

U Unforgettable Experiences

U Unforgettable Ex.



Flower

DIARY

CORPORATE

No one should feel old until
they are 100

Executive Diary

U are never too old
to start feeling young
nor too young to keep yourself
from aging prematurely

One foreigner challenged Swami Ramenand Teja
saying "God is NOWHERE".

Swami broke the word to say "God is NOW HERE"
No doubt - God is everywhere - But - when
in difficult life is a "Flat-Tyre" to us then
we don't sit quite right saying God is everywhere
but we stand to act - to get it "inflated"

If I can ease any one's life
that is aching,

or Cool any one's pain,
or help one fainting ROBIN

unto his nest - once again,
I shall not live in vain

EMILY DICKINSON

PV R @ hell volume 2000

PERSONAL PROFILE

PERSONAL

Name :

Address :

Telephones (Resi.) :

(Cell) :

Blood Group :

BUSINESS

Company's Name :

Address :

Telephones : (Off.) :

REMINDERS / RENEWALS

LIC's :

Medical Insurance :

Home Insurance :

Car Insurance :

IMPORTANT CONTACTS & INFORMATIONS :

Physician :

Solicitor :

Chartered Accountant :

Bank Manager :

Insurance Agent :

Travel Agent :

Income Tax No. :

Banker : 1)

2)

IN CASE OF EMERGENCY PLEASE INFORM :

Name :

Address :

Telephones :

Allergies :

Eye Sight :

Driving Licence No. :

Passport No. :

Car Registration No. :

Identity Card No. :

Credit Card No. :

Works :

Fax No. :

E-mail No. :

Website :

Pager :

Birthdays :

Anniversaries :

Social :

Company Function :

Ambulance :

Garage :

Electrician :

Restaurant :

Airport :

Club :

Taxi Service :

A/c No. :

Relation :

Cell :

Family Doctor :



one of the best movies
one I have ever seen

to qualify :-

Give a Handful
from Ur Pen

to those whose hands
are EMPTY
Be a Luck

5) Worldly Solitude

6) Great Magnitude

7) Reverential
of valitude

Vivekananda

5/1/20

Electrician : 5/1/20 - 25 0000

Restaurant : 5/1/20 - 25 0000

Airport : 5/1/20 - 25 0000

Club : 5/1/20 - 25 0000

Taxi Service : 5/1/20 - 25 0000

A/c No. : 5/1/20 - 25 0000

Relation : 5/1/20 - 25 0000

Lost & Found, please return or inform

UNFORGETTABLE EXPERIENCES

01

TUESDAY

IN MY LIFE

I have come across a few situations which I consider as a few unforgettable experiences in my life, which I tried to scribble out in the following pages

- 1) Bhagavatsa Mandalay on a NJ university
- 2) Thanks giving Day
- 3) Our Religious Moorings
- 4) Non-Resident Indians
- 5) Universal Religion
Universal Brotherhood
- 6) Upanayanam + Pankhi Bloganams
- 7) Dharna
- 8) If U have 10 mts to spare + 2 liqueur for Vanan countries
- 9) Quick Judgement

NOTES

MTWTFSS MTWTFSS MTWTFSS MTWTFSS MTWTFSS MTWTFSS
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29

FEB
2008

10) What Ur Mobile phone number means

①

Bhagavat-Gita

03

THURSDAY

Bhagavat-Gita is a book that describes the fundamentals of YOGA, in addition to many other facets of life, with a traditional context of ancient India, but the knowledge itself is translational.

It is a Hindu equivalent of the BIBLE, but without any religious compulsion. I myself have read through it and got by heart only the first chapter in my school days and got a gift ⁱⁿ the shape of a "Bhagavat-Gita" itself, but understood only a tiny part of GITA, but feel that it has a universal message to people throughout the world. Particularly when there is a struggle for life as we see

M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	FEB
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in today's world when sustainability has become a major issue

11) TEN extraordinary people

02

JANUARY

12) My favorite TV show - JEOPARDY

WEDNESDAY

WK 01 • 002-364

2008

13) FIFTEEN Great Thoughts

09

10

11

12

01

02

03

04

05

06

07

NOTES

(X) Make
economic
environmental
political
social

JAN
2008

S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			

Business is not a hedge against —
Life's "MEANINGLESSNESS" as ^{TIM says} MARK REIDER
Indeed it gives life the MEANING it deserves
People who view with a negative lense regard it
as a self imposed life force to which
we are all addicted to, an existential
rationalisation against life's EMPTINESS
But this negates the Beauty of Business —
elides its elegance

The apostle of BUSINESS & Philosophy of MEANING
ALBERT CAMUS seems to have seen the truth of
BUSINESS in his mind in the "MYTH of SISYPHUS"
INCREDIBLE. One of God's Jewels can reverse
The largest flower in the world bloom on BLANCO
2 meters high & weigh 75 Kgs. It has VERACRUZ
the peculiarity of blooming only 3 days once MEXICO

POSHAD 25 (Of the 27 Yogas one is named as POSHAD 25)
When all these 3 occur of the 11 Karanas one is called as BHAVA
together, the day is said to be SHILAGY with
fine & good lasting RESULT of the 7 week days, 25/26/27 on Wednesday

C Consider
A All
R Religious
E EQUAL

TRUE FRIENDS are those
Who care without Hesitation
Remain without LIMITATION
Forgive without an Explanation
Love without any communication
I LOVE + BE LOVED

is an independent Catholic University under the Archdiocese of NEWARK (NJ) founded in 1856. Where the study of Bioquest Eula has become mandatory for every ~~the~~ student joining the university from this year (2008)

One of the professors of School of Business ~~himself~~ (who) he spent to meet during one of my visits to New Jersey) says "This is UNIQUE. Nowhere there is a University Life Core program because the colleges themselves decide on core courses. Oppose the University imposing Core courses. But SEATON HALL decided that all students should learn the Core Courses"

Nearly $\frac{1}{3}$ rd of the
Seaton Hall's > 10 000 students are
nonchristian. Many non catholics study there.
It has a significant no of christian students
from India. The Core course of GITA
is for all students; therefore to discipline
Seaton Hall wanted to establish its identity
by differentiation from other universities
& decided to develop its own
brand of University wide Core Curriculum.
Because the Bible teaches only one way &
so the core committee decided that the students
should learn from other disciplines as well &
suggested other philosophies like Vedas & GITA,
besides Dante's DIVINE COMEDY and
others as well.

The faculty consists of Muslims, Jew, Buddhist in addition to Christians. There were some suggestion to include KORAN as well as Dante's DIVINE COMEDY as P/O Core courses. In addition, individual distinction / professors may add other subject material as well. Freshmen study LITA in the first semester and it is part of a Three credit course. The prescribed book is "Bhopal LITA" by Stephen Mitchell. Nine of the ^{teaching} staff are Hindus for India. The pilot course was started during last year. The students love the subject very much. Aman, a former student of India since 1972 lives for SEATON Hall since 1983. He works as a

"On Thanksgiving Day, all over America families sat down to dinner at the same time" ⁰⁹
 of Thanksgiving did not exist. ¹⁰
 It would have to be invented". ¹¹

Life, by definition of the divine plan, ¹²
 is full of challenges & potential for a ⁰¹
 great growth. And this year is no exception ⁰²
 with greater challenges & frustrations ⁰³
 affecting everyone. ⁰⁴

Thanksgiving is the annual reminder, ⁰⁵
 the annual wake-up call — to remind you ⁰⁶
 that the goal of life is not — something like ⁰⁷
 "the goal of life is ~~not~~ whoever has the Most Toys win" ⁰⁸
 Perhaps the present situation is bigger than a ⁰⁹
 ordinary wake-up call "to help us reassess our lives" ¹⁰

Luxuries & material

oods are certainly a blessing but all
of us should feel Thankful for,
especially if we look back. at how
radically we have advanced since the
time ~~then~~ our grandparent were born. But
they are to be used to help elevate us as
humans, not lower us - as they often do.

Today is a day where we hopefully focus
on being THANKFUL for precious things
in our life - big and small -
which make our lives worth living.
But what about TOMORROW? If
you really want to learn the lesson of
Thanksgiving, then it is essential or even critical
that we should adopt a Thankful attitude in our life.

Thanksgiving ATTITUDE

When you focus on God-given gifts & appreciate what you have been given, you are leading a THANKFUL LIFE. When you get up early in the morning & jump out of your BED & are thankful that you are ALIVE, then you are also leading a THANKFUL LIFE. Similarly, when you ^{are} sincerely grateful for your health, for your family & friends, for your job & sustenance, you are leading a Thankful Existence. Don't worry if you want more than what you have. But don't forget to be thankful for what you have & when things are going well for you even when they are challenging, your perspective brings happiness to your life. There right

JANUARY

2008

WK-04 • 022-344

ON PATRIOTISM &

our Religious Feelings

22

TUESDAY

As One American I decided to go around
 the world & visit all religious places to
 understand their religious meanings.
 In the first instance I took a trip to China.
 I visited a ^{famous} Church & started taking a
 few photographs when I noticed a golden
 telephone mounted on a wall, with a
 signboard too read: "\$10,000 per call".
 I was curious to contact. Priest who
 was standing around & I enquired the phone
 was used for. The priest said that it
 was a direct line to heaven & that for
 \$10,000 you could talk to God directly.

NOTES

Next stop he was in Japan where also he had
 to notice a // phone @ \$10,000 per call to
 reach God directly.

MTWTFSS	MTWTFSS	MTWTFSS	MTWTFSS	MTWTFSS	MTWTFSS	FEB
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2008

WK-04

024-342

I have travelled to Pakistan, Russia
in Lanka, Germany & France in
every country, he says the same golden phone
with the same slogan "10,000 per call" & so

On return to India, I visited the
first dune place including a church
with the same golden telephone, but
with a different sign "One Rupee per call"

I was surprised to see the wide gap
enquired from the local priest
ask: "I have travelled round the world
including US where I find the direct line
to God cost \$ 10,000 per call. Why so cheap
The priest smiled & answered "You are in India
I am therefore proud" "It is a local call here
a Hindu is in India" & then I...

Universal Religions:

In our daily life, we hear slogans like Universal Brotherhood & how societies land up in implementation of this universal thinking.

I remember an old story, taught by my maternal grandfather in my early days.

There were two brothers, habitual drunkards who decided to drink wine one night without being noticed by other family members. Unbeknownst to their uncle, who was very orthodox. Before starting their first drink, they agreed on a common understanding mutually agreeing "we must be very silent, otherwise we will get up". Still as they proceeded with their drinking they continued repeating to each other:

Universal Brotherhood

FEBRUARY

02

2008

WK-05 • 033-333

SATURDAY

In the process, the pitch of their slogan "silence - silence" kept increasing to such a high degree that they would finally, woke up and entered them to see them drinking & gave them the usualy giggling etc".

Similarly in the case of Universal Brotherhood also, we keep shouting at the top of our voice "We are all equal, let us make a SECT".

As soon as you may see, you protest against equality inside the sect as well as there is no "Equality" no more.

Mushins also speak of Universal brotherhood when to joint congress cabinet, but in reality what becomes afterwards. So, really this is not a muslim can not be admitted

NOTES

Sunday Christians also talk
 of Universal brotherhood,
 but any one who is not a Christian
 must go to that place where he will be
 externally banished.

I have seen that it is hard to find
 any universal features in regard to
 Religions & yet we know they exist.

You also realize that we are all
 human beings. & that we are also equal
 like the same set of 2 hands, 2 legs,
 one nose, one mouth etc etc. ^{2, ears}

But we certainly are not equal in ^{weight} ^{height} ^{length} ^{breadth}

NOTES
 We are all equal in our brains & thinking
 One member more brainpower & intelligent
 but another is not

2008

WK-06 • 036-330

if we are all equal,

Why is there so much of unrest & fighting

Because ^{some of us} ~~we~~ have more power / less power

Which makes lots of difference

Yet we know the doctrine of Equality

appeals to our heart.

The unity of Sameness or identity

can only exist when the human is destroyed

Otherwise such a thing is impossible

Not only that, it is dangerous to have it.

No two persons can think & act alike.

Unless we are Egyptian Mummies

in a Museum. Looking at each other

without thinking or talking. It is

the dehumanization which is the soul

gone. No thought & sign of any progress.

Sunday evening

Religion is shipping ~~to~~ ^{to} arrive at the realization
 of God & every vision of truth. The Man has
 is a vision of Him and none else.
 Suppose all goes go into a vessel to
 fetch water from a lake. Naturally the water
 takes the form of vessel carried by each.
 be it a cup, a jar or a vessel.
 Sunday. In the case of religion, our minds
 are in the shape of these vessels. & each
 of us are trying to realise God in ^{our} own way.
 God is like the water filling those
 different vessels & in each case
 the vision of God comes in the form of
 the vessel. Yet God is one and only ONE.
 He is the only universality that we can get.

NOTES

Come to the religious of 90%

there are thousands of varieties of Men & their personal inclinations. A homogeneous generation is impossible. But for our practical purpose, let us divide men & categorize them into four classes:-

FIRST There is the Active MAN, the worker. Who wants to work because he has tremendous energy in nerves & muscles. His aim is to work; to build hospitals & do charitable deeds etc.

Secondly there is the EMOTIONAL MAN. Who loves the sublime & the beautiful. He loves to think of the beautiful & to enjoy the aesthetic side of the nature & adore the love of God. He is not

NOTES

notes about other aspects of men!

2008

WK-07 • 043-323

The MYSTIC MAN

III) Then there is the Mystic whose mind
wants to analyze its own self &
to understand the complex human mind.
He is ^{an} the focus looking for human mind
& how to manipulate his things to
have control over the decisions &
judgments before proceeding to any action.

IV) There here is the Philosopher
who wants to weigh everything &
use his intellect even beyond the
possibilities of human philosophy.

He has his own theory & philosophy
& he wants his results to be
based on sterile thinking. The results
are limited & so on.

NOTES

in all these four directions, is my ideal
of a Universal Religion. & This
type of religion ^{can be} ~~is~~ attained only in India

To the Worker, it is the union between
MAN & the rest of the humanity;

To the Mystic, it is the unity between
higher self & lower self

To the Lover, a unity between
himself & God

To the Philosopher it is the union of
all types of Existence

This is what is meant by YOGA

This is a Sanskrit-term & the

NOTES

four directions of YOGA in diff. names.
The man who seeks union through love

is called a Yogi

Come here to

the attainment of his realization. Yoga
here is a method of union for all.

1) KARMA YOGA explains the secret
of work & how to employ mind
to greatest advantage with min effort.

2) Bhakti yoga for emotional nature.
He wants to love GOD the LOVER!
He relies on religious methods.

3) Raja yoga

4) The lastly come to JNANA YOGA.
The thinker & philosopher wants to go
beyond the visible. He is the man who
is not satisfied with the little things of this world.

NOTES

2008

WK-08 • 052-314

He wants to go beyond the daily routine
 of eating; drinking & so on.
 NOT even the science & technology
 of the modern day research.

(Take for example) a story:
 There are two birds on a tree top.
 The one on the top is calm, silent & majestic
 is immersed in his own glory. While
 the one in the bottom is happy & miserable
 by turns. After a time the lower bird
 eats a bitter fruit & gets enmeshed
 with the bird above. The eating of fruit
 sweet & bitter by turns was a Vani Chimera
 was a dream; because the real bird was
 there above enjoying the bliss of nature

The worker is called KARMA Yogi

09

The one who seeks
unity through Love is called BHAKTI Yogi

10

The one who seeks unity
through Mathematics is called RAJA Yogi

11

12

01

The one who seeks unity
through Philosophy is called JNANA Yogi

02

03

^{This} So, Yogi Comprehends of all the above (3)

05

SUNDAY 17

The first test of true teaching

06

must be true teaching & not contradictory
reasoning. This is the basis of all Yogas.

07

& the method of acquiring knowledge
through concentration.

NOTES

2008

WK-08 • 054-312

The upper bird is God
of the Lord of the universe

The lower bird is the human soul,
eating the sweet & bitter fruits of the world.
Now & then comes a heavy gloss
of nature to the soul. For a time,
he stops eating & he goes to unknown God.
He thinks that the world is a vain show.
Yet again, the sense drag him down
& starts eating the bitter fruit.
He becomes exceedingly hard & cold.

SUNDAY 24 Once again, his heart gets open
to divine light & finds his self melting away.
When he comes near enough,
then he realizes that he is no other than God.
He exclaims in jubilation:-

M The man I described 26
TUESDAY

as the LIFE of the universe"

as they move present in the atoms
as he is ~~in~~ the sun or Moon
going round the entire universe.

He is the basis of our own life
the SWL of our soul.

Now There are That

This is what name yoga teaches

It tells MAN that he is entirely
essentially DIVINE. It tells us

the humanity ~~about~~ in real world writing.

Temp + each one gives 6 to 200

God, Himself, manifested on earth.

the gals, from forest ant tree crowns under
an feet $\frac{1}{2}$ highest being be back up as KING

The event of Upanayanam derived its name from "Upa - NAYANAM" which means an extra or Third EYE for the human being taking the rigorous exercise which takes him to an elevated society with a higher outlook of life. Outside India it is known by a different term "SACRED THREAD" which the individual wears for the first time in his life, after attaining his manhood. Additionally, the ceremony has to be performed to mark the point at which the boy begins his formal education but - not a day, it is by & large performed one day before his marriage.

Upanayanam is required to be performed
 when the boy is old enough to chant a Mantra
 & is able to understand significance of Anushtetan.
 The word "Upanayanam" means taking/leading
 of the student near the guru for Brahmapadash
 Upanayanam is the initiation of the boy (2) into the
 & is a prelude to Bachelorhood. It is one
 of the Sanskars which reconstruct the personality
 reform the mind, purify it & rebuild it.
 It makes the person a DWITA (means TWICE BORN)
 The criticism is done due to the hypodermis of Gayatri
 Mantra is a prayer that calls upon the glorious power
 that pervades the SUN & the 3 worlds to arouse,
 to awaken & strengthen the INTELLIGENCE
 so that it may lead to Intense Sadhana

[On Hinduism]

The Ceremony is to be performed
at least 5 years of age from Brahmin
Vara at least - 13 yrs from Kshatriya Varu
and at least - 17 yrs from Vaishya Varu

The youngster is taught, during the Ceremony,
the secret of life through BRAHMO PADESHAM
(revealing the nature of Brahman
or the ultimate Reality)

and GAYATRI MANTRA, extending to
purpose of life

The youngster then becomes qualified
for life as a student or Brahmachari
as prescribed in MANU SMRITI.

This further entitles one to study
Vedas & practise worship of Sun God
as prescribed in Manu Smriti.

Orthodox Hinduism

do not extend this facility or ritual
to a girl Cadet in the present Kolfer
Bout some sects under ARYA SAMAJ cult
perform the ceremony on girls too.

Based on this ritual which elevates
the individual to a higher pedestal,
Brahman, Vyasa & Kshatriyas are called
DWIJAS (Twice born). Children of
these castes are born once in the womb
of the mother Jagadimphlanayemom
when he learns Gayatri Mantra by heart.

"OM BHOO BHUVASSUVAHA

TAT SAVITUR VARENYAM

BHARGO DEVASYA DHEEMHII

DHYAYO YONAH RA CHODAYAATH

WK-10 • 068-298

The hall mark of

Having gone through the Upanayanam
Ceremony, is the wearing of a sacred
Thread (called YAGNOPAVEETHAM)
on the body ~~from~~ a cross from the ~~right~~
shoulder to the Right of the abdomen.
literally / amsumph called a CROSS BELT
this is a Circular Thread, being tied
end to end (only one knot is permissible)
It is usually supported on the ~~left~~ shoulder
in a SAVYA (right position) and
wrapped around the body, falling under
the right arm. The length of the Thread
is generally 96 times the breadth of 4 fingers of MAN
which is believed to be equal to his height.
It has three folds (actually one thread, folded thrice
& tied together each consisting of three strands

The length of the thread

is believed to be approximately equal to his height

Each of his four fingers represent—
one of the four states of the human soul

namely :- Waking

Dreaming

dreamless sleep &

Knowledge of the Absolute

The three threads represent:

Godless GAYATRI (Godless of the HEART)

Godless SARASWATHI (Godless of WORD)

& Godless SAVITRI (Godless of DEED)

Which means to say:-

Let a person wearing this Yagnopveetam
should be pure in THOUGHT, WORD & DEED

They also represent the debt - the individual
owes to his guruji; parents & society

This sacred Thase

recommends a Brahminical way to lead a regulated life with purity in Thought -

This second thread is to be DEED

Work for the rest of one's life

after the ceremony was performed.

Engineer This Thread is replaced by new one
(or Remove it gets worn out & damaged)

on the SRAVANA PORNIMA day or
on any auspicious day

on any auspicious day
rather than when the occasion demands

The change over Ceremony preceded by
an authorized broadcast gun series

as per the Hindu Lunar Calendar

Among Hindu Brahmins also, the date +

ntial varies depending on force

Rede & Roks one help to (Dravida or Vēṅgi or Mūlakaṇḍin etc)

In the Vedic period, not only boys, but also girls, were said to have been initiated to Brahmacarya

through "Upanayana samikaram"

According to HARITHA SAMHITA, girls are stated to have studied Vedas & were known as "Brahmavadinis" (women well-versed in Vedas knowledge). Later this practice was discontinued.

It is understood that this is still practised by some Brahmin communities in Kerala. But this practice is vehemently opposed in other states. Brahmins object that they have no eligibility or (adhikaram) to learn Vedas. They hold that nirvraji (vratam) is a ritual that takes the place of Upanayana in case of ladies.

NOTES

03

04

॥

యెన్ని పరికం పరికం పరికం

05

(౪) యి పరికం యి పరికం

06

పరికం

07

యెన్ని పరికం

యెన్ని పరికం

NOTES

MARCH

2008

WK-12 • 080-286

20

THURSDAY

Coming back to,

the Sanskara of UPANAYANAM,
 we find references ^{connected} to Upanayana ceremony
 in Rigveda, Yajurveda, Atharvaveda,
 Taittiriya Samhita, Aranyaka. and
 Chandogya Upanishad & Brihadaranyaka Upanishad.

As mentioned earlier, the
 derivation of the word "UPANAYANAM"
 in Sanskrit language means "near-
 by" which one is led near to the "Teacher"
 "Vedam guru upa sameepam"
 Neeyate "Yena: Karmata Tat".

The Upanayana Sanskaram includes
 the Yagnopavitte Dharmam i.e.
 wearing of the sacred thread by uttering
 relevant mantras like (XX)

NOTES

The ritual also

has a 1) Rank The Bhogānām a
Kumera Bhogānām

(See
next
page 21)

2) Shaving of the head (Vapanem) as a symbol of giving up 1990s

3) Bachelor hood dress - attire
(Vathu Vaghe Shervanam)

4) Initiation into Gayatri
(Brahmopadesam)
(Gayatri Mantrapadesam)

(Gayatri Mantra padasam)

g) When necessary takes assurance from student
to perform duties of Brethren Charge
regularly in Brethren & devotion

6) Holy fire sacrifice (Human - 200, 50, 100)

2) The ceremony ends with Bhikshamam (203) NOTES
beginning for an hour from mother 100
other elder ladies sweeping their path 100

The significance of S is that the student dips the pen in the seat satirically food, through almost, just

M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S
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APR 2008

Harbor Tinsley Goals DWJA (for Barr)

Pankthi Bhagavan

25

TUESDAY

In the Pankthi Bhagavan referred to in
 the previous page, I had ^{faced} some not-embarrassing
 situations ^{at Madras} when I was trying to explain with lines
 Several communities like Andhra Balamis or
 Tamils or Nalagales, where the practice of eating
 on banana leaves at ^{Hindu} ~~feasts~~ & religious gatherings
 White Parsis use cutlery, Andhra Balamis ~~Tamils~~
~~use~~ ^{take} of their food with bare hands & fingers.
 White ^{educated} ~~Tamils~~ use a plate & spoon what use of fingers
 While I dined to my Chagui, ~~that~~ almost
 all the eaters, ~~entire~~ ^{except} used cutlery, I
 felt uncomfortable with the eating implements
 & fumbled clumsily with them at the plate
 like a drunkard ~~could~~ ^{do} with a key at the lock
 with no finding the ^{key} hole or not knowing to turn right
 (or) left

NOTES

The food-laden fork,

instead of finding its way straight into ^{my} mouth,
 poked my face & hurt me everytime I attempt
 to use it. I had no knowledge of ^{to use of} forks & spoons.
 The knife smacked of violence and murder.
 While spoon suggested different recollections ⁰¹ my
 childhood's spoon feeding; lunch repulsed me ⁰².
 But then it came to the punch, I tried to rise
 to the occasion ⁰⁴

Who's a bratman? A bratman does not become ⁰⁵
 a bratman by birth alone. It has to ⁰⁶
 be earned with some effort by reprimand ⁰⁷
 by studying Vedas & practicing in personal life
 Satyam, Dharma, Ahimsa, Tapo, Vigraha, etc. ⁰⁸
 are characteristics found in a bratman. ⁰⁹

MARCH

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29

SATURDAY

Who's a Pandita?

Vidya Vinaya Sanyasa

Brahmase gavi Hasthine

09

Shuni Chya Shivaskele

10

Pandita Samadarsan

I have the benefit of seeing any sort of

11

Independent spirit or any such initiative

12

even assisted by me or later on Sudras

01

The word DHARMA is derived from the root DHR

Which means "WEAR" i.e. that U wear
Dharma is that which is worn by you.

"Dharmaraj" says "Whoever protects his Dharma
has no need to be protected by Dharma"

There are five types of Dharma or Duties

- 1) KULA Dharma or duties relating to his OCCUPATION
- - or occupational group or KULAM
(Tribe)
- 2) DESA Dharma or duty to his nation / birth country
- 3) MATRA Dharma or duty to his religion
- 4) GANA Dharma or duty to his Society
within he lives
- 5) ATMA Dharma or duties that he is facing
no danger to get himself released
of danger

NOTES

All these five types of duties are related to one's life in the phenomenal world and are not concerned with the Supreme reality. All these duties have some penalties attached to their violation or ^{non} observance. Without the penalties, organized life is impossible. Dharma protects those who protect Dharma. So one has to do his duty faithfully & diligently. Carry your duty as if it is a command of God or as a duty done without any motive / selfish interest. God has given U time / space / cause / idea of material / skill / chance / fortune etc etc. U did but little of Uram so don't feel any U are the doer but do as U'r duty. Be a Karma Jeevi / Karma Yogi / enthusiastic worker.

NOTES

Speech of Shri Mani Mendelekhan
at the World Parliament
of World Religions

APRIL

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05

SATURDAY

If we want harmony & peace in the world
it is upto each individual to act at the
very grass-root-level.

Each life is to glorify God - &
awareness of this fact only comes to us
when there is a clear consciousness
which is purged through the practice of
mantras like (1) Sandhyarandanam
(2) prayers like Swasti / Good night
(3) YOGA exercises
(4) following the principle of Ahimsa

It depends on us only & our initiative
we can make our life different
if we follow all these in our daily life