

## SEPTEMBER 2025

76 Ferry Hill Road Marshfield, MA 02050

For more information contact: katie@jphcommunity.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<ul><li>Free Drop-in</li><li>Free - Grant funded</li><li>Paid</li></ul>	01	02 <b>Workforce Day</b>	Dragonfly Yoga Series 10:30am - 11:45am (Free by Registration)  Relaxation Point 12:00pm - 1:00pm (Free by Registration)	Workforce Day 04  The Reset 7:00pm - 8:00pm (Free by Registration)	05	06
Yoga in the Barn 9:30am - 10:30am (Paid by Registration)	Community Meditation 7:00pm - 8:00pm (Free Drop-in)	Carroll's Light 09 Mother's Program 1:00pm - 3:00pm (Free by Registration)  Workforce Day	Dragonfly Yoga Series 10:30am - 11:45am (Free by Registration)  Relaxation Point 12:00pm - 1:00pm (Free by Registration)  Acupuncture for Trauma Women's Program 7:00pm - 8:00pm (Free by Registration)	Workforce Day	12	13
The Grounding Program 9:00am - 10:30am (Free by Registration)	15	Workforce Day	Dragonfly Yoga Series 10:30am - 11:45am (Free by Registration)  Relaxation Point 12:00pm - 1:00pm (Free by Registration)  Caregiver's Respite 6:00pm - 7:30pm (Free by Registration)	Workforce Day  Frequency of Sound 6:00pm - 7:00pm (Free by Registration)	19	20
Dragonfly Experience 10:30am - 12:00pm (Paid by Registration)	22	Workforce Day	Dragonfly Yoga Series 10:30am - 11:45am (Free by Registration)  Relaxation Point 12:00pm - 1:00pm (Free by Registration)  Acupuncture for Trauma Women's Program 7:00pm - 8:00pm (Free by Registration)	Workforce Day 25  Women's Recovery Dinner 5:30pm - 7:30pm (Free by Registration)	26	27
28	Healing Through Art 6:00pm - 7:30pm (Free by Registration)	30 Workforce Day	Please scan the QR code to sign up for <b>Workforce Day</b>			