

POD Attendance

ATTENDANCE SHEET WITH SMALL GROUPS TO TRACK CLOSE CONTACTS

WELLBODYKC, COVID SPORTS MED HELP

POD Attendance for : _____



Consider taking attendance each day with athletes and coaches that are close to each other during training in "Named Pods" If there is a "Red" Positive case it will be easier to know who "Blue" designated people are.

Date: _____

POD A : _____ **(Coaches for Pod A)** _____

Name of athletes			

POD B : _____ **(Coaches for Pod B)** _____

Name of athletes			

POD C : _____ **(Coaches for Pod C)** _____

Name of athletes			

POD D : _____ **(Coaches for Pod D)** _____

Name of athletes			

Possible conversation: "Mrs. Smith, this is Coach Tim- Susie was in practice yesterday with a member of the team *(don't use their name without written authorization) that was tested positive for COVID 19 today. It's possible that Susie was exposed as our documentation shows she may have been within 6 feet of the person for more than 15 minutes- that's one of the suggested situations that our protocol has us call you. It's probably best, even if she doesn't have any symptoms, to check in with your health care provider. Our protocol asks that if she's vaccinated and has no symptoms she can continue to come to practice but please have her wear a mask and get tested three days after exposure to be sure you are negative. If she's not vaccinated she can't come back to the gym for 5 days just in case. After five days or more from the day she was exposed, if she wants to get a test and it's negative just bring that documentation into us and she can get back to practice on day 7. If she's positive please give us a call so we can document it and get in touch with people she may have accidentally exposed- and she can't come back to practice for 10 days- as long as she doesn't have symptoms or a fever and has a release from her doctor that it's safe to exercise. If she doesn't want to get tested then we ask that she stay out of the gym for a 14 day quarantine and as long as she doesn't have a fever or symptoms she can return then. We are all doing the best we can to keep the sport going for the athletes and keep them as safe as possible but it's not 100%. I really hope she doesn't get ill of course- please let us know no matter what!"

EXAMPLE



POD Attendance for : Tuesday Level 3 Team

Consider taking attendance each day with athletes and coaches that are close to each other during training in "Named Pods" If there is a "Red" Positive case it will be easier to know who "Blue" designated people are.

Date: 9/1/21

POD A : Hawks (Coaches for Pod A) Rick and Stacy

Name of athletes			
Suzie Smith	Rachel Jones	Sarah Roberts	Allison Stevens
Maya Wilson			