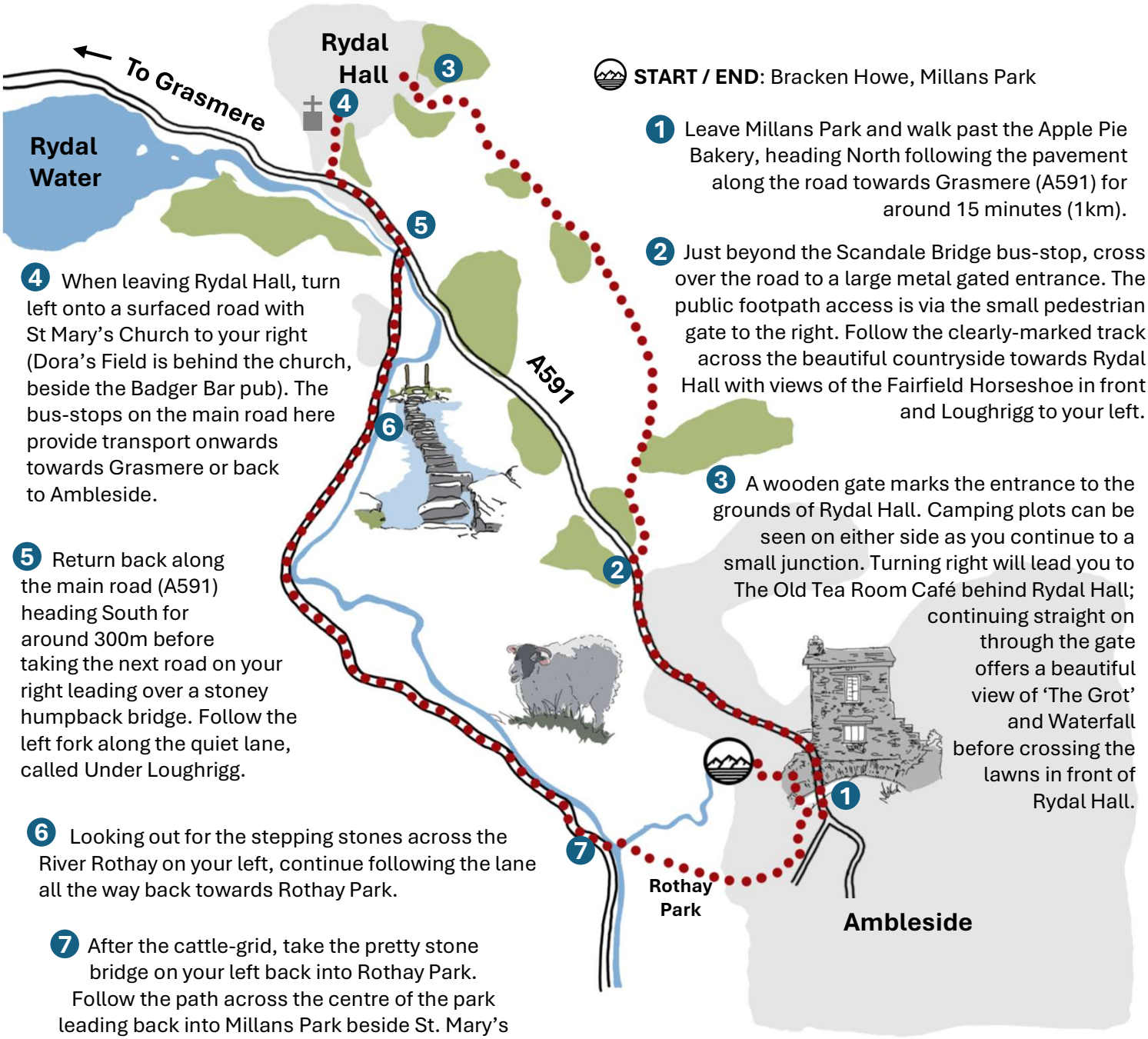
BRACKEN HOWE
— AMBLESIDE —

Rydal Loop

3.5mile (5.5km), gentle and beautiful stroll



START / END: Bracken Howe, Millans Park

1 Leave Millans Park and walk past the Apple Pie Bakery, heading North following the pavement along the road towards Grasmere (A591) for around 15 minutes (1km).

2 Just beyond the Scandale Bridge bus-stop, cross over the road to a large metal gated entrance. The public footpath access is via the small pedestrian gate to the right. Follow the clearly-marked track across the beautiful countryside towards Rydal Hall with views of the Fairfield Horseshoe in front and Loughrigg to your left.

3 A wooden gate marks the entrance to the grounds of Rydal Hall. Camping plots can be seen on either side as you continue to a small junction. Turning right will lead you to The Old Tea Room Café behind Rydal Hall; continuing straight on through the gate offers a beautiful view of 'The Grot' and Waterfall before crossing the lawns in front of Rydal Hall.

4 When leaving Rydal Hall, turn left onto a surfaced road with St Mary's Church to your right (Dora's Field is behind the church, beside the Badger Bar pub). The bus-stops on the main road here provide transport onwards towards Grasmere or back to Ambleside.

5 Return back along the main road (A591) heading South for around 300m before taking the next road on your right leading over a stoney humpback bridge. Follow the left fork along the quiet lane, called Under Loughrigg.

6 Looking out for the stepping stones across the River Rothay on your left, continue following the lane all the way back towards Rothay Park.

7 After the cattle-grid, take the pretty stone bridge on your left back into Rothay Park. Follow the path across the centre of the park leading back into Millans Park beside St. Mary's Parish Church.

QR code for walking routes, including GPX download