

BRINGING THE CARMELITE SAINTS ALIVE

TWENTY-SECOND EDITION 2026



IN THIS MONTH OF MARCH WE WILL BE HIGHLIGHTING ST. JOSEPH

WHOSE FEAST DAY IS MARCH 19TH

ST. JOSEPH – TERROR OF DEMONS



He is one of the most important figures in salvation history. He is a spiritual father; a protector; a pattern for a life hidden in Christ and cloaked in docility. His divine call by God the Father was a great and mysterious grace that cannot be easily reduced to a list of specific qualities; there would not be enough space to contain them. Of his many titles in the Litany of St. Joseph, Terror of Demons has enjoyed wide recognition recently. It's an ancient title, uniquely relevant to our times. But why do demons fear this humble and quiet saint?¶

THE SIGNIFICANCE OF HIS MISSION¶

God choose St. Joseph for a highly exalted role in our salvation protecting the Sacred Humanity of Christ. The extraordinary nature of St. Joseph's vocation as head of the Holy Family meant he was the earthly protector of both the Blessed Virgin and Jesus. In that sense, our eternal life depended upon St. Joseph's paternal care. The church honors Mary with its highest form of veneration, known as hyperdulia, meaning she is exalted above all God's creatures. St. Joseph receives veneration known as protodulia. "Proto" means "first" signifying St. Joseph as first among the saints, behind Our Lady, in the honor due to him.¶

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We all receive a calling from God. This unique mission is ours alone. Remaining steadfast in our commitment to this singular mission gives honor to God and roots us in devotion, trust, and faith. Collectively, as we carry out our missions with certainty and fortitude, we usher in His Kingdom. The weight of His purpose, the importance and nobility of His mission, and the commensurate graces God the Father bestowed upon St. Joseph all cause demons to fear him.¶

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HIS SUPREME OBEDIENCE¶

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God endowed St. Joseph with graces proportionate to his calling, because only a strong, faithful, and obedient man could fulfill the will of God in raising His Son to manhood. St. Joseph's life was wholly devoted to God's will, just like the lives of Christ and the Blessed Mother. Uniting our wills to God's conforms us to Christ. This does not only happen in singular, grand moments like the Crucifixion, but in the very ordinary moments of everyday life. These ordinary moments, when consecrated to God, become powerful sources of grace and union. A life of obedience to God's will protects the soul, shielding it from the clutches of evil. The enemy wants nothing more than to separate us from God. Obedience unites us to Him protectively. Supreme obedience like St. Joseph's is incredibly powerful, giving God full reign in the soul and thwarting the attempts of the evil one.¶

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HIS BLESSED PURITY¶

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According to tradition and the writings of Saints and Mystics. St. Joseph made a vow of perpetual virginity at the age of 12 and prayed fervently for the coming of the long-awaited Messiah. He became a quiet, modest man of the House of David, devoted to prayer and the practice of virtue. In the Mystical City of God Venerable Mary of Agreda tells us, that the holy priest Simeon called all eligible men to the temple so that a spouse could be chosen for Our Lady, the Spirit inspired him to give each man a dry rod. As Simeon prayed for God to manifest His Divine Will, St. Joseph's staff bloomed with pure white lilies and a white dove hovered above his head.¶

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God choose the most chaste of spouses to protect the purity of the Mother of God and guard her perpetual virginity. This same purity of heart was necessary for the man who would be father, teacher, and protector of the Messiah. Purity protects us from the snares of darkness and enables us to surrender to Him in childlike trust. The earthly father of Christ was a model of purity in body, mind, and soul. Imagine the fear of the evil spirits, whose mission is defilement, when they encounter such incredible purity as Joseph's.¶

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HIS PROTECTION OF THE UNIVERSAL CHURCH¶

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The Church was born from the Blood and water that gushed forth from the side of Christ. “Who better to guard what was so precious to His Divine Son than St. Joseph? “Who better to understand the worth of such a perfect sacrifice and intercede for the needs of the Church? “There is no one better than Joseph, who instructed the Child Jesus in the practice of His faith and the devout worship of the Most High God. “That is why he is the perfect Patron and Protector of the Universal Church. “As Our Lady continues to nurture and care for the Church in her spiritual motherhood, it receives strong and faithful protection from the fatherhood of St. Joseph. “The Church is a powerful force in the world, uniting us all to Christ the Head and forming His Body, ushering in the Kingdom and standing against the forces of darkness. “St. Joseph, as Patron of the Universal Church, is a formidable foe for the evil forces seeking the ruin and destruction of the Body of Christ and God’s Church.¶

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HIS PATRONAGE OF A GOOD & HAPPY DEATH¶

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After devoting his life to Our Lady and Jesus, St. Joseph died in the love, peace, and comfort of their presence. “Only Christ’s and Mary’s deaths surpassed Joseph’s in holiness. “Because of this, he is known as the Patron of the Dying. “Throughout time, Catholics have prayed to St. Joseph for the grace of a good and happy death, one where they too are blessed with the presence of Jesus and Mary and accompanied by the saints and angels. “Death is the final opportunity for the devil to snatch a soul from Christ. “At the end of life, souls are susceptible to despair, fear, guilt, and regret. “These and other emotions can become a foothold for the Evil One. “St. Joseph’s life stands in complete opposition to these. “This holy saint represents the hope of Heaven and the glory of the Risen Christ. “In our final hours, when Satan seeks to rip us from the grasp of God, Joseph, powerful protector of souls, will shepherd us to the safety of His beloved Son and protect us from the enemy of our salvation. “¶

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HIS PATERNAL CARE FOR THE DOMESTIC CHURCH¶

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God placed Joseph at the head of the Holy Family, and Jesus call him “Abba” Father. “When St. Joseph appeals to Jesus on our behalf, it is a paternal petition. “No one else in the history of our Faith can make that claim. “It is his alone. “For this reason, there is great power in his intercession before the throne of God. “Those who invoke him are sure to be heard. “Joseph guarded and defended his Holy Family from demonic and human assaults. “We too live in an age where our families are under attack, and the holy institution of the family is subject to the snares of the Evil One. “¶

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Before her death, Sr. Lucia dos Santo, our beautiful Carmelite, who is now Venerable Lucia, the eldest Fatima seer wrote, ““The final battle between the Lord and the kingdom of Satan will be about marriage and the family.” “Let us go to St. Joseph who is also The Principal Protector of Our Carmelite Order. “St. Joseph, Terror of Demons, pray for us!¶

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OUR CARMELITE MISSION

MAY WE EMBRACE MARY'S PURITY OF HEART (PURITAS CORDIAS), AS SHE HELPS US TO PONDER THE LAW OF THE LORD DAY AND NIGHT ASSISTING US TO BE CONTEMPLATIVES AND TEACHING US TO LISTEN. AS WE WALK IN THE FOOTSTEPS OF OUR FATHER AND LEADER ST. ELIJAH; WITH HIS FLAMING ZEAL AND COURAGE WHICH ALLOWED HIM TO COMBAT THE EVILS OF HIS DAY. MAY WE PRAY THAT HIS PROPHETIC SPIRIT BE AN INTEGRAL PART OF OUR CARMELITE LIFE."

MAY OUR LADY'S MANTLE WRAP YOU ALL WITH HER PRECIOUS LOVE. ALL THROUGH THE IMMACULATE & SORROWFUL HEART & TEARS OF MARY, ALL THROUGH THE PURE AND CHASTE HEART OF ST. JOSEPH, ALL IN UNION WITH THE SACRED HEART OF JESUS.

YOUR SISTER IN CARMEL,

LINDA

