



FAQ's ABOUT LEGENDS LACROSSE CLUB

- **What is Legends Lacrosse Club?**
 - We are a NEW concept local girls lacrosse travel club.
 - Seasons: Fall/Winter (Approximately mid-October thru mid-December) & Summer (Approximately mid-May thru mid-July) Travel
- **What sets Legends Lacrosse Club apart from the rest?**
 - Our focus is on the development of the player.
 - The majority of Legends team practices will be coached by professional coaches. We have used both current and retired Georgia Swarm players.
 - There will be approximately 3 hours per week of practices.
 - All practices will focus on skills and position playing.
 - Tournaments and games will be coached by experienced coaches who will take direction from the professionals.
 - Smaller team size that allows everyone the opportunity to play with ample substitutes.
 - Opportunity for speed and agility training sessions (add-ons).
- **Who can try-out for Legends?**
 - Girls (Graduation Years 2028- 2035).
 - Tryouts are for placement purposes.
- **On what date will tryouts be?**
 - The next tryout date is set for Friday, August 1 from 6:30-8:00 pm at Elevate Lacrosse Academy in Cumming.
 - Inquire for more info and additional dates coming soon.

WANT TO HEAR MORE...CALL OR EMAIL US
(678) 541-5240 or legendslacrossega@gmail.com
Visit: legendslacrosseclub.com