

# Lavender

## (*Lavandula angustifolia*)

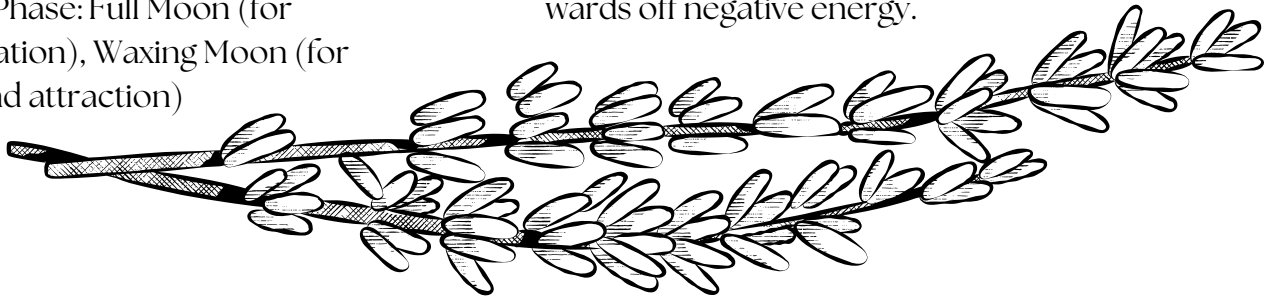
Lavender is a flowering plant from the mint family (Lamiaceae), known for its aromatic purple blooms and soothing properties. It's native to the Mediterranean and is widely cultivated for its essential oil and herbal uses.

### Correspondences:

- Element: Air
- Planet: Mercury
- Deities: Hecate, Venus
- Chakra: Third Eye
- Colors: Purple, Light Blue
- Crystals: Amethyst, Rose Quartz
- Tarot Card: The Star
- Moon Phase: Full Moon (for purification), Waxing Moon (for love and attraction)

### Magical Uses:

- Peace & Tranquility: Lavender is known to bring calm, balance, and relaxation.
- Love & Attraction: Use in spells for self-love, romance, and enhancing affection.
- Sleep & Dreams: Promotes restful sleep and can enhance dreams.
- Cleansing & Protection: Purifies spaces and wards off negative energy.



### Ritual Uses:

- Cleansing Ritual: Burn Lavender incense to clear negative energy from your space or tools.
- Love Spell: Anoint a pink candle with Lavender oil, focusing on bringing love or self-love into your life.
- Full Moon Bath: Add Lavender flowers to a bath during the Full Moon to cleanse and restore balance.

### Herbal Recipes:

#### Protection Sachet

- Mix Lavender, rosemary, and thyme.
- Place in a sachet for protection in your home or carry for personal peace.

#### Lavender Dream Pillow

- Combine dried Lavender, chamomile, and mugwort in a cotton pouch.
- Place under your pillow to promote restful sleep and vivid dreams.

#### Lavender Oil

- Infuse dried Lavender in a carrier oil for 2-4 weeks.
- Use for self-love rituals or to anoint candles.

### Historical Folklore:

Lavender has been used throughout history for its calming effects. The ancient Romans used it in baths, and it was hung in homes during medieval times to ward off evil spirits and promote peace.