

June 2026

FITNESS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1 10am Aqua Fitness	2 10am Aqua Fitness	3 8am BarreBlend 9am Chair Yoga 10am Aqua Fitness	4 10am Aqua Fitness	5 10am Aqua Zumba w/Karen	6
7	8 10am Aqua Fitness	9 10am Aqua Fitness	10 8am BarreBlend 9am Chair Yoga 10am Aqua Fitness	11 9am-Light Weights w/Demet 10am Aqua Fitness	12	13
14 8:30am Yoga w/Demet	15 9am Mat Pilates w/Demet 10am Aqua Fitness	16 10am Aqua Fitness	17 8am BarreBlend 9am Chair Yoga 10am Aqua Fitness	18 9am-Light Weights w/Demet 10am Aqua Fitness	19	20
21 8:30am Yoga w/Demet	22 9am Mat Pilates w/Demet 10am Aqua Fitness	23 10am Aqua Fitness	24 8am BarreBlend 9am Chair Yoga 10am Aqua Fitness	25 9am-Light Weights w/Demet 10am Aqua Fitness	26	27
28 8:30am Yoga w/Demet	29 9am Mat Pilates w/Demet 10am Aqua Fitness	30 10am Aqua Fitness	1	2	3	4
5	6	Notes BLUE: FITNESS	All dates, times & locations of activities & events listed are subject to change without notice			