

10 WAYS TO be Successful in Love

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POCKET READERS

10 WAYS TO - Series Overview

The 10 WAYS TO series provides advice, skills, and strategies to the readers for successfully negotiating different aspects of life. Each book suggests 10 clear, useful ways to the reader. The reader is encouraged to critically reflect on the reading material and their own lives in order to make any changes that would benefit them. The series includes the following.

- 10 ways to achieve work-life balance
- 10 ways to be more productive
- 10 ways to manage money
- 10 ways to be successful in love
- 10 ways to be assertive
- 10 ways to be smart online
- 10 ways to be environmentally friendly
- 10 ways to be healthy
- 10 ways to work in a team
- 10 ways to organize a trip

More titles will appear in the series at a later date.

10 WAYS TO be Successful in Love

Introduction	... 4
1. Let go of failed relationships	... 6
2. Work on your outside	... 8
3. Work on your inside	...10
4. Be more confident in who you are	... 12
5. Don't expect to always be successful	... 14
6. Use friendly and open body language	... 16
7. Focus on getting to know the other person	... 18
8. Give your relationship time and space to grow	... 20
9. Make sure the relationship is good for you	... 22
10. Keep things exciting	... 24
Summary	... 26
Reflection Questions	... 28
Vocabulary in Context	... 29
Vocabulary List	... 36

Introduction

You hear popular love songs. You see romantic movies about people who quickly fall in love. You see people in love in their everyday life. You know people who are *dating*. You know people who have just gotten married. Maybe you know older people who have been married for a long time. They are still in love. They talk about how having someone to love and share their life with makes them happy.

However, people who are single may think it is difficult to find someone to love. We may think we are not beautiful enough for someone to love us. We may think we are not interesting enough or rich enough.

We may read magazines and see pictures of rich, beautiful, and famous people. However, these people often have problems with their love lives! Being successful in love has nothing to do with being rich or beautiful. It has a lot to do with being the best person you can. You need to be open to meeting new people. You need to enjoy getting to know new people. You need to have *confidence* in yourself to make the first move.

Now, stop and think for a moment about your love life. Do you want to find someone to share your life with? Are you ready to find someone to love? Let's look at ten ways that you can do this:

1. *Let go of failed relationships*

Think about your closet filled with clothes. Some of your clothes are too old to wear anymore. Some of your clothes are too big or too small. Some of your clothes are no longer in *style*. If you have a closet like this, you cannot buy any new clothes. You do not have any space to put them. So, why do you keep these clothes you don't need anymore?

Your love life is the same as this closet. We cannot let new love into our lives if we still think about our old relationships. We cannot trust new people if we still remember times in our life when we were *rejected*.

Stop using the internet to see what your past loves are doing. Throw away things that remind you of past relationships. Or, put them away in a box. Write a letter to your past loves. Say good-bye to them. Then, throw the letter in the garbage can. From now on, you can *focus* on your future. You can find a new love.

2. Work on your outside

We do not have to be beautiful to find love. We do not need the perfect body or expensive clothes. However, if we want to find love we must work on our outside. We show the world the best we can look.

Get a good haircut that is easy to style. Take care of your skin. Be clean. Take good care of your fingernails and teeth. Wear clothes that make you look good and feel good. A good hairstylist or salesperson in a clothing store can help you decide what looks best on you.

After taking care of yourself, take a good look at your room. Is it clean?

Is it full of things that show what you are like? Do you really like the things in your room? Clean up your room. Throw, sell, or give away things you no longer enjoy. Buy a few things you like to decorate your room. Make it feel new.

After you have done this, you will feel better about yourself and your life. You will be happy about your outside. Now, you will be ready to move onto the next step and work on your inside.

Reflection Questions

1. Can you remember the 10 ways to be successful in love? Test yourself. If you forget any, go back, and read them again.
2. Do you do any of the 10 ways to be successful in love in your life? If so, which ones do you do?
3. How could you use any of the 10 ways to be successful in love in your life?
4. What do you think you will do differently in your life after reading this book?
5. Can you think of other ways to be successful in love?

Vocabulary in Context

1. Dating

- You know people who are **dating**. They spend time together to see if they like each other.
- The boy liked the girl, so he asked her to go on a **date**. They went to a movie together.
- The **date** didn't go well. She didn't have a fun time eating dinner with him.

2. Confidence

- You need to have **confidence** in yourself to make the first move. Don't be afraid to talk to someone you like.
- She feels good about herself. She is a **confident** person.
- It is easy to meet new people if you are **confident** and friendly

3. Let go

- It's important to **let go** of bad memories. Don't think about them anymore.
- I don't want my old boyfriend to call me anymore. I want him to **let go**.
- Don't care about your mistakes. Just **let them go**.

Vocabulary List

Dating:	(Verb and Noun) to go out to an event, such as a movie or a meal with somebody for a romantic purpose; an event, such as a movie or a meal, where two people enjoy time together for a romantic purpose.
Confidence:	(Noun) a feeling where you feel good about yourself. Confident (Adjective) is the feeling of having confidence.
Let go:	(Phrasal verb) to not think about or care about events in your life that happened a long time ago.
Failed:	(Adjective) to describe something that does not succeed. Fail (verb) is the action of not succeeding.
Relationships:	(Noun) when you are connected to another person; to be connected to someone because they are a family member, friend, someone you work with, or someone you love.
Style:	(Noun and Verb) to be in fashion (e.g. something or somebody that is in style). Style (Verb) the action of making something, such as your hair or outfit, look good and in fashion. Stylish (Adjective) describes somebody in style.
Rejected:	(Adjective) to not be accepted or wanted.
Focus:	(Verb) to look at and work on only one thing at a time.
Personality:	(Noun) your character; how you act around others and how you relate to them.
Qualities:	(Noun) good things or bad things about your personality or talents.