

Aries

The Warrior's Spirit

"Ignite my inner fire, moving forward with strength and boldness."

Symbol: ♈

Dates: March 21 - April 19

Element: Fire

Modality: Cardinal

Ruling Planet: Mars

Colors: Red, Scarlet, Orange

Crystals: Bloodstone, Carnelian, Garnet, Ruby

Herbs: Rosemary, Nettle, Ginger, Pepper

Animals: Ram

Planetary Day: Tuesday

Personality Traits

- Strengths: Bold, Courageous, Energetic, Independent
- Challenges: Impulsive, Impatient, Quick-Tempered



Shadow Work for Aries

- Shadow Trait: Impulsiveness and frustration when faced with delays.
- Healing Practice: Practice mindfulness and breathwork to cultivate patience.
- Journaling Prompt: "What triggers my impatience, and how can I redirect this energy constructively?"

Magical Correspondences for Aries

- Elemental Association: Fire – Aries fuels transformation and high energy magic. Perfect for spells that require action and swift results.
- Colors: Use red or scarlet candles to embody Aries' strength, passion, and bravery.
- Crystals: Bloodstone and carnelian amplify protection spells and courage rituals.
- Herbs: Rosemary and nettle work well for protection, health, and vitality spells.
- Animal Totem: The Ram symbolizes assertiveness and overcoming obstacles with determination.
- Best Day for Aries Magic: Tuesday, ruled by Mars, is ideal for rituals related to courage, battle, and protection.

Aries Spell: Courage and Motivation Candle

Ritual Supplies:

- Red candle
- Carnelian stone
- Rosemary (dried or oil)

Instructions:

1. Place the carnelian stone near your candle.
2. Anoint the candle with rosemary oil (or sprinkle dried rosemary around it).
3. Light the candle, focusing on the flame as a representation of your inner courage.
4. Chant: "With the flame of Aries, I summon my strength, fearless and bold in every length."
5. Let the candle burn for a while, feeling the energy of Mars fueling your actions.