May 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1 8am Tai Chi 9am Yoga w/Demet 10am Aqua Zumba w/Karen 11am Poker 12:30pm Better Than A Bistro 12:30pm Bowling	2 Michelle Cole 7-9pm
3 8:30am Yoga w/Demet	4 9am Mat Pilates w/Demet 10am Aqua Fitness 1pm MahJongg	5 8am Tai Chi 10am Aqua Fitness 1pm Cards & Games	6 9am Chair Yoga 10am Aqua Fitness 1pm Cards & Games 4pm Bible Study Austin James 6-9pm	7 9am-Light Weights w/Demet 10am Aqua Fitness 12pm Fresh Catch 1pm Cards & Games 6pm Cards & Games	8 8am Tai Chi 9am Yoga w/Demet 10am Aqua Zumba w/Karen 11am Poker 12:30pm Bowling	9
10 8:30am Yoga w/Demet	11 9am Mat Pilates w/Demet 10am Aqua Fitness 1pm MahJongg 1pm Bunco (Day Time)	12 8am Tai Chi 10am Aqua Fitness 1pm Cards & Games 1pm Kitchen Kutz Knife Sharpening	13 9am Chair Yoga 10am Aqua Fitness 1pm Cards & Games 4pm Bible Study	14 9am-Light Weights w/Demet 10am Aqua Fitness 12pm Fresh Catch 1pm Cards & Games 6pm Cards & Games	15 8am Tai Chi 9am Yoga w/Demet 10am Aqua Zumba w/Karen 11am Poker 12:30pm Bowling	16 Star Newman Magician & Mentalist 7-8:15pm
17 8:30am Yoga w/Demet	18 9am Mat Pilates w/Demet 10am Aqua Fitness 1pm MahJongg 6:00pm Bunco (Night Time)	19 8am Tai Chi 10am Aqua Fitness 1pm Cards & Games 6:30pm Bingo	20 9am Chair Yoga 9am Coffee w/Brightview 10am Aqua Fitness 1pm Cards & Games 1pm Book Club 4pm Bible Study 6:30 Board Meeting	21 9am-Light Weights w/Demet 10am Aqua Fitness 12pm Fresh Catch 1pm Cards & Games 6pm Cards & Games Ladies Luncheon Forest Glen	22 8am Tai Chi 9am Yoga w/Demet 10am Aqua Zumba w/Karen 11am Poker 12:30pm Bowling	23 Electric Groove 7-9pm
24	25 10am Aqua Fitness 1pm MahJongg MEMORIAL DAY CELEBRATION DJ AURA 12-3pm Pool Side	26 8am Tai Chi 10am Aqua Fitness 1pm Cards & Games	27 11am Fish and WildLife 10am Aqua Fitness 1pm Cards & Games 4pm Bible Study Rick Rourke 6-9pm	28 10am Aqua Fitness 12pm Fresh Catch 1pm Cards & Games 6pm Cards & Games	29 8am Tai Chi 10am Aqua Zumba w/Karen 11am Poker 12:30pm Bowling	30 The Jersey Beat 6-9pm
31 8:30am Yoga w/Demet	1	*Notes* BLUE: FITNESS GREEN: GROUPS & CLUBS RED: SPECIAL EVENTS	All dates, times & locations of activities & events listed are subject to change without notice			