# Rhiannon

Welsh Goddess of Horses, Magic, and the Otherworld

Rhiannon, a beloved figure in Welsh mythology, embodies resilience, grace, and transformation. She is a goddess of the Otherworld, known for her association with horses and her magical, liminal presence. Her story, as told in the Mabinogion, tells of her love, loss, and eventual redemption, making her a symbol of endurance and feminine strength.



## Spell for Finding Your Path

Supplies: White candle, moonstone, lavender, pen, and paper.

#### Instructions:

- Light the candle and hold the moonstone. Write your intentions or questions about
- your path.
- Burn the lavender, releasing your intentions to Rhiannon.
- Extinguish the candle, keeping the moonstone close to you.

Affirmation: "Rhiannon, guide me with your wisdom. Illuminate the path that aligns with my soul."

### Correspondences:

- Element: Air
- Symbols: White horses, birds, moon
- Colors: White, silver, blue, green
- Crystals: Moonstone, amethyst, selenite
- Herbs: Jasmine, lavender, mugwort, yarrow
- Animals: Horses (especially white), birds (especially songbirds)

#### Ways to Connect:

- 1. Meditation & Visualization: Imagine yourself in a misty forest, where Rhiannon and her white horse appear. Feel her presence and ask for her guidance.
- 2. Offerings: Leave jasmine, lavender, or a small dish of milk as an offering to invite Rhiannon's energy.
- 3. Nature Walks: Connect with her energy by spending time in nature, particularly near horses or in serene, mist-filled forests.

Divine Assistance: Rhiannon is a powerful ally for those seeking purpose, resilience, and strength. Her wisdom can help you navigate transitions and express your true self with confidence.

"May Rhiannon's spirit lead you to your true path".