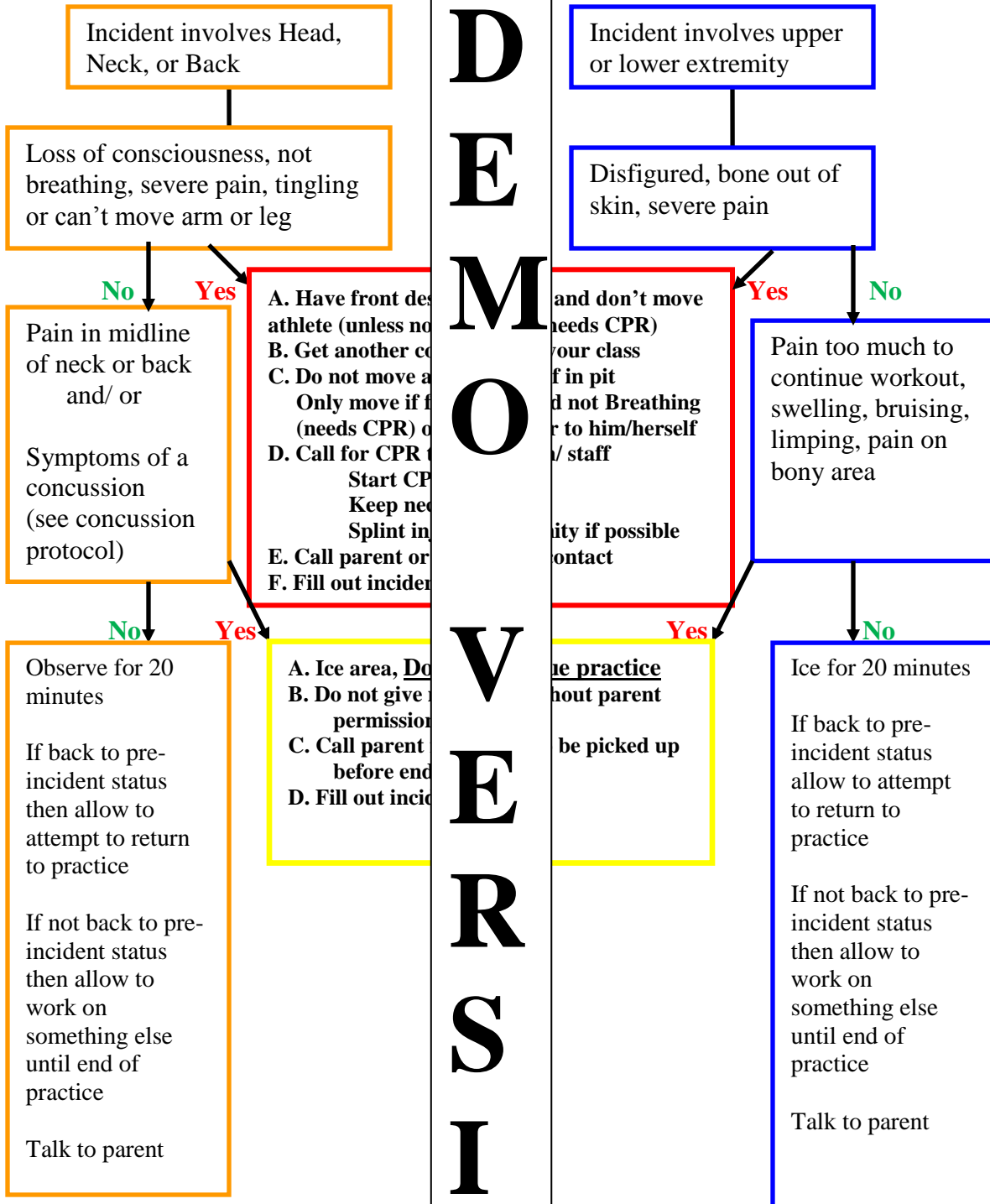


Athlete Incident Protocol

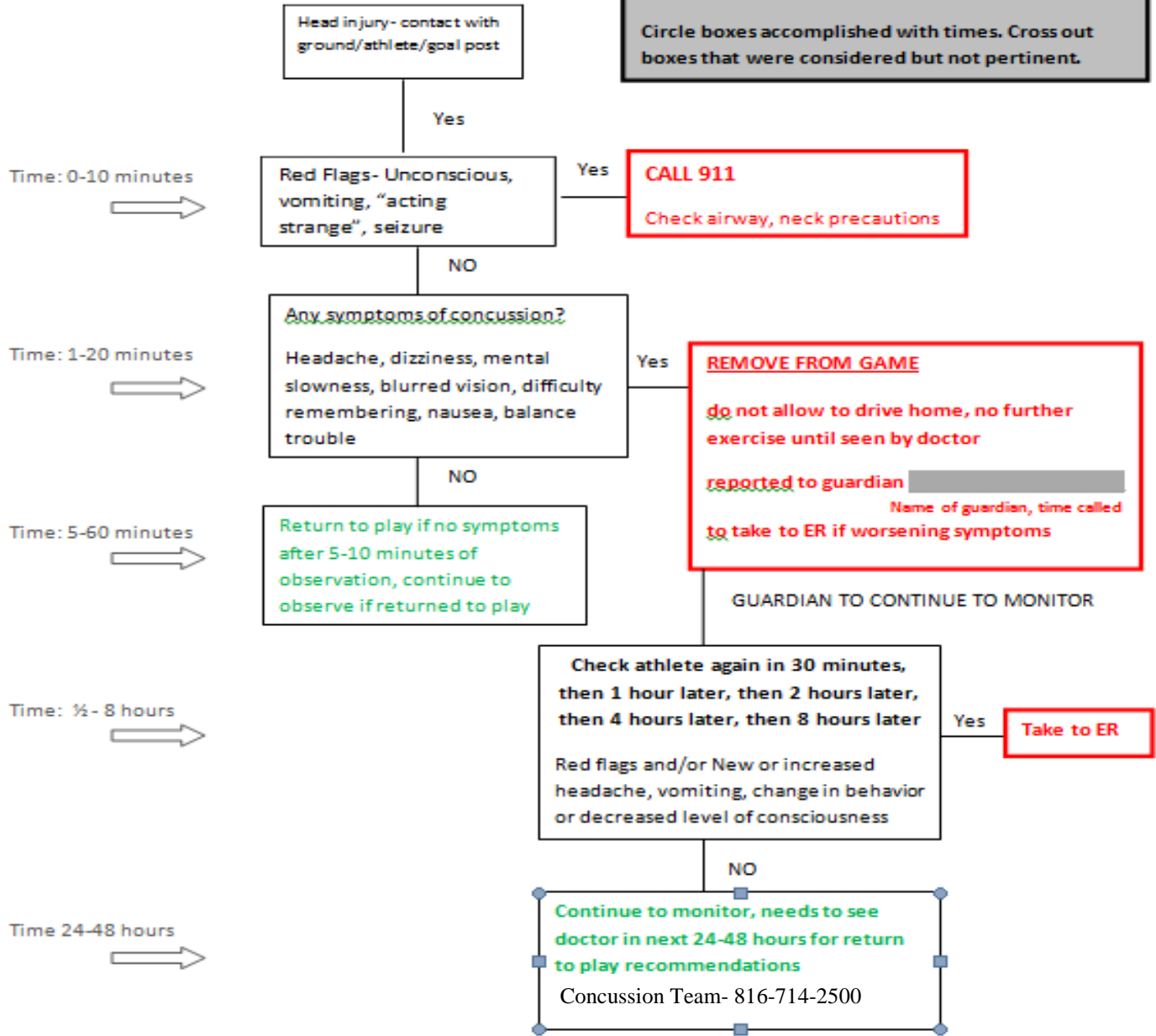


Suspected Concussion Protocol

Name of athlete: _____

Date: _____ Time of Impact: _____

Circle boxes accomplished with times. Cross out boxes that were considered but not pertinent.



Example of a Protocol

DEMONSTRATION

Name of athlete: **Jimmy Smith**
 Date: **8/7/12** Time of Impact: **4:30pm**
 All boxes accomplished with times. Cross out boxes that were considered but not pertinent.

Tackled to ground, Hit his head, 4:30

Time: 0-10 minutes →

Head injury- contact with ground/athlete/goal post

Yes

Red Flags: Unconscious, vomiting, "acting strange", seizure

Call 911
 Check airway, neck precautions

Time: 1-20 minutes →

Any symptoms of concussion
 Headache, dizziness, memory slowness, blurred vision, difficulty remembering, nausea, balance trouble

NO

REMOVE FROM GAME
 do not allow to drive home, no further exercise until seen by doctor
 reported to guardian **David Smith(dad), 4:40**
 Name of guardian, time called
 to take to ER if worsening symptoms

Dad picked up at 5:05

Time: 5-60 minutes →

Return to play if no symptoms after 5-10 minutes of observation, continue to observe if returned to play

GUARDIAN TO CONTINUE TO MONITOR

Time: ½ - 8 hours →

Re-evaluate again in 30 minutes, later, then 2 hours later, later, then 8 hours later
 or New or increased vomiting, change in behavior level of consciousness

Yes

Take to ER

NO

Time 24-48 hours →

Monitor, needs to see physician at 24-48 hours for return recommendations
 Team- 816-714-2500

WORKSHOP

Foam Pit Incident Protocol

REQUIRED!

Considerations

Protocol

Other people involved

**BETTER SAFE
THAN SORRY!**

**Athlete fall into pit and athlete
complains about neck pain or
numbness/tingling**

STAY CALM
athlete in
move slowly
think

Consider
versus u
entry, d
athlete

To decrease
movement
collar of
people e
better, s
first, co
other FD

Log roll
first slide

**IN GYM
WORKSHOP
REQUIRED**

ask call 911
to help FD in

#2 to help keep
calm and away
pit area

rdian to alert of
ether to come to
hospital

ch to follow
n FD on how to
spine board

**move spine board to second crew
of at least three people to secure
for transport**

Document incident

If athlete lands on stomach then leave on stomach and clear foam blocks for breathing while keeping athlete calm, hold neck in position straight with spine.

If question if breathing or not then quick extrication with vaulting board and start CPR before FD arrives (this is not recommended unless not breathing!)

EXAMPLE OF INCIDENT REPORT

Incident Report Name of Athlete: _____

Date: _____ Time _____

Class Name: _____ With _____

Where it occurred: _____

Brief explanation of event: _____

Injury: (not a diagnosis, just what you saw) _____

What was done: (approximate times and what was done if possible) _____

Signature of Coach: _____

Date: _____

Signature of Manager: _____

Date: _____

I was notified of event: _____

Signature of Parent/Guardian: _____

Date: _____

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E

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Critical Incident Time Log

911 called: _____

First Aid/CPR started: _____

911 Arrived: _____

Parent called: _____

Parent Arrived: _____

Example

Incident Report Name of Athlete: Sarah Smith

Date: 4/6/2013 Time: 4:55

Class Name: Level 9 With: Teammates

Where it occurred: Beam

Brief explanation of event:

4:55 Fell during series, head on mat and then she fell onto 4 inch mat, she did not lose consciousness and cried immediately

(What not to say: This is the series she was performing... or coach was not in building at the time)--- Give facts about athlete's injury, not editorial or commentary

Injury: (not a diagnosis, just what you observed)

4:55 Said her neck was hurting, her left arm was tingling

(What not to say: She broke her neck)--- Unless you are a doctor do not give a diagnosis- this is considered malpractice if your diagnosis is incorrect

What was done: (approximate times if possible)

4:55 Kept calm, did not move, 5:00 waited for ambulance, neck without moving

(What not to say: I performed spinal manipulation) Unless you are a doctor (and are not a physical therapist) do not give a diagnosis that is above your scope of practice. This can get you into trouble

Signature of Coach: _____

Date: _____

Signature of Manager: _____

Date: _____

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<u>Critical Incident Time Log</u>	
911 called:	<u>5:00</u>
First Aid/CPR started:	<u>Kept still and put ice on neck</u>
	<u>4:55</u>
911 Arrived:	<u>5:12</u>
Parent called:	<u>5:05</u>
Parent Arrived:	<u>5:18</u>