

August 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
2	3	4	5	6	7	8
8:30am Yoga w/Demet	9am Mat Pilates w/Demet 10am Aqua Fitness 1pm MahJongg	10am Aqua Fitness 1pm Cards & Games	8am BarreBlend Class 9am Chair Yoga 10am Aqua Fitness 1pm Cards & Games	9am-Light Weights w/Demet 10am Aqua Fitness 12pm Fresh Catch 1pm Cards & Games 6pm Cards & Games	12:30pm Bowling	
9	10	11	12	13	14	15
8:30am Yoga w/Demet	9am Mat Pilates w/Demet 10am Aqua Fitness 1pm MahJongg 1pm Bunco (Day Time)	10am Aqua Fitness 1pm Cards & Games 1pm Kitchen Kutz Knife Sharpening	8am BarreBlend Class 9am Chair Yoga 10am Aqua Fitness 1pm Cards & Games	9am-Light Weights w/Demet 10am Aqua Fitness 1pm Cards & Games 6pm Cards & Games	12:30pm Bowling	Myakka Elephant Ranch 9:00am
16	17	18	19	20	21	22
8:30am Yoga w/Demet	9am Mat Pilates w/Demet 10am Aqua Fitness 1pm MahJongg	10am Aqua Fitness 1pm Cards & Games	8am BarreBlend Class 9am Chair Yoga 9am Coffee w/Brightview 10am Aqua Fitness 1pm Cards & Games 1pm Book Club Board Meeting 6:30pm	9am-Light Weights w/Demet 10am Aqua Fitness Ladies Luncheon 11am 1pm Cards & Games 6pm Cards & Games	12:30pm Bowling 6:30pm Bingo with Carol	
23	24	25	26	27	28	29
8:30am Yoga w/Demet	9am Mat Pilates w/Demet 10am Aqua Fitness 1pm MahJongg	10am Aqua Fitness 1pm Cards & Games	8am BarreBlend Class 9am Chair Yoga 10am Aqua Fitness 1pm Cards & Games	9am-Light Weights w/Demet 10am Aqua Fitness 1pm Cards & Games 6pm Cards & Games 5-7pm Summer Social Mixer	8:30am-4:30pm On Spot Derm 12:30pm Bowling	
30	31	Notes BLUE: FITNESS GREEN: GROUPS & CLUBS RED: SPECIAL EVENTS				
8:30am Yoga w/Demet	9am Mat Pilates w/Demet 10am Aqua Fitness 1pm MahJongg	All dates, times & locations of activities & events listed are subject to change without notice				