

Beyond Physical Fitness Prices

CEO Natasha Renette

Individual (personal training)

# of sessions	Times per week	Monthly Cost 30min session or 1hr session
1	n/a	\$49 (30 min only)
4	Once	\$175 or \$313
8	Twice	\$304 or \$548
12	Three times	\$391 or \$705

Partner (personal training)

# of sessions	Times per week	Monthly Cost (per person) 30min session or 1hr session
8	Twice	\$218 or \$391
12	Three times	\$288 or \$517

Group (personal training)

# of sessions	Times per week	Monthly Cost (per person) 30min session or 1hr session
8	Twice	\$191 or \$345
12	Three times	\$248 or \$446

Measurement consultations are \$60.

Take 10% off personal training for children under 18 & senior citizens over 64.

Add minimum \$10 premium per session per person for off-site training.