Spiritual Gold

JOHN 10:10 & 3 JOHN 2

We know of gold, that gleaming treasure coveted through the ages. We've also deemed oil as "black gold" for its transformative value in the modern world. But today, I present to you, which is an even more priceless treasure: spiritual gold. Notice how much emphasis that society places on energy, because energy is a cornerstone of our lives. Now there are all types of energy: electricity, oil, solar, nuclear, and we marvel at the power that is derived from energy. Therefore, energy headlines dominate the news with endless reports on its value and innovation with it, and fortunes are built on controlling it. Yet, amidst all this, we often overlook the most vital, valuable, and extraordinary form of energy, which is your own personal energy.

Think about it: the energy that you invest in your work, your relationships, and your dreams—how incredibly valuable that is! The more intricate and demanding a task is, the more your expertise and effort are required, and the more energy you must dedicate. The world respects and pays dearly for skilled labor, intricate craftsmanship, and bold creativity. Therefore, that makes your energy to be very expensive; yes, your energy is luxury-level valuable. Now let's address the absurd elephant in the room: why waste such precious energy on cheap, worthless endeavors like worrying, anxiety, fear, cruelty, and being mean. None of these have any real value. You can't buy anything with them. You can't build anything with them. You can't trade them for anything worthwhile. They are utterly useless.

You're allowing these petty thieves to rob you blindly. Imagine spending premium jet fuel to power a rusty lawnmower, or what if a stranger walked up to you and demanded \$500 for nothing, would you just hand it over? No! Yet when stress, negativity, and fear demand our energy, too many people just give it away without even questioning it. It's just ridiculous! These empty activities don't deserve the time of day, let alone the treasure trove of energy that you uniquely possess. Talking about bad investments! People invest in stocks, businesses, and real estate, which are things to yield returns. But when people invest their energy in worrying, bitterness, and drama, what's the return on that investment? Nothing. Worse than nothing; it's like putting money into a stock that's guaranteed to fail and then wondering why you're emotionally bankrupt.

But here's the trick; just because something demands your energy, it does not mean that it deserves it, for example, Anger! It wants your energy. Fear! It wants your energy. Pride, Resentment, and Pettiness? They all come with their hands out like beggars on the street, demanding you to pay up. But are you actually getting anything of value in return? One of the greatest secrets to peace is this: energy is most powerful when you control where it goes. You don't have to respond to every insult. You don't have to entertain every distraction. You don't have to fight every battle that invites you. Imagine how much more peace that you would have, that is, if you stopped pouring your spiritual gold into black holes.

So, if wasting energy is foolish, where should we invest it? (1). In peace—it multiplies. (2). In love, since it reciprocates the energy back to you. (3). In purpose, since it changes the world. (4). In wisdom, since it elevates your life. Instead of being an energy spender, be an energy investor. If something doesn't bring growth, peace, or purpose, it doesn't deserve your spiritual gold. Period! Therefore, here's the golden truth: if your energy is rare and

expensive (and it most certainly is), treat it as such. Use it wisely, with intention, and reserve it only for what truly matters.			