

Thyme

(Thymus vulgaris)

Courage, Health, and Psychic Enhancement

Element: Air

Planet: Venus

Gender: Feminine

Zodiac: Aries

Chakra: Solar Plexus

Moon Phase: Waxing Moon for courage,

Waning Moon for protection

Magical Uses: Courage, healing, protection, psychic abilities

Correspondences

Crystals: Bloodstone for courage, Amethyst for psychic abilities, and Clear Quartz for healing.

Colors: Yellow for courage, purple for psychic power, and green for healing.

Deities: Associated with deities of courage and healing such as Brigid and Athena.

Courage Sachet: Combine thyme, bay leaves, and black pepper in a sachet to create a powerful talisman for courage and protection.

Healing Tea: Steep thyme with honey and lemon for a soothing and health-boosting tea. Drink it with the intent of enhancing your body's healing energy.

Psychic Dream Pillow: Fill a small pillow with thyme, mugwort, and lavender to encourage psychic dreams and enhance your intuitive abilities while you sleep.

Ritual Uses

Thyme Courage Charm: Place dried thyme in a small cloth pouch. Before an important task, hold the pouch in your hand, set your intention, and carry it with you for bravery and courage.

Healing Bath: Brew a strong tea with fresh thyme and pour it into a warm bath to promote healing and restore energy. Visualize the water drawing out any negativity or sickness.

Psychic Incense: Burn thyme on charcoal before practicing divination or meditation. Inhale the smoke to heighten your psychic abilities and sharpen your intuition.

Magical Properties & Uses

Thyme has long been a staple herb in both the kitchen and magical practice. Revered by witches for its versatile properties, it's used to boost courage before a difficult situation, enhance psychic abilities during divination, and bring healing energy into the body and mind. Whether burned as incense or carried as a charm, thyme helps protect against negative energies and illnesses.

Courage: Use thyme in spells to invoke bravery and confidence. Carry a sachet of thyme to steady your nerves and empower your actions.

Healing: Thyme can be used in healing spells or rituals to restore balance, health, and vitality. It's often added to healing potions or infused in baths.

Psychic Abilities: Burn thyme before divination or meditation to clear the mind and enhance psychic clarity, making it a wonderful ally in exploring the unseen.

