**Lumberton Culminating Lessons & Residency Project: Integrating Dance**

**Monday, April 20th**

The TA will lead students through the BrainDance warm-up to center their attention and get their bodies ready to dance. She will then do the following:

1. Work with students to create a set movement for the word “dance”
2. Explain to students that they will make a shape and then wiggle it for the word “boogie” and lead them through several examples of this, encouraging full bodied interesting shapes
3. Review the movement choreographed for the first three pages of the book that were taught in the previous lesson
4. Have each class show their “pages dance” and put them in the order that they occur.
5. Have each class that is not dancing during the “class pages dance” freeze in a shape at low level while their K peers are performing – explain how they will take turns dancing through this section of the book
6. Set the final page (choreographed movement) for the book
7. Run through the entire dance three times, emphasizing the need to be still when not dancing, to move fully and clearly when they are, and to do their best not to talk during the performance.
8. Try the “free dance” section at the end and determine if students are capable of this without losing focus and appropriate participation. If so, let them know that this will be how the dance ends.

The TA will close the day’s lesson with a reminder to students that they should decide their shapes that evening (for the word “boogie”) and get some good rest for their performance the next day. The TA will give teachers student evaluation handouts and ask that students complete these by the next day. She will also request that they rehearse the dance once before the performance the next day to allow students to be as confident in the material as possible. She will give all classroom teachers a script of the movement to follow (see document).

**Tuesday, April 21st**

The TA will lead students through a quick warm-up (BrainDance) for centering and then distribute simple costumes to students to wear during the performance. She will then run through the dance several times (time allowing) in preparation for their showing.

Lumberton Elementary administration arranged for the newspaper, the superintendent, and all teachers not instructing at that time (2:20 PM) to attend the performance. The TA also requested that the performance be videotaped for documentation purposes and for sharing via dropbox if at all possible.

The students will perform their dance for the audience and once again, at their Kindergarten graduation at the end of the year if the classroom teachers are willing to keep this in practice and produce it independent of the TA.

The TA will conclude the residency by congratulating and thanking the students. She will also distribute treats to each student. She will gather evaluation materials from the teachers and briefly meet with them about documentation involved in finalizing and effectively sharing the events of the residency (i.e. dropbox).

**“Boogie with Me!”**

Based on excerpts of the book Boogie Monster, by Josie Bissett

Choreographed by Julie White and Lumberton Elementary Kindergarten students and teachers

I’ve come from planet **BOOGIE** today. Boogie move

My mission with you is to **DANCE** and to play. Dance move

I’ve heard you’re a **BOOGIE MONSTER** like me. Boogie move, monster pose

You’ve got your own moves**?** Question mark shape

I can’t wait to see**!** Exclamation mark shape

I’ve traveled the universe nearby and far, Open both arms

And I’ve heard just how perfectly special you are. Hug yourself

Did you know that nobody else **DANCES** the same? Dance move

So please take a bow and tell me your name. Take a bow, do letters of name

It’s so nice to meet you, are you ready to **DANCE**? Dance move

Let’s start by imagining ants in our **PANTS**. Point to pants

Then, wiggle and jiggle your hips, knees, and shins, Wiggle one part to whole body

And that’s just the way that this **BOOGIE** begins. Boogie move

Class ONE…(select performers only) All other students posed/still

**Remember with DANCING, there’s no right or wrong –**

**You can DANCE to the music or sing your own song.**

**You can shake all around like a happy wet dog,**

**Or roll down a hill like a runaway log.**

Class TWO…(select performers only) All other students posed/still

**Now here is a move that you might like to try:**

**Pretend you’re a helicopter up in the sky.**

**Just hold out your arms and start yourself whirling**

**And spinning and soaring and twisting and twirling.**

Class THREE…(select performers only) All other students posed/still

**Can you float around slowly like clouds in the sky,**

**Moving softly and gently as the wind travels by?**

**Can you make a new shape? Can you glide through the air?**

**Let the soft breezes move you and rumple your hair.**

There are so many ways that your **MUSCLES** can work – Make a muscle

You can **WAVE** them or **SHAKE** them or just go **BERSERK**! Wave, shake, big jump

The more that you use them, the stronger they’ll be, Point to audience

So won’t you get ready to **BOOGIE** with me? Boogie pose

Can you sit down and **DANCE** like you’re riding a bike? Dance move to sitting

**SPIN** your legs around quickly, that’s just what they like! Lean back and spin legs

Imagine you’re pedaling **UP** hills and **DOWN**. Legs up and down

What things do you see as you’re riding **AROUND**? Spin around to standing

Can you **DANCE** like a bear who is hungry for honey? Dance move

**STOMP** your feet on the floor and start **PATTING** your tummy? Stomp and pat tummy

Let’s show everyone how **FUN** it can be Open arms wide to side

When you let yourself **BOOGIE** so perfectly **FREE**. Boogie move, open arms wide

to the side but high

Can you **DANCE** like a robot with **STIFF** legs of steel? Dance move, then move stiffly

How would you **BOOGIE** and how would you feel? Boogie move

If your **BONES** and your **MUSCLES** were all made of tin, Point to a bone and a muscle

Show how a robot would strut, **DANCE**, and **SPIN**. Dance move, with big spin

Can you **DANCE** like a penguin who lives in the **SNOW**? Dance move, wiggle fingers

Try **WADDLING** slowly wherever you go. Waddle slowly

It’s cool how a penguin can **DANCE** with no knees. Dance move

Get ready to stop, now, when I holler **FREEZE**! Freeze in a cool shape

With dancing, there’s never a **WRONG** way to do it, Shake head “no”

You do what you please, and that’s all there is to **IT**. Palms up, arms out to side

Only you know the way that your **DANCING** should be, Dance move

So please keep it coming – we’d all like to **SEE**! Point to audience and bend

**DANCE BREAK…**music will come on for 20 seconds of free dancing by the students. When the music stops they will freeze in a shape and then melt to the ground for one more moment of stillness. The students will then stand and bow for the audience.