wellbodyKC

Concussion Protocol- Non Medical Trained Decision Maker

DISCUSS WITH YOUR MEDICAL AND LEGAL COUNSEL BEFORE USING 9/22

Name of athlete:

Date: **Time of Impact:**

Circle boxes accomplished with times. Cross out boxes that were considered but not pertinent.

Head injury or neck whip lash

Yes

Time: 0-10 minutes

Red Flags- Unconscious, vomiting, "acting strange", seizure

Yes

CALL 911

Check airway, neck precautions

NO

Time: 1-20 minutes

Any symptoms of concussion?

Headache, dizziness, mental slowness, blurred vision, difficulty remembering, nausea, balance trouble, "got bell rung"

Yes

REMOVE FROM SPORT

do not allow to drive home, no return to contact sport until seen by doctor

reported to guardian [redacted]

Name of guardian, time called

to take to ER if worsening symptoms

NO

Time: 15-60 minutes

Return to play if no symptoms after 15-30 minutes of observation, continue to observe if returned to sport

GUARDIAN TO CONTINUE TO MONITOR

Time: 1 - 8 hours

Check athlete again in 30 minutes, then 1 hour later, then 2 hours later, then 4 hours later, then 8 hours later

Red flags or increased headache, vomiting, change in behavior or decreased level of consciousness

Yes

Take to ER

NO

Time 24-48 hours

Continue to monitor, needs to see doctor in next 24-48 hours for return to sport recommendations