

BRINGING THE CARMELITE SAINTS ALIVE

TWENTY-FOURTH EDITION 2026



IN THIS MONTH OF AUGUST, WE WILL BE HIGHLIGHTING
ST. ANGULO OF JERUSALEM WHOSE FEAST DAY IS ON MAY 5TH



ST. ANGULO, A MAN WHO ROSE ABOVE THE EVILS OF HIS CURRENT SOCIETY BY CHOOSING TO
LIVE IN TRUTH AND LOVE EVEN UNTO DEATH.

St. Angelo of Jerusalem, also known as St. Angelus, was born in Jerusalem in 1185 to Jewish parents, he converted to Catholicism together with his mother and brother John. St. Angelo was orphaned as a youth, and with his brother, he entered the Carmelite order at the age of 18. They were among the first generation of Carmelites who settled on Mount Carmel and who received the Rule of Carmel from the patriarch, St. Albert of Jerusalem. Rich in the attributes of our Lord Jesus, this Rule encouraged Carmelites such as Angulo to put on “the armor of God” by living in justice, faith, salvation and other virtues found in the Gospels for protection in preaching the truth. Both young men were also well-educated and spoke Greek, Latin and Hebrew. Ordained at age 26, St. Angulo traveled throughout Palestine healing the sick, yet he remained humble and avoided acclaim for his involvement in miraculous cures.

St. Angulo was asked by his superiors to depart for Italy and preach to several heretical groups there, including the Albigensians. He went to Sicily, where large crowds flocked, aware of his past miracles. St. Angulo was a successful instrument of Our Lord in converting many of his Jewish brethren living in Sicily. But this success soon made him a target of envy by some. It was the hatred of nonbelievers that contributed to his murder in Licata, Italy.

In a situation comparable to that causing the death of St. John the Baptist, St. Angulo chose to denounce the sexual morals of Count Berengarius, a knight living in an incestuous relationship. Hoping to convert Berengarius, St. Angelo convinced his partner to leave him. This action enraged Berengarius, who arranged to have St. Angulo killed in front of the Church of Sts. Filippo and Giacomo in Licata. But St. Angelo didn't die from the attack until four days later, during which time he asked for his assassin to be pardoned. This act of forgiveness set an example to those who heard St. Angulo preach the Gospel.

St. Angelo is a beautiful model for us of someone who rose above the evils of his current society by choosing to live in truth and love. He was an advocate for Christ despite the intensity of evil around him. Instead of choosing to follow the immoral but more popular conduct of others or simply to ignore it, St. Angulo got involved and tried to save two souls, no matter the consequences. His decision to forgive his attackers during a slow and painful death spoke powerfully to people then, as it does to many to this day, who see in his actions the witness of the divine mercy of Jesus for us all. (Our Sunday Visitor)

ST. ANGULO OF JERUSALEM, PRAY FOR US!

Dear Lord Jesus,

As Carmelites we pray for the courage to give testimony to you even if we must stand alone and sacrifice our own lives. As St. Angelo and St. John, the Baptist stood up and had the courage to live in truth, and love may we also follow their example and not be afraid in our own times. May we run the race and complete it well. As St. Paul tells us, “The Sufferings in this life are nothing to be compared with the Glory that awaits us in Heaven.” Amen.

OUR CARMELITE MISSION

MAY WE EMBRACE MARY'S PURITY OF HEART (PURITAS CORDIAS), AS SHE HELPS US TO PONDER THE LAW OF THE LORD DAY AND NIGHT ASSISTING US TO BE CONTEMPLATIVES AND TEACHING US TO LISTEN. AS WE WALK IN THE FOOTSTEPS OF OUR FATHER AND LEADER ST. ELIJAH; WITH HIS FLAMING ZEAL AND COURAGE WHICH ALLOWED HIM TO COMBAT THE EVILS OF HIS DAY. MAY WE PRAY THAT HIS PROPHETIC SPIRIT BE AN INTEGRAL PART OF OUR CARMELITE LIFE."

MAY OUR LADY'S MANTLE WRAP YOU ALL WITH HER PRECIOUS LOVE. ALL THROUGH THE IMMACULATE & SORROWFUL HEART & TEARS OF MARY, ALL THROUGH THE PURE AND CHASTE HEART OF ST. JOSEPH, ALL IN UNION WITH THE SACRED HEART OF JESUS.

YOUR SISTER IN CARMEL,

LINDA

