

February 2026

FITNESS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 8:30am Yoga w/Demet	2 9am Mat Pilates w/Demet 10am Aqua Fitness	3 10am Aqua Fitness	4 10am Aqua Fitness	5 9am-Light Weights w/Demet 10am Aqua Fitness	6 9:30am Yoga w/Demet 10am Aqua Zumba w/Karen	7
8 8:30am Yoga w/Demet	9 9am Mat Pilates w/Demet 10am Aqua Fitness	10 10am Aqua Fitness	11 10am Aqua Fitness	12 9am-Light Weights w/Demet 10am Aqua Fitness	13 9:30am Yoga w/Demet 10am Aqua Zumba w/Karen	14
15 8:30am Yoga w/Demet	16 9am Mat Pilates w/Demet 10am Aqua Fitness	17 10am Aqua Fitness	18 10am Aqua Fitness	19 9am-Light Weights w/Demet 10am Aqua Fitness	20 9:30am Yoga w/Demet 10am Aqua Zumba w/Karen	21
22 8:30am Yoga w/Demet	23 9am Mat Pilates w/Demet 10am Aqua Fitness	24 10am Aqua Fitness	25 10am Aqua Fitness	26 9am-Light Weights w/Demet 10am Aqua Fitness	27 9:30am Yoga w/Demet 10am Aqua Zumba w/Karen	28
1	2	3	4	5	6	7
8	9	<i>Notes</i> BLUE: FITNESS GREEN: GROUPS & CLUBS RED: SPECIAL EVENTS PURPLE: FOOD TRUCKS	All dates, times & locations of activities & events listed are subject to change without notice			