

# Author Information Sheet

**Name:** Biodun Abudu

**Location:** New York City, USA

**Website:** [www.BiodunAbudu.com](http://www.BiodunAbudu.com)

**Instagram:** [@biodunabudu\\_](https://www.instagram.com/@biodunabudu_)

**Youtube (Book Trailers):** [youtube.com/@biodunabudu/playlists](https://www.youtube.com/@biodunabudu/playlists)

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## Author Bio

Biodun Abudu is a genre-defying author whose work explores identity, relationships, emotional survival, and the tension between public image and private truth. His writing centers on the lived experiences people are often taught to hide, with a focus on themes such as friendship, marriage, sexuality, and self-perception.

His most notable works, including *This Wasn't for the Public*, *Tales of My Skin*, *Stolen Sanity*, *Open Letters From Within* and *Notes to Self: A Human's Journey*, have positioned him as a voice for honest, reflective, and often uncomfortable conversations. Through both poetry and nonfiction, his work invites readers into deeper discussions around vulnerability, healing, and the realities of human experience.

Biodun has appeared at festivals and panels including BookCon, the NYC Governors Island Poetry Festival, and the American Visionary Art Museum, where his work has contributed to conversations around identity, storytelling, and personal truth.

## Select Titles

- *Tales of My Skin*
- *Stolen Sanity*
- *Forbidden Scriptures*
- *Open Letters from Within*
- *Tea, Tips & Tricks (Vol 1 & 2)*
- *Confessional Scriptures*
- *Notes to Self: A Human's Journey*
- *Public Etiquette: Uncensored*
- *Sex Etiquette: Uncensored*
- *Unholy Scriptures*
- *This Wasn't for the Public*
- *Born for More Than Silence (Releasing October 2026)*

## **Speaking, Panels, Readings & Symposiums**

- University of Nottingham — Black Sexual Politics Symposium (Upcoming 2026)
- BookCon — Featured Reading Appearance (2019)
- American Visionary Art Museum — Panelist
- Marymount Manhattan College — Guest Panelist
- Brooklyn College — Guest Panelist
- Center on Halsted (Chicago, IL) — Youth Book Workshop Facilitator

## **Festivals & Literary Events**

- Harlem Book Fair (Upcoming August 2026)
- BookCon — Javits Center, New York (2026)
- Black British Book Festival — Barbican Centre, London, UK (2025)
- NYC Poetry Festival — Governors Island, NY (2025)
- Sex Expo (2022)

## **Media & Press Features**

- BronxNet's OPEN - TV Interview (2019)
- Windy City Times - Newspaper Feature (2012)
- Ameyaw Debrah (Ghana) - Author Feature (2019 - 2025)
- DTF Radio - Guest Interview
- Bella Naija (Nigeria) - Author Feature (2019 - 2020)
- Featured on Indie Podcasts including *My Black is Transnational*, *Wellness & Wahala*, *Pánsá Pánsá*, *Oversharing with dna* and more.

## **Awards & Recognition**

- The BookFest® Spring 2025:

Notes to Self: A Human's Journey – 1st Place, Self-Help – Motivation

Open Letters From Within – 2nd Place, Poetry – Love, Poetry – Modern

- PRIDE Index Esteem Awards 2021 for Future Leader

## Selected Book Covers

