame oil and premium soy sauce brasied and cooked in claypot	30
SAUTE CHICKEN 啫啫雞煲 ginger, spring onion, shallots and basil finished with a shot of chinese baiju rice wine finished in claypot	30
TOFU WITH PRAWN PASTE 東江豆腐煲 fresh tofu stuffed with fresh prawn paste, cooked in claypot with chinese cabbage, toasted ginger and mushroom in clear chicken brothe. A Guangdong Hakka classic dish	32
BUDDHA GARDEN 羅漢齋煲 classic claypot with fresh vegetables, woodear fungus, white fungus, tofu, shiitake mushrooms	26
WHOLE PRAWNS XO醬爆粉絲大蝦碌 large whole tiger prawns, onion, spring onion, flying fish roe, rice vermicelli wok braised in Chef Domenic's spicy XO Sauce served in claypot	60
WOK BRAISED KING PRAWNS 醬爆XO粉絲大蝦球 king prawns, onion, spring onion, flying fish roe, rice vermicelli wok braised in Chef Domenic's spicy XO Sauce served in claypot	40
OYSTER GINGER CLAYPOT 薑蔥生蠔煲 braised jumbo oysters, ginger, shallots, onions in claypot	42
OYSTERS IN PORT CLAYPOT 砵酒焗生蠔煲 jumbo oysters, onions, braised in penfold's tawny port reduction with onions, ginger shallots claypot	42

# VEGETABLES & TOFU 蔬菜 & 豆腐

STEAMED WITH BLACK TRUFFLE SAUCE 黑松露蒸豆腐 fresh tofu steamed with WA black truffle sauce, served with vegetable and light soya sauce	26
SALT & PEPPER TOFU 椒鹽豆腐 tofu cubes, deep fried and wok finished with light sprinkle of chilli and spicy salt	24
VEGETARIAN MAPO TOFU 素麻婆豆腐 🌛 🌛 chopped vegetables, tofu, finely chopped pickled mustard, sichuan numbing chilli oil, chilli paste	28
MAPO TOFU 麻婆豆腐 乡乡乡 minced chicken fillet, tofu, finely chopped pickled mustard, chilli paste, sichuan numbing chilli oil	30
TOMAGO TOFU 瑤柱扒日本玉子豆腐 fried japanese tomago egg tofu, dried conpoy in oyster sauce gravy served on bed of vegetabe	28
BRAISED SEASONAL VEGETABLE IN BROTH 上湯浸時蔬	28
dried wolfberries, garlic, shredded cabbage, seasonal daily green, chicken broth	
DAILY GREENS 蠔皇大花菇扒時蔬 seasonal daily green wok braised and topped with shiitake mushroom in oyster sauce gravy	26
KAI LAN 薑汁紹酒炒芥蘭 wok braised Kailan with ginger and shaoxing wine	22

# NOODLES 麵食

BLACK ANGUS SCOTCH FILLET HO FUN 乾炒牛河 Hong Kong restaurant classic with sliced black angus scotch fillet, fresh rice noodle, beansprout, spring onion and onion	32
KING PRAWNS EGG NOODLES 大蝦球炒麵 king prawns, wok fried egg noodles and vegetables in light chicken brothe gravy	32
KING PRAWNS HO FUN 滑蛋大蝦球河粉 wok fried fresh rice noodles and vegetables in egg gravy	32
SINGAPORE NOODLES 星洲炒米粉 rice vemicelli, diced king prawns, shredded char siu, egg, beansprouts, onion and capsicum	30
SATAY CHICKEN HO FUN 沙嗲雞球河粉 sliced chicken maryland fillet, fresh rice noodles braised with Chef's Satay sauce receipe	30
DUCK MEAT RICE NOODLE 雪菜火鴨絲湯米粉 shredded roast duck meat, jiangsu preserved mustard green, chicken brothe and rice noodles	30
RICE 飯	
HOKKIEN FRIED RICE 福建燴飯 diced king prawns, diced mushrooms, diced vegetables, duck, scallops, chicken	32
BLACK TRUFFLE PRAWN FRIED RICE 黑松露鮮蝦炒飯 diced king prawns, egg, black truffle sauce	30
KING PRAWNS AND CHINESE SAUSAGE FRIED RICE 鮮蝦臘陽炒飯 diced king prawns, diced chinese pork sausage, egg, spring onion	30
CONPOY AND EGG WHITE FRIED RICE 瑤柱蛋白炒飯 shredded conpoy, egg white.	26
YANG CHOW FRIED RICE 楊州炒飯 diced king prawns, char siu, egg, shredded lettuce	24
STEAMED JASMINE RICE 絲苗白飯	3 pp