## TEAM WILD HOPE

# Amare Customer Welcome!





#### WELCOME!!!

Welcome to Amare! I'm so glad you decided to join this Mental Wellness Movement and hope these products bring you all the benefits you seek!

# Join our Customer VIP Educational Group here:

**FB LINK** 



# **Customer Perks**

Subscribe & Save

It's simple! When you purchase products on our Subscribe & Save program you'll receive your order the same time every month, PLUS you get a 10% discount!

Subscribe & Save Rewards (SSR) Program

As you order Amare products through the
Subscribe & Save program, not only do you
save on those purchases, but you'll also earn
Rewards Points (SSR Points) that can be
redeemed to purchase additional Amare
products\*

The best part? The longer you participate, the more Points you'll earn! You can also earn 100% of your order shipping amount paid as SSR points!

# **Customer Perks**

Refer a Friend

Every Amare customer has their own unique link to share with friends & family!

How it Works:

Reward yourself and your friends

through our referral program. Give
them \$10 off their first order and when
they place a Subscribe and Save
order of \$39.95 or more, you get a
FREE Product.

Your personal link can be found in your Amare.com Account drop-down menu.



THE HAPPY JUICE PACK CONTAINS 3 PRODUCTS YOU MIX TOGETHER FOR ONE INCREDIBLE HAPPY JUICE RECIPE.

#### 1. AMARE EDGE -

POWERED BY MANGO LEAF, LYCHEE FRUIT AND PALM FRUIT, EDGE IS AN ALL-NATURAL NOOTROPIC THAT HELPS BOOST YOUR MOTIVATION AND CRUSH YOUR TO-DO LISTS.

### 2. ENERGY +

CONTAINS: MATCHA LEAF, GUAYUSA LEAF, ASIAN APPLE, NEW ZEALAND PINE BARK, FRENCH GRAPE FOR MOTIVATION AND ENERGY!

# 3. MENTABIOTICS -

THE MOST COMPREHENSIVE COMBINATION OF UNIQUE STRAINS OF PROBIOTICS, PREBIOTICS, AND PHYTOBIOTICS THAT HAVE BEEN SCIENTIFICALLY SHOWN TO IMPROVE MENTAL WELLNESS!

# BENEFITS OF HAPPY JUICE

#### **BENEFITS:**

- BOOSTS YOUR MOOD AND MOTIVATION
   PROVIDES OVERALL HEALTH FOR YOUR SECOND BRAIN, YOUR GUT
  - ENHANCES YOUR MENTAL PERFORMANCE
  - PROVIDES THE FUEL YOU NEED FOR A HIGHLY PRODUCTIVE DAY

# **CLINICAL STUDY RESULTS**

- \* 60% Decrease in irritability scores
  - \* 55% Decrease in anxiety scores
- \* 50% Decrease in depression scores
  - \* 49% Reduction in overall distress
    - \* 70% Increase in good bacteria
    - \* 211% Increase in positive mood
- \* 105% Decrease in negative mood

Check out the next two pages to record how you feel before Happy Juice and Weekly thereafter. There are printer friendly pages at the end.



# A DAY IN THE LIFE: PRE HAPPY JUICE

Date: \_\_\_\_\_

CURRENT	<b>SYMPTOMS</b>	OF
AN UNHE	ALTHY GUT:	

AN UNHEALTHY GUT:	
bloating after meals trouble sleeping irregular bowel movements skin issues mood disorders/extreme mood changes autoimmune issues/diseases hormone imbalance chronic fatigue chronic pain	<ul><li>headaches</li><li>food sensitivities</li><li>other:</li></ul>
HOW HAPPY ARE YOU?	HOW ARE YOUR EMOTIONS?
HOW IS YOUR SLEEP?  HOW IS YOUR ENERGY?	HOW IS YOUR BRAIN FOG?  HOW DOES YOUR STOMACH FEEL?
NOTES:	



# A Week in the Life: Happy Juice

WEEK:	
Current Symptoms of an unhealthy gut:	
bloating after meals trouble sleeping irregular bowel movements skin issues mood disorders/extreme mood changes autoimmune issues/diseases hormone imbalance chronic fatigue chronic pain	headaches food sensitivities other:
How happy are you?	How are your emotions?
How is your sleep?	How is your brain fog?
How is your energy?	How does your stomach feel?
Notes:	



#### THE MENTAL WELLNESS DRINK

#### HOW TO MIX

16-20oz water:

- one packet grape Edge or one scoop of watermelon Edge
- one packet of Energy+
- one scoop of MentaBiotics
- mix, add ice, and enjoy!

#### IMPORTANT INFO

Begin with 1/4 scoop of Mentabiotics and slowly increase over a one month period.

Once mixed, the Mentabtioics needs consumed within 30 minutes.

#### TOO SWEET?

Try adding this to your mix:

- freshly squeezed lemon or lime juice
- a little lemonade
- a little cranberry juice

#### MAKE A SLUSHY!

To a blender, add:

- freshly squeezed lemon or lime juice
- water
- Edge, Energy, Mentabiotics
- fresh or frozen fruit/melon of choice
- ice (if needed)

#### MAKE IT FANCY!

Mix: Edge, Energy, Mentabiotics sparkling water

Pour over ice add berries or frozen fruit (optional) froth some cream and add to your fancy HJ drink!





#### Dr. Shawn's video on feeling worse before feeling better.

If we are working in the gut, and killing bad bacteria and amplifying good bacteria, the bad bacteria is released and could cause all kinds of unhappy symptoms. They see this in clinical trials often! The important thing is to stick with it, even though it may suck at first!

- -Drink lots of water
- -Cut back on the mentabiotics: it is smart to start with 1/4-1/2 scoop of the mentabiotics and work your way up.
- -start with Reboot+. Reboot is a synergistic blend of natural cleansing herbs and phytonutrients to assist the body's own detoxification process specifically formulated to reboot your gut-brain axis in 3-days.
- -If experiencing extreme fatigue: An ingredient in Edge (I-theanine) can make you make you feel sleepy! Try taking edge alone it at night and see if that helps!

Some customers that have experienced this, recommend in the first several weeks, to drink Mentabiotics and Energy in the morning and then try drinking Edge at night. After a few weeks, you should be able to drink all three in the day and feel energized! Remember, every body is different too! It might mean taking one at a time to see how each one makes you feel and adjusting based off that!

-And as we all should, eat as clean as you can and avoid trigger foods. eating bad while trying to heal our body, can really counteract our healing process.

If you are currently new to Happy Juice or GBX, and experiencing detox symptoms, you should be feeling much better by two weeks, stick with it! When you get over that hill, you'll be so glad you did!



# A Day in the Life: Pre Happy Juice

Date: \_\_\_\_\_

# Current Symptoms of an unhealthy gut:

- bloating after meals
- trouble sleeping
- irregular bowel movements
- skin issues
- mood disorders/extreme mood changes
- autoimmune issues/diseases
- hormone imbalance
- chronic fatigue
- chronic pain

**Notes:** 

- headaches
- food sensitivities
- other:

# How happy are you? How are your emotions? How is your sleep? How is your brain fog? How is your energy? How does your stomach feel?



# A Week in the Life: Happy Juice

WEEK: \_\_\_\_\_

Current Symptoms	of	an
unhealthy gut:		

- bloating after meals
- trouble sleeping
- irregular bowel movements
- skin issues
- mood disorders/extreme mood changes
- autoimmune issues/diseases
- hormone imbalance
- chronic fatigue
- chronic pain

**Notes:** 

- headaches
- food sensitivities
- other:

