

July 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
28	29	30	1	2	3	4	
			8am BarreBlend 9am Chair Yoga 10am Aqua Fitness 1pm Cards & Games	9am-Light Weights w/Demet 10am Aqua Fitness 12pm Fresh Catch 1pm Cards & Games 6pm Cards & Games	12:30pm Bowling	Golf Cart Parade 11am Charlie Ragan 12-3pm	
5	6	7	8	9	10	11	
8:30am Yoga w/Demet	9am Mat Pilates w/Demet 10am Aqua Fitness 1pm MahJongg	10am Aqua Fitness 1pm Cards & Games	8am BarreBlend 9am Chair Yoga 10am Aqua Fitness 1pm Cards & Games	9am-Light Weights w/Demet 10am Aqua Fitness 1pm Cards & Games 6pm Cards & Games	12:30pm Bowling		
12	13	14	15	16	17	18	
8:30am Yoga w/Demet	9am Mat Pilates w/Demet 10am Aqua Fitness 1pm MahJongg 1pm Bunco (Day Time)	10am Aqua Fitness 1pm Cards & Games Kitchen Kutz 1-4pm	8am BarreBlend 9am Chair Yoga 9am Coffee w/Brightview 10am Aqua Fitness 1pm Cards & Games 1pm Book Club	9am-Light Weights w/Demet 10am Aqua Fitness Ladies Luncheon 11am 1pm Cards & Games 6pm Cards & Games	Blood Drive 12:30-2:45pm 12:30pm Bowling Perfume Class 6pm		
19	20	21	22	23	24	25	
8:30am Yoga w/Demet	9am Mat Pilates w/Demet 10am Aqua Fitness 1pm MahJongg 6:00pm Bunco (Night Time) Sound Bath 7-8pm	10am Aqua Fitness 1pm Cards & Games 6:30pm Bingo	8am BarreBlend 9am Chair Yoga 10am Aqua Fitness 1pm Cards & Games Board Meeting 6:30pm	9am-Light Weights w/Demet 10am Aqua Fitness 1pm Cards & Games 6pm Cards & Games	OnSpot Dermatology 8:30-4pm 12:30pm Bowling	DJ AURA 12-3pm	
26	27	28	29	30	31	1	
8:30am Yoga w/Demet	9am Mat Pilates w/Demet 10am Aqua Fitness 1pm MahJongg	10am Aqua Fitness 1pm Cards & Games	8am BarreBlend 9am Chair Yoga 10am Aqua Fitness 1pm Cards & Games	9am-Light Weights w/Demet 10am Aqua Fitness 1pm Cards & Games 6pm Cards & Games Line Dancing Class 5pm Year Rounders Happy Hour 5-7	Wildlife in the Everglades 11:30am 12:30pm Bowling		
2	3	<i>Notes</i> BLUE: FITNESS GREEN: GROUPS & CLUBS RED: SPECIAL EVENTS					
All dates, times & locations of activities & events listed are subject to change without notice							