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| **Lesson Plan: *Cinderella, Cinderella!*** | **Room Requirements & Arrangement:** Open space (if desk or chairs are in the way, these are to be moved to the walls of the room to create open space) – instruction is virtual/pre-recorded |
| **Content Area & Arts Discipline:** ELA and Dance |  |
| **Overview of the Lesson:**  The story of Cinderella taught with the dance element of direction via ballroom dance | **Materials/Equipment**: screen and computer to project lesson  **School:** Pontotoc School District |
| **Grade Level:**  1st and 2nd grades | **Date Lesson Created:** January 2021 |
| **Proposed Time Frame:** 45 minutes | **Lesson Author:** Julie Hammond |

**Big Ideas & Learning Objectives**

1. The student will be able to clearly identify the storyline of Cinderella and Yah Shen, the Chinese Cinderella story
2. The student will be able to clearly demonstrate the three basic ballroom steps of box step, triple step, and rock step and attempt the “waltz” step in preview for the second lesson
3. The student will find a connection between learning about Cinderella and learning about ballroom dance, specifically there are many versions of the same thing in both fables/storys and dance and that being unique is valuable!
4. The student will participate in learning with focus and enthusiasm.

**Procedures**

***Affective Hook and Introduction of Lesson:*** Who has heard of the story of Cinderella? If you haven’t, you will learn it today. If you have, you will experience it in a new way through dance! Cinderella is a lesson about staying strong through the hardest circumstances and never compromising goodness in your heart or hope for a brighter future.

***Relevance*:** It is important to know famous fables and stories. Cinderella is one of the oldest and most well-known in its original form and has since been rewritten or retold in countless different ways in many different countries. To learn about this story through movement allows the student to have a ballroom dance experience that gives a direct experience of what Cinderella experienced.

***Introduction of Concept:* Cinderella retold by Roberto Piumini**

The teacher will read the picture book and have the students do a specific movement for each of the following characters when their names are read:

* Cinderella – make your own shape (The teacher will do a self-hug)
* Stepsisters – batting the hands
* Fairy godmother – dab with a magic wand
* Prince – twirl the hand and bow.

She will teach the students these movements BEFORE she reads the book so that they can participate with movement in this way whenever these characters speak or are referenced. Afterwards, she will ask questions briefly at the end of the story to ensure that the students can recall key storyline details as well as the above characters.

***Discussion:*** Every one of these characters has a distinct personality and look. This is why we gave each of them a unique movement. This is one way we can use movement to tell a story! In dance, we also learn by listening as much as watching, so we just practiced something dancers must be great at – listening!

***Development of Concept:* Basic Ballroom Steps**

There are three basic ballroom steps:

* Box Step
* Triple Step
* Rock Step

The teacher will lead students through each of these steps emphasizing the importance of direction and which way each thing heads in space. She will explain that all ballroom dance steps come from these three steps and that in combining them you create new ones. She will foreshadow that the next lesson will center on learning about each of these as well as trying them out!

***Culmination of Concept:* Learning the Waltz**

The students will learn the waltz step and perform it to music. This is the box step done with a floating and light quality.

***Closure***

The teacher will briefly summarize the story of Yah Shen, the Chinese Cinderella story, to emphasize how the Cinderella story – like the different ballroom steps – can be done differently but still keep their original foundation in a particular idea.