

Fitness Class Contacts

Class	Fitness Instructor	Sign-Up Link
Aqua Fitness FREE	Group Lead- Vicki Muilenburg	No Sign Up is Required for this class
Aqua Zumba \$8 per class or \$50 discounted 10 class punch card	Karen Queenan	https://www.signupgenius.com/go/9040849adab2ca3fb6-aqua#/
Bardio, Barre & Sunset Bar - \$10 per class or \$50 discounted 6 class punch card. Barre Crawl is FREE	Suzanne Villani	https://www.signupgenius.com/go/10C094BACAF2DA5F4CE9-barre#/
Gentle Flow Yoga, Vinyasa Yoga, Vin Yin Yoga & Mat Pilates -\$10 per class or \$50 discounted 6 class punch card. Sunday Yoga FREE	Demet Wood	https://m.signupgenius.com/#!/showSignUp/10c0d4ba_5a62ba3fcc25-naples
Dance with Deb -\$10 per class or \$50 discounted 6 class punch card.	Debra Geller	https://www.signupgenius.com/go/10C0D49A4AA2EABFFC70-dance1#/
Yoga - \$10 per class	Jane MacDermott- Dienema	https://www.signupgenius.com/go/10C0F4CACAC28A0F4C34-yoga

Pay all class instructors directly