



Barefoot Bar + restaurant BREAKFAST

PANCAKES

Buttermilk

Half Stack (2) served with powdered sugar and whipped cream **\$9.50**

Gluten Free Pancakes

Half Stack (2) served with powdered sugar and whipped cream **\$10.25**

French Toast

2 Fluffy Slices of Texas style toast swirled with cinnamon, sugar- topped with whipped cream and powdered sugar **\$9.49**

Nutella French Toast

Topped with Strawberries sprinkled with powdered sugar, & whipped Cream **\$12.95**

Additions to any stack:
Chocolate Chips \$2.50
Banana, Strawberry, or Blueberries \$3.25
Walnuts \$2.40

OMELETS AND BEYOND

(3 egg omelets served with choice of toast and homefries)

Costa Omelet

Homemade salsa fresca, onions, peppers, Colby jack cheese. **\$12.25**

Cheese Omelet \$9.95

With bacon, turkey bacon, sausage, ham, or pork roll added inside. **\$13.95**

Mario's Marvel Omelet

Onions, spinach, feta cheese, mushrooms, tomato **\$12.95**

Denver Omelet

Ham, onions, peppers, and American cheese. **\$13.50**

Breakfast Burrito

Scrambled eggs, cheese, salsa Fresca, rice/beans in a flour tortilla; served with homefries **\$ 11.95** (avocado \$2.50)/(Bacon \$3.50)

Breakfast Sandwich (your way)

Egg sandwich served with Homefries (toast, bagel, or brioche bun) **\$5.95**
Add meat: \$4.50/Cheese: \$1.50/Avocado **\$2.50**

BOWLS/FRUITS

Loaded Oatmeal Bowl

Oatmeal, strawberries, Blueberries, bananas, raisins, walnuts, brown sugar, cinnamon **\$12.25**

Yogurt Bowl

Vanilla yogurt loaded with banana, berries, walnuts, raisins, cinnamon, sprinkled with granola **\$12.25**

Acai Bowl

Acai topped with fresh berries, banana, granola, honey and almond butter **\$13.95**

Fruit Bowl

Served with variety of fresh seasonal fruits **\$10.95**

FAVORITES

Bacon, Eggs, and Jacks

2 slices of bacon, 2 eggs cooked your way, and 2 fluffy pancakes. **\$13.95**

American Standard

Served with Homefries 1 slice white, multigrain or sourdough toast

1 egg **\$7.49**/2 eggs **\$ 8.49**

3 eggs **\$ 9.49**

Avocado Toast

Everything bagel, avocado, tomato, fresh mozzarella, pesto **\$11.49**/add 2 eggs **\$4.50**

Creamed Chip Beef

Homemade creamy chipped beef over texas toast with home fries **\$ 12.50**

Huevos Rancheros

Eggs any style, peppers, onions, Colby jack cheese, rice/beans, salsa and 3 tortillas **\$ 12.95**

Ala Carte

Plain or Everything Bagel

with butter, jelly, cream cheese **\$4.95**

HomeFries \$3.50

2 Slices Toast

white, sourdough, or multigrain with butter, jelly

\$2.95

Eggs:

One **\$3.50** Two **\$4.50** Three **\$5.50**

Add cheese **\$1.50**

Cinnamon Bun topped with Icing **\$4.99**

Meat Sides: \$4.95

Bacon
Turkey Bacon
Sausage
Pork Roll
Ham
Scrapple

Quiche of the Day
Served with side of Fruit
(ask your server)

BEVERAGES

Costa Rican Blend Coffee **\$3.65**

(Hot or Iced)

Decaf Coffee **\$3.65**

Fresh Pressed Orange Juice **\$3.75**

Apple Juice/Cranberry/Tomato **\$3.50**

Milk **\$3.50**/ Chocolate **\$3.95**

From the Bar

Beach Ave Mimosa **\$12.00**

Barefoot Tito's Bloody Mary **\$13.00**

Bailey's Irish Coffee **\$14.00**

Frank's Way Espresso Martini **\$15.00**



501 Beach Ave., Cape May, NJ
Breakfast served 7:30am - 11:30am

Please inform your server of any food allergies or intolerances when ordering.



BarefootBarRestaurant

BellaVidaGardenCafe

Beesknees.capeMay

***Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase risk of foodborne illness.