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DENIAL AS A WEAPON: THE DEFENSE MECHANISM TO SILENCE BLACK TRUTH

**Donald Trump's Hate Speech is not Random; it is a
Tactic to Silence Black Truth**

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November 26, 2025 – What We Already Know

We do not need to discuss the point that public figures like Donald Trump employ aggressive, divisive, and often hateful speech toward Black Americans. Nor do we need to repeat the specific details of America's dark history (e.g., the 225-year war of conquest, the foundational sin of slavery, and the hypocrisy of the American Revolution). These truths are known. However,

the real question is not what Donald Trump says, but why he says it, and why others like him get so defensive when confronted with the truth. One fact remains clear ... It is not the truth, itself, that bothers them; they already know it. What bothers them is when others refuse to honor their lie. You see, the truth destabilizes their identity; therefore, admitting the

reality would mean their heroes were oppressors, their traditions tainted, and their privileges were stolen. Consequently, they attack the messenger who speaks the truth. In other words, they do not argue with the facts; they attack the person who is speaking the truth in hope to silence dissent.



The Goal is “Force Compliance”.

Ultimately, they do not need agreement; they just want silence. Silence equals

acceptance. Therefore, we must not think trivially about the harsh objective behind Donald Trump’s hate speech. Instead, we must analyze the total purpose and effect of his aggressive speech. It is not an unthinking outburst; it is a calculated defense mechanism that is designed to protect a worldview, preserve power, and, most importantly, threaten and intimidate Black people into silence.

The Root Cause: Defending the Unjust Foundation

The heart of these racist white people’s aggressive denial is the necessity to defend not just a political stance, but the entire structural integrity of the American project as conceived by its white conquerors. Figures who deploy this denial, like Donald Trump, are not defending a flawed system that they wish to improve; they are defending

a system that they believe is perfect as it is. They value and believe in the very methods that were used to build and currently govern the country, methods rooted in conquest, racial hierarchy, and exploitation. For them, the results, which are wealth, power, and global dominance, justify the means. Therefore, when confronted with the historical truth (e.g., the 1607-1832 timeline of war, the slave-owning Founding Fathers), they are not threatened by the fact, itself. They are threatened by the opposition to the lie. Their defensiveness is a sophisticated tool to:

- * Prevent Advancement: To shut down any conversation that might lead to policy change, reconciliation, or reparations.

- * Protect the Investment: To

shield the psychological and financial profits that derived from the conquest, slavery, and ongoing systemic racism.

* Deterrence: By reacting with anger and calling truth-telling "hate speech," they escalate the cost of the discussion, forcing the truth-teller to choose silence rather than endure hostility.



In other words, the following is the ultimate goal of the "hate rally" speech: they want to re-establish a social norm of silence regarding the oppressive foundation of the nation.

The Paradox of Performed Virtue

The aggression is magnified by an intense and bizarre psychological conflict: the paradox of play-acted virtue, e.g., leaders like Donald Trump and their loyal followers desire the rewards of being perceived as good—honor, legacy, admiration, and credit for national success—but they absolutely refuse to engage in the moral labor that is required to earn that status, such as truth-telling, accountability, or challenging historical injustice. They want the world to read their historical entry as "Patriotic Hero" while actively demonstrating the behavior of the "Ruthless Manipulator."



Now allow me to discuss their demand(s): The aggressor demands that all citizens, regardless of their ancestors' enslavement or displacement, must honor the slave-owning founders and the methods of conquest. The refusal to grant this honor is experienced as a profound attack on the aggressor's personal identity and status. Moreover, by laboring the criticism of their racist history as "hating the country," they successfully weaponize patriotism. In other words, they perform the role of the "good person" who is defending the nation, while simultaneously spreading public speaking that demeans and divides. The ensuing rage, therefore, is not shame over their historical sin; it is fury over the failure of the performance. They are not ashamed of the bad actions; they are enraged that their

opponent refuses to be fooled by lies and disguise.

Silencing the Opposition: The Power of Cognitive Dissonance

This entire defense mechanism is rooted in the attempt to alleviate sensitive disagreement, and the severe psychological discomfort of holding two contradictory beliefs simultaneously, which is as following: "I am a good white person, and this country is great" AND "This country was built on violence, and my wealth is tied to systemic oppression." To protect the first, more comforting belief, the aggressor attacks the second piece of contradictory evidence and the person who is presenting it. Therefore, Donald Trump's role is not just to speak for his followers, but to validate their decision to ignore the truth. His aggressive speech confirms to

his base that their beliefs are under "attack," thereby justifying their hostility and allowing them to:

* **External Justification:** Blame the critic (that is, the Black person) rather than the historical fact.

* **Trivialization:** Downplay the importance of slavery and conquest ("It was a long time ago," "It was the norm").

* **Social Support:** Reinforce group identity by creating an "us vs. them" narrative, where loyalty is proven by the ferocity of the denial.

The silencing is the ultimate victory. If Black people are intimidated into submission, it means that the aggressor has successfully protected their performance of virtue, secured the legitimacy of their power structure, and ensured that the profits of conquest remain unchallenged. The true

"hate message" lies in the aggressive act of trying to enforce this silence.



cannot be silent. Speaking the truth is not hate; it is resistance. And resistance is the only way to break the cycle of intimidation and reclaim the narrative.

Conclusion: Silence Is Compliance

Donald Trump's hate speech is not just public speaking: it is a defense mechanism. It is designed to intimidate, to silence, to force compliance with a lie. The paradox is clear: they want the honor of being remembered as good, without doing good. They want the crown without the kingdom, and the applause without the performance. But truth-tellers