

Kathryn Webb Therapy



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Code of ethics policy 2025 - 2026

Therapist Name: Kathryn Webb

Role: Independent Counsellor, therapist and advisory teacher

Location: United Kingdom (with in person and online services)

Introduction

As an independent therapist, I am committed to working ethically and professionally in line with the **BACP Ethical Framework for the Counselling Professions (2024 update)**. This Code of Ethics outlines how I uphold my responsibilities to clients, the profession, and wider society.

Core Values

My therapeutic practice is grounded in:

- Respect for human rights and dignity
- Commitment to integrity, honesty, and transparency
- Valuing the therapeutic relationship
- Promoting the client's autonomy and wellbeing
- Working within my competence and seeking supervision

Ethical Commitments

I commit to:

- Maintaining confidentiality, with clear exceptions (e.g., risk of harm)
- Keeping accurate and secure records
- Being non - discriminatory and culturally sensitive
- Managing power responsibly within the client relationship
- Ongoing professional development and supervision
- Being accountable and open to client feedback or complaints

Boundaries and Professional Conduct

I maintain clear boundaries and avoid dual relationships that could impair my judgement or harm the client. I do not engage in any exploitative relationships, including financial, emotional, or sexual misconduct. The length of our relationship will be decided by the client or in discussion together.

Social Media and Online Practice

I maintain ethical boundaries online in accordance with the **BACP's guidance on digital and remote working**. I do not accept client contact via personal social media and maintain clear, confidential communication channels.

Complaints and Accountability

Clients have the right to raise concerns about my practice. If concerns cannot be resolved directly, clients may contact the:

BACP - British Association for Counselling and Psychotherapy

Website: www.bacp.co.uk/ethical-framework

Email: professional_conduct@bacp.co.uk

Review Date: April 2026

Next Review Due: April 2027

For further details, clients can access the full BACP Ethical Framework at:

<https://www.bacp.co.uk/ethical-framework>