



Please understand that the work you experience and witness is confidential, and takes many years to practice. The healing happens within the physical, mental, and spiritual form of the human experience. The focus session is to support one's life to be uplifted and transformed in ways that release what no longer serves a person in order to live a more sustainable happy life.

After your session, avoid talking about the process for at least a few months after your session. Sometimes the healing begins to happen as soon as you commit to the session, during the session, or up to one year after your session.

The experience is best felt within a focus session as the idea is to have a magnifying glass experience of what is blocking you from obtaining your best life while living on earth. I appreciate your interest and look forward to serving you!

Sign Your Name

Print Your Name

What is your first name and last name at birth?

How did you learn about Family Constellations?

How many siblings (brothers and sisters) do you have in your family?

What is your birth order within your immediate family? Are you the first born, second born ...?

What is your goal for participating in a Family Constellation session? Please use one word or a few sentences to explain the result that you want in your life.

Possible examples:

I am trying to buy a home, but I am unable to find the perfect house.

Two goals I am working on are wealth: health and financial gains.

What is a major problem in your life right now or in the past that seems to cause you mental or physical challenges? This challenge may repeat even though you have worked on this issue in the past.

Possible example:

I am in need of bringing in \$15,000.00 to pay off loans that have a huge interest rate.

I experience abuse in my family by my father.

Have you experienced a Family Constellation session in the past? If so, how long ago and with whom?