



Online OTs

Occupational Teletherapy

Accommodations for Tics

- Preferential seating (near door)
- Preferential place in line (at front or back)
- Additional time to take exams
- Ability to turn in work up to 24 hours late
- The opportunity to take tests in a private room
- Permission to leave class without having to ask permission to go for a walk in the hallway or to the nurse's office
- Fidget as needed and use of sensory tools (water bottle with straw, candy, ability to doodle, chew gum, fold origami, knit..)
- Ear buds / head phones or the like to listen to music or drown out noise as needed
- Access to written notes in case tics prevent taking notes.
- Teachers and administrators contact the Tourette Association of America for an educator's guide book.
- Permission to give a written report in place of an oral presentation.
- Bullying protection
- Permission to turn off video during remote classes
- Monitor stress / anxiety / depression on a quarterly basis

The beauty of accommodations is that they never have to be used but are in place if needed. Down the road it will also be useful to have accommodations in place to ask for accommodations taking the SAT or ACT. Accommodations in college are also highly dependent on records from high school. Many college students with tics request the housing accommodation of a "single in a suite." That provides some privacy to let tics out but also ensures that the student does not feel isolated.

www.onlineots.com