Author Information Sheet



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Author Bio

Biodun Abudu is a genre-defying author whose work explores identity, relationships, emotional survival, and the tension between public image and private truth. His writing centers on the lived experiences people are often taught to hide, with a focus on themes such as friendship, marriage, sexuality and self-perception.

His most notable works, including This Wasn't for the Public, Tales of My Skin, Stolen Sanity, Open Letters From Within and Notes to Self: A Human's Journey, have positioned him as a voice for honest, reflective and often uncomfortable conversations. Through both poetry and nonfiction, his work invites readers into deeper discussions around vulnerability, healing and the realities of human experience.

Biodun has appeared at festivals and panels including BookCon, the NYC Governors Island Poetry Festival and the American Visionary Art Museum, where his work has contributed to conversations around identity, storytelling and personal truth.

Select Titles

- Tales of My Skin
- Stolen Sanity
- Forbidden Scriptures
- Open Letters from Within
- Tea, Tips & Tricks (Vol 1 & 2)
- Confessional Scriptures
- Notes to Self: A Human's Journey
- Public Etiquette: Uncensored
- Sex Etiquette: Uncensored
- Unholy Scriptures
- This Wasn't for the Public
- **Forthcoming Book Release - Spring 2027**

Speaking, Panels, Readings & Symposiums

- Kinfolk Lit Fest — Confirmed Participating Author; selected for Real Life, Real Talk and Drawn + Written stage programming, Indianapolis, Indiana (2027)
- Harlem Book Festival — World Stage Author Introduction, presenting *This Wasn't for the Public* and discussing the book's themes (2026)
- University of Nottingham (England) — Black Sexual Politics Symposium (2026)
- BookCon — Featured Reading Appearance (2019)
- American Visionary Art Museum — Panelist
- Marymount Manhattan College — Guest Panelist
- Brooklyn College — Guest Panelist
- Center on Halsted (Chicago, IL) — Youth Book Workshop Facilitator

Festivals & Literary Events

- Kinfolk Lit Fest — Confirmed Participating Author, Indianapolis, Indiana (2027)
- Book Fair at Bel Air — Confirmed Participating Author, Bel Air, Maryland (2027)
- CultureCon — Six titles selected for the official Literature & Libations bookstore Brooklyn Navy Yard, New York (2026)
- New York Black and African Literature Festival — Harlem Stage, New York (2026)
- Harlem Book Festival — Harlem State Office Building Plaza, NY (2026)
- BookCon — Javits Center, New York (2026)
- Black British Book Festival — Barbican Centre, London, UK (2025)
- NYC Poetry Festival — Governors Island, NY (2025)
- Sex Expo — Metropolitan Pavilion (2022)

Media & Press Features

- Intellectual Ink Mag - Featured interview "Beyond the Public Image"
- New York Amsterdam News - Featured in coverage of the 2026 Harlem Book Festival
- PrideIndex – Beyond Silence: Biodun Abudu on His New Book and Challenging the Status Quo (Interview, 2026)
- Bella Naija (Nigeria) - Author Feature (2019 - 2026)
- Sexual Health Magazine (published by XBIZ) — Featured article, "The New Rules of Sex Etiquette in the Digital Era" (July 2026)
- Ameyaw Debrah (Ghana) - Author Feature (2019 - 2026)

- BronxNet's OPEN - TV Interview (2019)
- Windy City Times - Newspaper Feature (2012)
- DTF Radio - Guest Interview
- Featured on Indie Podcasts including *My Black is Transnational, Wellness & Wahala, Pánsá Pánsá, Oversharing with dna* and more.

Creative Collaborations

- Music collaboration: Featured spoken-word writer and voice on "U Bad (Epilogue)" by Titi LoKei from her album Pioneer (2026).

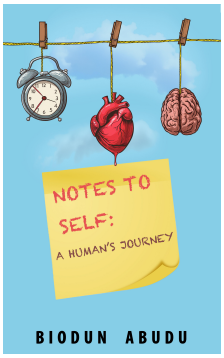
Awards & Recognition

• 2026 NYC Big Book Award — Distinguished Favorite, Cultural & Social Issues
1. This Wasn't for the Public

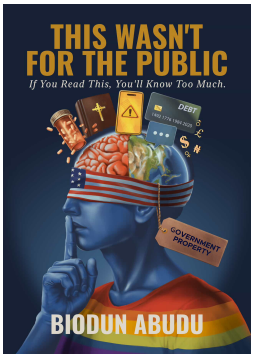
• The BookFest® Spring 2025:
1. – *Notes to Self: A Human's Journey* — 1st Place, Self-Help — Motivation
2. – *Open Letters From Within* — 2nd Place, Poetry — Love; Poetry — Modern

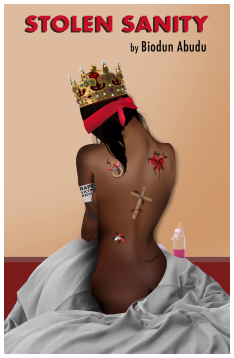
• PRIDE Index Esteem Awards 2021 — Future Leader

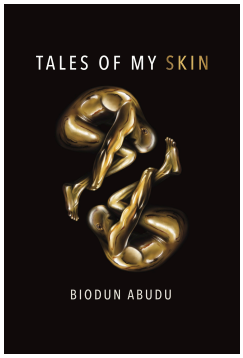
Selected Book Covers











Featured Academic/Literary Appearance

Private vs Public

Identity in Black Masculinity

—Visibility, vulnerability, and survival—

Biodun Abudu

BACKGROUND

- Expectations of strength and control
- Pressure to perform identity
- Divide between public and private self
- Impact on relationships and well-being

KEY INSIGHTS

- Dual identities for safety and acceptance
- Vulnerability limited to private spaces
- Public perception shapes behavior
- Silence as a survival strategy

APPROACH

- Themes from This Wasn't for the Public and Tales of My Skin
- Lived experiences and observed social patterns across public and private spaces
- Cultural expectations of masculinity

DISCUSSION

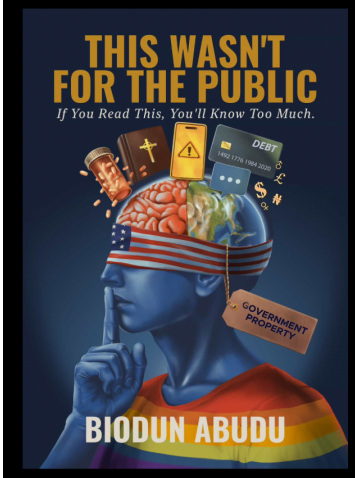
- Identity separation reinforces isolation by limiting authentic self-expression
- Limits emotional expression, particularly in public-facing environments
- Affects relationships and long-term mental well-being

FOCUS AREAS

- Identity performance
- Emotional suppression
- Public vs private behavior

RAISES QUESTIONS

- Visibility vs protection in navigating public identity
- Authenticity vs expectation within cultural norms



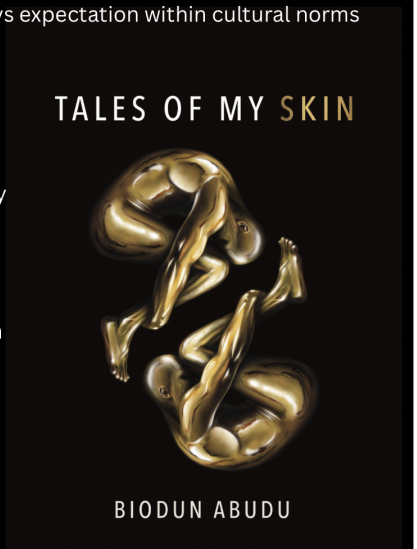
CONCLUSION

- Expand conversations on Black masculinity
- Challenge restrictive norms
- Create space for authentic expression

This Wasn't for the Public & Tales of My Skin
— Biodun Abudu

Thank you to those whose stories continue to shape this work.

BiodunAbudu.com



Presented at the University of Nottingham (England) Black Sexual Politics Symposium (2026)