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ObamaCare or ObamaControl

The Illusion of Power: When Politics Fight for Itself Instead of The People

By Love

November 6, 2025 – Breaking News: The Reason for The
Shutdown

After observing the results of last night's elections, a clear pattern emerges, which is, the media erupts with headlines to celebrate victory after each election cycle; nevertheless, the victory is not for the people, but for political parties, e.g., "Democrats reclaim control," "Republicans surge back," "A comeback for the Left," "A red wave rises." These declarations are not about improved lives, restored dignity, or economic relief. They are about who holds power instead of how that

power is used. This pattern is ritualistic. When Democrats win, the media frames it as a triumph of progress. When Republicans win, it is a return to order. But in both cases, the people remain spectators. The conversation never centers on what was done to earn public trust, and the media rarely, if ever, ask the most important question: did this make life better for ordinary Americans? The focus is merely on who outmaneuvered whom. Therefore, the celebration of elections has shifted from

progress to power, that is, who controls Congress, who gains influence, and who gets the narrative. The people, those who bear the consequences of political decisions, are secondary.

This pattern is not new. Regardless of which party regains power, the media's coverage always frames it as a win for the party instead of the people. Policies are debated not in terms of public benefit, but in terms of political leverage. Elections have become exercises in outmaneuvering the other side instead of serving citizens. This illusion is not just misleading; it is oppressive. It reduces governance to a game, where the scoreboard matters more than the suffering. And in 2025, this illusion has reached its most devastating form: a government shutdown that punishes the poor, the working class, and the

vulnerable, while both parties defend their symbols instead of the people. Since the clearest example of this is the ongoing government shutdown, allow me to direct the conversation to the shutdown. Both parties historically make last-minute compromises to avoid a shutdown, because the consequences would be worse than compromising a few points. Yet this time, the Democratic Party refuses to compromise, and it is not because they are protecting the public. The reason is Obamacare.

Obamacare, the hallmark of the Obama administration, is defended as if it were a shield to protect millions of Americans. Democrats claim that rolling it back would be catastrophic, that millions would lose access to healthcare, and that public suffering would skyrocket. But step outside their narrative:

these claims exist mostly on paper, not in the lived reality of Americans, because federal law already mandates that hospitals cannot deny emergency care. Patients receive treatment regardless of their insurance status. The real challenge has always been the cost, not access.

Obamacare became the government's vehicle to cover these costs, moving money through a complex system that benefits institutions and creates political leverage for the party. It is not primarily about solving people's problems; it is about protecting a legacy and a system of spending taxes.

Many Americans experience Obamacare firsthand and are frustrated by it. The system often limits choice, dictates routines, and enforces sign-ups that feel more beneficial to the government account and covering your too expensive medical bill than to individual patients. People are still complaining about healthcare, and yet the media and

Democratic politicians insist it is a triumph. In reality, few people report satisfaction with the system; it is a talking point instead of a lived benefit. Even more revealing is the Democratic Party's refusal to propose meaningful improvements or alternatives. They admit that Obamacare has flaws, but they will not negotiate or suggest compromises, even when the public's welfare is at stake. Instead, they issue warnings of disaster, that is, if the system is altered, knowing full well that the federal government would find alternative solutions, because it always must by law. In other words, if Obamacare were repealed tomorrow, hospitals would continue providing care, and the government would find a way to cover costs. The public's needs are inevitable; the party's narrative is not.

Meanwhile, ordinary Americans suffer. Food stamps, paychecks, and daily expenses are impacted by shutdowns, yet media

coverage and political statements focus on the “fight” for Obamacare as if it is the central crisis. The contradiction is stark: the Democrats claim to fight for the people, yet their actions prolong harm for the people, all to protect a signature policy. Pride and political legacy have become more important than lives, livelihoods, or common sense.

This is not about Democrats or Republicans; it is about a system that elevates party over people. Both parties engage in the same game: they fight, maneuver, and defend their symbols of power while ordinary citizens bear the consequences. Elections are framed as victories for parties, shutdowns are framed as crises for ideology, and policy debates are framed as political theater. Meanwhile, the public struggles with high prices, rising housing costs, underfunded schools, and stagnating wages. The public’s concerns are rarely represented. Ordinary

Americans discuss tangible, everyday hardships, e.g., gas prices, rent, education, healthcare access; yet media coverage centers on political narratives, leaving the public feeling unseen and unheard. When the Democratic Party or the Republican Party frames an issue as existential, it is often more about protecting a political signature than solving a human problem. This illusion undermines accountability, allowing politicians to hold power hostage while the people suffer.

To be clear: this is not an attack on the concept of policy or governance. It is an exposure of the system’s priorities. My goal is to shift the focus back to the people. Public policy should address real-life concerns: affordable housing, accessible healthcare, fair wages, and equitable education. Instead, we are trapped in a cycle where power, legacy, and media framing dominate the conversation, while Americans

wait for solutions that may never come. It is time to recognize this pattern and demand better. Political parties should be accountable to the people first instead of their own legacies or narratives. The shutdown, Obamacare debates, and election victories are opportunities to test this accountability. If the parties refuse to compromise, fail to propose improvements, or put pride over people, the public suffers. Highlighting this is not partisan—it is human.

The real victory is not which party controls Congress or passes legislation for legacy's sake. The real victory is ensuring that policies, budgets, and political action improve the lives of Americans, especially those most vulnerable. Until the public's well-being is central to political decisions, elections and debates remain an exercise in illusion, and

Americans remain spectators of a game designed for power instead of for the people. My conclusion is as following: this article is neither for the Democrats nor the Republicans. It is for the people; in other words, it is for the mother who lost her SNAP benefits. It is for the federal worker who missed their paycheck. It is for the family whose car was repossessed. It is for the child whose school lunch disappeared. It is for the citizens who signed up for Obamacare and found no better care. Moreover, this is not a partisan critique; it is a call for clarity. The shutdown must end. The suffering must stop. The symbols must fall.