

Fitness Class Contacts

Class	Fitness Leader	Sign-Up Link
Aqua Fitness		No SignUp Required
Aqua Zumba	Karen Queenan	https://www.signupgenius.com/go/9040849ADAB2CA3FB6-aqua#/
YOGA	Demet Wood	https://www.signupgenius.com/go/10C0D4BA5A62BA3FCC25-naples#/
Mat Pilates	Demet Wood	https://www.signupgenius.com/go/10C0D4BA5A62BA3FCC25-naples#/
Light Weights	Demet Wood	https://www.signupgenius.com/go/10C0D4BA5A62BA3FCC25-naples#/
Pay All Class Instructors Directly		