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WAKE UP: THE MENTAL HEALTH EMERGENCY THAT WE ARE IGNORING

Expose the Root Problem: A System Designed for Profit, Not People

May 22, 2025 – Leadership That Refuses to Lead



Have you ever noticed that if someone is about to commit suicide, you can call 911 and they will immediately send help? Hotlines even tell you, “If this is an emergency or if you are having thoughts of suicide, hang up and call 911.” That shows something important to us, which is suicidal thoughts are treated like a major emergency — just like a gunshot wound, a fatal car crash, or an explosion. But not every physical

injury needs immediate emergency care. Some injuries can go to urgent care; moreover, some people may wait longer, but they are still seen and helped. The same should be true for mental illness. If a person is not suicidal, but they are suffering mentally, they still need care. If someone were unconscious on the side of the road, you would not walk past them, because they are not bleeding out. You would help them, because that is what being human means. Mental injuries deserve the same level of response and care. Yet today, if you call 911 and say, “you are mentally unwell but not suicidal”, they often tell you that they cannot help you and hang up. Even worse, we walk past thousands of mentally ill people who are living on the streets, and suffering right in front of our eyes, and society has become numb to it. Mental illness is treated as normal; nevertheless, it is not normal. It is a sign of a nation that is spiritually and morally sick.

How can we call America “great” when we leave behind the most vulnerable, and when there is no real emergency system to help them? How can we not declare a national emergency right now? And understand this! Most of these people are not mentally ill because of some random birth defect; they are the products of an environment that we created.

Notice how creation is in harmony with us, and it gives everything to us that we need. In other words, the sun, the moon, the water, the earth and everything else that is pertaining to life were created to assist us instead of to compete against us. Yet we designed a society that is built on competition instead of cooperation. People work not to serve others, but to survive and outdo one another. The objective of most jobs is to make money to help self instead of others. And this constant stress is literally breaking minds. Look even at criminals! Their lifestyle is filled with fear, anxiety, and pressure, because society resists their actions. It is a stressful way to live; therefore, over time, it crushes the mind. Competition does the same thing! Living every day fighting to beat others, to “win” in life, is stress that wears the soul down. Yet society say, “Competition is healthy.” If that is true, why didn’t God create the universe as a competition? Why didn’t He set the sun, moon, and stars against us like obstacles in a contest? God created life in harmony to work with us

instead of against us. He intended to have a peaceful relationship with us and between us instead of a world built on war, rivalry, competition and selfish ambition. We must wake up! Mental illness is not a random problem; it’s a mirror, which shows a system that we built is sick. If we truly want to heal the people, we must reform the environment that we made. We must return to unity, peace, love, and service, which is the design of life itself.

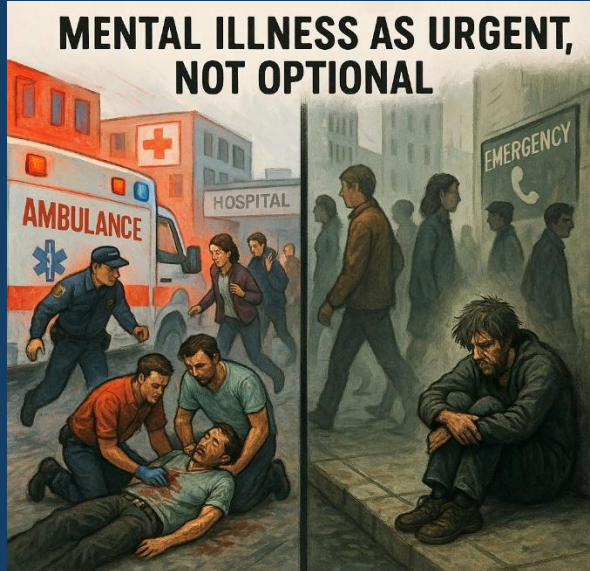
1. Expose the Root Problem: A System Designed for Profit, Not People

Mental health care, like much of health care in America, is often treated as a luxury instead of a right. There is more money to be made for managing suffering than for healing people, for example:

- Hospitals, pharmaceutical companies, insurance companies, and even private mental health services make massive profits off human pain.
- The longer people stay sick — physically or mentally — the longer the “customer” keeps paying.
- Healing is bad for business in this system.

Therefore, this system was built by politicians, corporate lobbyists, and profiteers who have prioritized profit

over people. If we lived in a society that truly focused on health, mental health services would be free and proactive, just like the sunlight and rain are free from God. Instead, healing is rationed based on your ability to pay.

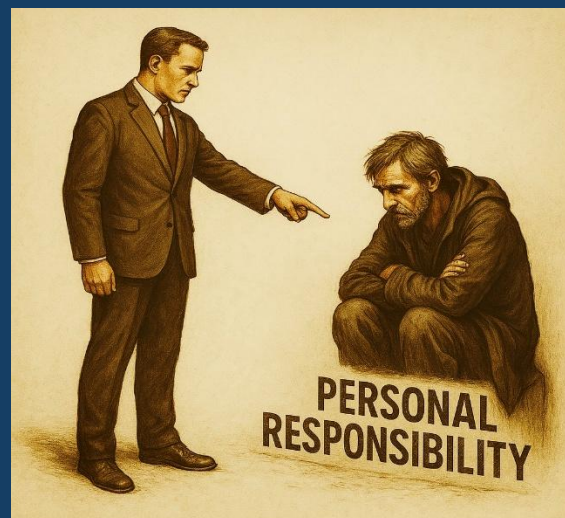


In America, mental health emergencies are treated differently, which is based on who you are, for example, if a wealthy person has a mental health crisis, they are taken to a clean private hospital. Nevertheless, if a poor person has a mental health crisis, they are handcuffed, criminalized, or left on the streets. We criminalize the mentally ill when we should be caring for them, because many homeless people in America are mentally ill veterans, trauma survivors, or abandoned children who grew up without support; in other words, they are people who once believed in the system and were discarded when they

became inconvenient. This is systemic neglect, and it is deliberate.

3. Expose the Cultural Brainwashing: Normalizing Stress, Glorifying Competition

We are taught from childhood: life is a competition, you must outwork, out-hustle, and outperform everyone else to survive, and only the strong survive. Nevertheless, this is animalistic thinking, that is, survival of the fittest instead of human thinking. Humans are designed for community, cooperation, and mutual aid. The constant competition is unnatural stress, and it makes us sick, because it violates how life was designed to work. Those in power know this; in other words, they know if we are always fighting each other, stressed, depressed, and isolated, we are easier to control and less likely to unite against the real problems.

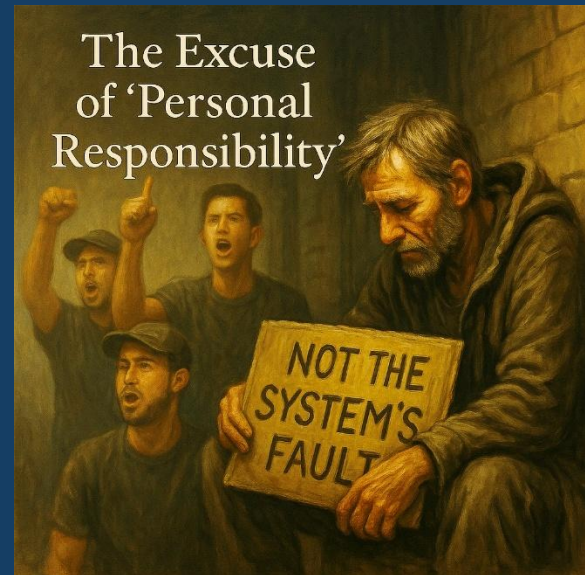


The people who are most responsible for fixing these problems are politicians, corporations, and the media. Yet they refuse to take real action, because it is not politically profitable, it is not financially profitable, it does not boost rating, and it would force them to admit that the system, which they profit from, is the cause. They create slogans, awareness months, hashtags, but no real change. They use “mental health” as a marketing tool without doing anything to actually heal society. Meanwhile, everyday people continue to suffer, and millions slowly break down while leadership poses for photos.

5. Take It Deeper: Life Was Not Created for This

Finally, I have already touched this beautifully; “God’s creation is peaceful”. The sun does not fight the moon. The river does not compete with the tree. Nature is not in an endless battle against itself but in harmony. Humans invented the idea of competition and destruction to serve selfishness. In other words, we turned life into a war. We made survival stressful, and we made kindness optional instead of the standard. Until we realign with the natural design, which is based on love, peace, unity, and care for one another, mental illness will continue to rise. Therefore, if we truly want to heal, we must stop

glorifying competition and start honoring cooperation; we must stop ignoring the sick and start loving them; we must stop serving money and start serving people; and we must stop waiting for corrupt leaders to fix it and start living the truth for ourselves.



The Problem of Men in America

Another major obstacle that we face is the mindset of men. When you raise the alarm about this broken system, which is causing mental health, men will remain silent and do nothing. Yet they often rush to defend the very system that is destroying them. They proudly celebrate sports, competition, nationalism, and pride, while ignoring the mass suffering all around them. They love the games. They love the teams. They love the flags. Nevertheless, they do not love solving real problems. They show up in crowds for games, concerts, and political rallies, but they do not show up for the

suffering, the broken, the abandoned, and the mentally ill. Where are the gatherings of men to heal the nation? Where are the teams of men to repair broken spirits? Where are the huddles to defend the helpless instead of a ball? They have been trained to defend entertainment and ego rather than defend life.

The Excuse of “Personal Responsibility”

When you challenge men about this, they often fall back on the same tired excuse; “It’s the individual’s fault, not the system’s.” This mindset protects their comfort, protects their games, and protects their denial. It allows them to feel strong while doing nothing. It shifts the blame onto the weak, the suffering, and the defeated instead of confronting the real enemy, which is the system that raised them to compete instead of care. Of course, not every man is like this. There are men who see the truth. There are men who feel the burden. But they are rare, because the system raised men to worship strength, winning, competition, and pride instead of humility, healing, service, and compassion. The average man has been trained to feel like caring is weakness and competing is strength. In reality, the opposite is true. In other words, real man fights for the weak, heals the broken, and stands for peace instead of games. The truth is simple and painful, which is, the system is not

just broken; it has broken the people so badly that they defend it.