

# April 2024 Calendar - JPH at Ferry Hill

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 Yoga Nidra 7:00p - 8:00p (Free by registration)	4 Women's Recovery 7:00p (Free by donation)	5	6
7 Kundalini Yoga 10:00a - 11:30a (Paid by registration)	8 Community Meditation 7:00p - 8:00p (Free by donation)	9 Spring Centerpiece Workshop 6:00p - 8:00p (Paid by registration)	10 Acupuncture for Trauma 7:00p - 8:00p (Free by registration)	11 Women's Recovery 7:00p (Free by donation)	12	13
14	15	16	17 Recharge Caregiver's Respite Gathering 6:00p-7:30p (Free by registration)	18 Women's Recovery 7:00p (Free by donation)	19	20
21	22 Sound Collective 6:30p - 8:00p (Free by donation)	23 Open Art Studio 6:30-8:00p (Free by donation)	24 Acupuncture for Trauma 7:00p - 8:00p (Free by registration)	25 Women's Recovery 7:00p (Free by donation)	26	27 Renato Day 9:00a-3:00p (Free by donation)
28 Soul Sauna Nordic Cycle 10:00a - 12:00p 1:00p-3:00p (Paid by registration)	29 Guided Grieving 7:00p - 8:00p (Free by donation)	30				