

Tracer Log

FINDING “BLUE DESIGNATED” PEOPLE AFTER A POSITIVE CASE OF COVID
WELLBODYKC, COVID SPORTS MED HELP



Possible scripting of phone / in person conversation: “Mrs. Smith, this is Coach Tim- Susie was in practice yesterday with a member of the team *(don’t use their name without written authorization) that was tested positive for COVID 19 today. It’s possible that Susie was exposed as our documentation shows she may have been within 6 feet of the person for more than 15 minutes- that’s one of the suggested situations that our protocol has us call you. It’s probably best, even if she doesn’t have any symptoms, to check in with your health care provider. Our protocol asks that if she’s vaccinated and has no symptoms she can continue to come to practice but please have her wear a mask and get tested three days after exposure to be sure you are negative. If she’s not vaccinated she can’t come back to the gym for 5 days just in case. After five days or more from the day she was exposed, if she wants to get a test and it’s negative just bring that documentation into us and she can get back to practice on day 7. If she’s positive please give us a call so we can document it and get in touch with people she may have accidentally exposed- and she can’t come back to practice for 10 days- as long as she doesn’t have symptoms or a fever and has a release from her doctor that it’s safe to exercise. If she doesn’t want to get tested then we ask that she stay out of the gym for a 14 day quarantine and as long as she doesn’t have a fever or symptoms she can return then. We are all doing the best we can to keep the sport going for the athletes and keep them as safe as possible but it’s not 100%. I really hope she doesn’t get ill of course- please let us know no matter what! “

Consult with your Legal Counsel or Team Sports Medicine Partner to ensure this form is appropriate for your facility.
Follow Local/State mandates and laws which could require you to alter this form.
Changes to this form may occur if the CDC or other health care agency changes recommendations. Check for updates regularly.
Always have a Health Care Provider involved with diagnosis and treatment recommendations.