

# Mullein

## (Verbascum thapsus)

Mullein is a tall, flowering plant from the figwort family (Scrophulariaceae), known for its soft, velvety leaves and towering yellow blooms. Native to Europe and Asia, it is prized for its protective and healing properties in both magical and herbal traditions.

Folk Names: Hag's Taper, Velvet Plant, Candlewick Plant

### Correspondences:

Element: Fire

Planet: Saturn

Zodiac: Aquarius

Chakra: Root (Grounding & Protection)

Crystals: Black Tourmaline (protection),

Carnelian (courage)

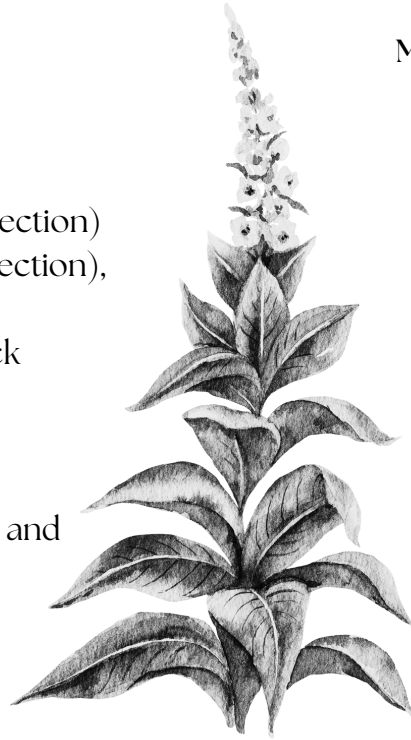
Colors: Yellow (healing, joy), Black (protection, banishing)

Deities: Hecate, Odin

Moon Phases:

Waning Moon: Best for banishing and protection rituals.

Full Moon: Ideal for spirit communication and divination.



### Magical Uses:

- Protection: Wards off negative energies, spirits, and harmful influences.
- Courage: Instills bravery and strength in difficult situations.
- Healing: Especially effective for respiratory issues and overall physical and spiritual healing.
- Spirit Communication: Helps connect with ancestors and the spirit realm.
- Banishing: Drives away unwanted energies or entities.

### Mullein Smudge Stick:

Tie dried mullein leaves with cotton string, burn for protection.

### Mullein Healing Tea:

Brew dried mullein with honey and lemon for healing the body and spirit.

Mullein & Rosemary Protection Oil: Infuse in olive oil for anointing tools and doorways.

### How to Use in Witchcraft

Protection Charm: Carry mullein for courage and protection.

Banishing Ritual: Burn mullein to dispel negative entities and energies.

Spirit Communication: Burn as incense during divination for enhanced spirit connection.

Healing Tea: Brew mullein leaves and flowers for respiratory health and magical healing.

### Folklore & Myth

Mullein was used by witches in ancient times to ward off evil spirits and aid in necromancy. It was believed to help protect against sorcery and malevolent magic, often used in amulets and charms for safety and strength.

### Healing Uses

Respiratory Health: Aids in treating coughs, bronchitis, and asthma.

Anti-inflammatory: Used for skin conditions, infections, and wounds.

Ear Infections: Mullein oil can soothe earaches and reduce inflammation.