

# THE "WEIGHT" IS OVER!



Join W.O.W. & Drop  
up to 40 Pounds  
BY CHRISTMAS!

**BEFORE**



**AFTER**

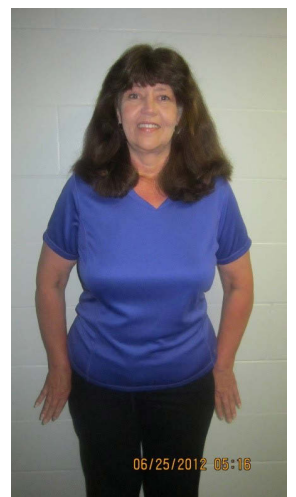


**GEORGETTA D LOST 40LBS, 35 INCHES**

**BEFORE**



**AFTER**



**CINDY K LOST 38 LBS, 24 INCHES**

**BEFORE**

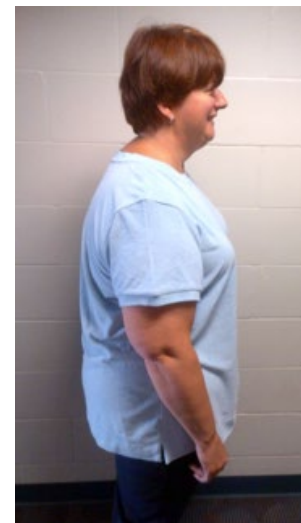


**AFTER**

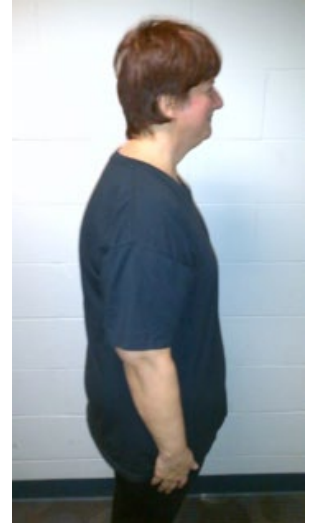


**Renee D LOST 35LBS, 21 INCHES**

**BEFORE**



**AFTER**

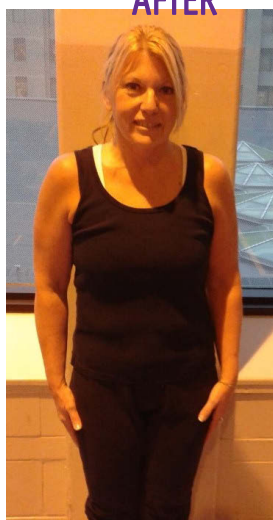


**DARLENE W LOST 26LBS, 24 INCHES**

**BEFORE**

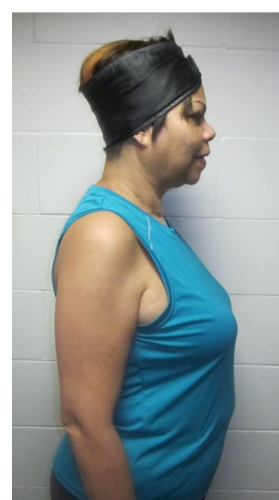


**AFTER**

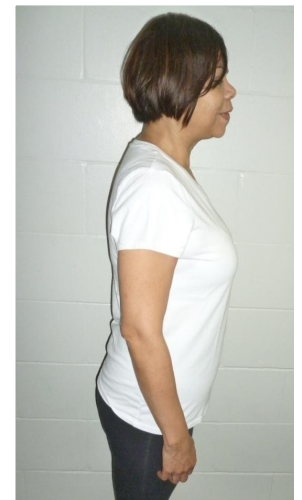


**JANICE H LOST 20LBS, 21 INCHES**

**BEFORE**



**AFTER**



**PAT E. LOST 22LBS, 14 INCHES**

## What is W.O.W. CAMP?

W.O.W. CAMP is a  
Comprehensive Health &  
Fitness Program Designed  
With YOU In mind!

**WOMEN ONLY**

**JUDGMENT FREE ZONE**

**Low/No Impact**

**3 Days Per Week Workouts**

**Grocery Shopping Tour –**

Personally Guided Grocery Shopping  
Tour With Your Very Own Licensed and  
Certified Nutritionist!

**Health and Fitness Tools –**

Personal Journal, Nutrition Tracker, Health  
Assessments, Meal Plans, Trainer's Tips,  
Nutritional Nuggets, & MORE

**Weekly Accountability Call**

**AMAZING Graduation  
Ceremony to Celebrate  
YOUR SUCCESS!**

**NEXT WOW SESSION:**

**JULY 7 - DECEMBER 22, 2022**

**LOCATION: 24399 Telegraph  
Rd. Southfield (b/t 9 & 10 Mile)**

**WOW IS ONLY OPENED  
2 TIMES PER YEAR...**

**ONLY 12 SPOTS AVAILABLE..**

**CLASSES FILL UP QUICKLY!**

**DAYS & TIMES:**

**MON-TUES-THURS (5PM - 5:45PM)**

**DON'T MISS OUT ON THIS SESSION,  
YOU WON'T GET ANOTHER  
OPPORTUNITY UNTIL NEXT YEAR.**

**3 PAYMENTS OF \$299**

**(COVERS ALL 6 MONTHS)**

**BREAKS DOWN TO \$149/MONTH**

**It's Never Too Late To Start...**

**...It's Always Too Late To Wait!**

**REGISTER TODAY - MyWOWCamp.com or 248.876.4069 or Email: myWOWCamp@gmail.com - Reserve Your W.O.W.CAMP Spot Now!**



## COACH ANGEL LOST 120LBS

I was once obese (weighing over 300 pounds) so I understand your struggle. No one wants to be judged when trying to get fit and healthy and that is why I created W.O.W. CAMP. My mission and passion is for you to be successful and have the life you desire. I want you to experience the overwhelming joy of crossing your own personal health and fitness victory line. This is why you have my personal promise that WOW will give you the tools you need to be successful on your health and fitness journey! So whether you're looking to lose 50 or 250 pounds, our WOW CAMP is your perfect fit! Let our WOW CAMP change your life forever! -Angel Cook, Founder of Visions of Fitness W.O.W. Camp