



AUGUST 2025

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For more information contact:
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div> Free Drop-in</div> <div><div></div> Free - Grant funded</div> <div><div></div> Paid</div>					01	02
03 <div>Summer Yoga Series</div> <div>9:00am - 10:30am</div> <div>(Free by Registration)</div>	04	05 <div>Path to Peace</div> <div>Men's Program</div> <div>6:00pm - 7:30pm</div> <div>(Free by Registration)</div>	06 <div>Frequency of Healing</div> <div>6:00pm - 7:00pm</div> <div>(Free by Registration)</div>	07 <div>Grounding Summer Series</div> <div>6:00pm - 7:30pm</div> <div>(Free by Registration)</div>	08	09
10 <div>Summer Yoga Series</div> <div>9:00am - 10:30am</div> <div>(Free by Registration)</div>	11 <div>Golden Hour Meditation</div> <div>6:00pm - 7:00pm</div> <div>(Free by Registration)</div>	12	13 <div>Acupuncture for Trauma</div> <div>Women's Program</div> <div>7:00pm - 8:00pm</div> <div>(Free by Registration)</div>	14 <div>Women's Recovery</div> <div>Dinner</div> <div>5:30pm - 7:30pm</div> <div>(Free by Registration)</div>	15	16
17 <div>Summer Yoga Series</div> <div>9:00am - 10:30am</div> <div>(Free by Registration)</div>	18	19	20	21 <div>Grounding Summer Series</div> <div>6:00pm - 7:30pm</div> <div>(Free by Registration)</div>	22	23
24	25	26	27	28	29	30 31